



# Pinal County 4-H Newsletter

## 4-H GROWS HERE

## JULY | 2022

Greetings! As the school year begins, it provides an opportunity for a fresh start and new beginnings. Let's first take a moment to look back and reflect on all that Pinal County 4-H has been able to do this summer:

- Shooting Sports held three (3) successful summer shoots in the comfort of indoor ranges, thanks to the partnership with the local VFW Posts. This program continues to grow and has taken us to new heights within our state.
- Summer Camps, including the 4-H Summit, JOLT, Camp GRIT, and MTAC had successful weeks, with Pinal County members representing at each camp.
- We were able to introduce the 4-H program to many new members through our Summer Weekend Camps, which included Agriculture to Cooking, Water Education, and STEM projects, with a final celebration themed Glow Party. There was much to learn and many new friends to meet. We will continue the Weekend Camps in the fall, so check out the dates from the flyer located in this newsletter and mark your calendars to join the fun.

As the new 4-H year is just around the corner, make sure you visit <https://4h.zsuite.org/> to update your profile and register for the 2022-23 year. We have many exciting things happening, so check out the calendar and save the dates.

Finally, we are very happy to welcome the newest member of our 4-H team, Amy Goncalves. Amy is an Extension Professional II that will be assisting with club business, many committees including livestock, horse, shooting sports and fair. We are excited that we will have a full-time staff on board to help manage the many moving parts of our 4-H program.

We are looking forward to another new 4-H year, *Making the Best Better!*

*Esther Turner*  
Esther Turner, Program Coordinator, Sr.

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[extension.arizona.edu/4h/pinal](http://extension.arizona.edu/4h/pinal) / [www.facebook.com/pinalcounty4h](https://www.facebook.com/pinalcounty4h)

Instagram: [pinalcounty4h](https://www.instagram.com/pinalcounty4h) / Twitter: [@Pinal\\_County\\_4H](https://twitter.com/Pinal_County_4H)



THE UNIVERSITY OF ARIZONA  
**Cooperative Extension**  
Pinal County



# COOPERATIVE EXTENSION DAY!!

## FREE—FAMILY FUN DAY!

JOIN US FOR THIS  
 FUN-FILLED FAMILY EVENT,  
 FREE TO THE COMMUNITY...



am**AZ**ing  
 is a choice.

### INFORMATION INCLUDES:

- Improving your Financial Health
- Learning about Sources of Food & Fiber
- Learning how to Prevent Diabetes
- How to make a Healthy Snack
- How to Garden at Home
- Learning about Oral Health
- Adding Physical Activity to your day
- Learning about Water Conservation Technology
- Getting Vision & Hearing Screening
- And much, much more!

**SATURDAY, OCTOBER 8, 2022**

**9:00 AM—12:00 PM**

**820 EAST COTTONWOOD LANE**

**PARKING LOT**

**CASA GRANDE, AZ 85122**

### PROGRAMS FEATURED:

- 4-H Youth Development
- Ag-Ventures
- AmeriCorps
- AZ Health Zone
- Child Care Health Consultation
- Developmental & Sensory Screening
- Expanded Food Nutrition Education
- Field Crops Systems
- Financial Literacy & Positive Parenting
- Master Gardening
- Pinal First Smiles
- Prevent Type 2 Diabetes
- Project Water Education for Teachers
- Strengthening Families
- And many others!





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### NEW FACES ON THE STATE ARIZONA COOPERATIVE EXTENSION TEAM

#### Arizona State 4-H Office

**Bryan Welborn** joins the State 4-H Office as a Program Coordinator, 4-H Finance and Policy. He fills the position that supports National 4-H Teams travel to national competitions and educational events. He also handles the 4-H Policy portfolio. Bryan comes to our team from another office at the University of Arizona and brings his varied business, budget, and regulatory/policy experiences in multiple organizations to the team.

Contact information for Bryan Welborn: (520) 621-5316 / [bwelborn@arizona.edu](mailto:bwelborn@arizona.edu)



**Jessica Montgomery** joins the Arizona Cooperative Extension administration team as the Coordinator of Volunteer Systems and Processes. She replaces Gloria Blumanhourst. She brings experience as a Program Coordinator for the Master Gardener program in Pima County to the role.

Contact information for Jessica Montgomery: [jmonty@arizona.edu](mailto:jmonty@arizona.edu)

*"My name is Jessica Montgomery and I am a former Master Gardner, former MG Coordinator, and now the new Volunteer Coordinator of Systems and Processes at the State Cooperative Extension Office. With a background in programmatic development, information technology, and operations excellence, my goal is to work to elevate the Extension volunteer experience and increasing efficiencies and engagement along the way. If you ever need any assistance with the DCC process, volunteer management/engagement tactics, or would to collaborate on an amazing new volunteer project, please reach out anytime! "*

**Erik Schroeder** joins the team on June 20th as the Assistant in Extension, 4-H Shooting Sports (Half-time). Erik is a current Level 1 and 2 trained Arizona 4-H Shooting Sports volunteer and brings a systems approach program growth to the team.

This position is new to Arizona 4-H and is an investment from donors to the Arizona 4-H Youth Foundation in making sure Arizona 4-H is training and supporting volunteers, supporting our national championship teams, and ensuring policy compliance.





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## **VOLUNTEER OF EXCELLENCE AWARD WINNER**

*Esther Turner, Program Coordinator, Sr.*

Congratulations to Derek Hulsebus, Pinal County's Innovator Volunteer of Excellence award winner.

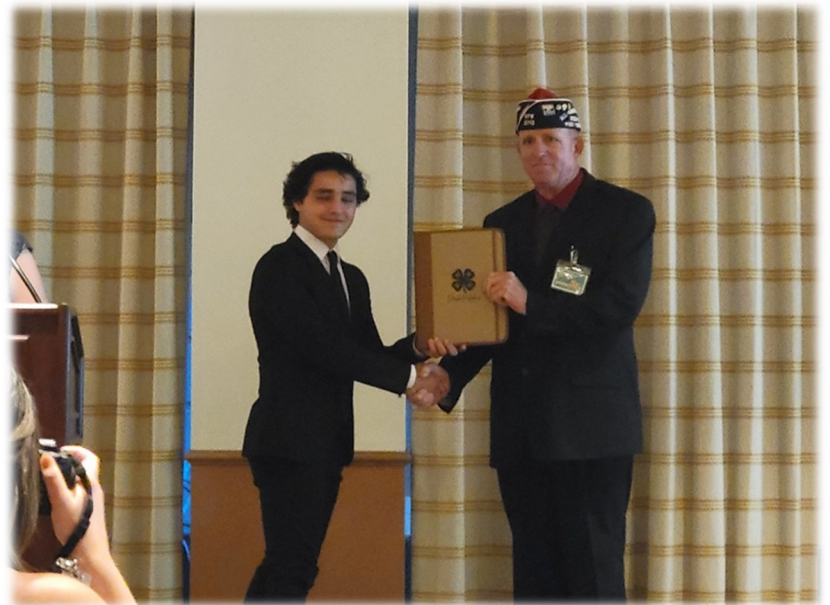
The Innovator Volunteer Excellence award applies to volunteers who have in the course of the year prior developed, implemented, or helped create new programming in their club, county, or within the state of Arizona. Volunteers may have introduced new and valuable skills to the program from any of the great eight pathways to participation.

Derek has been a volunteer in Pinal County for the past 7 years. He has been instrumental in the growth of the shooting sports program in Pinal County. He is a highly skilled instructor with practical experience that makes him a great representative for the sport. His enthusiasm and energy are unmatched as he has actively recruited both members and volunteers for the 4-H program. He has volunteered with the state program as well as the national program sharing his knowledge and abilities with members and leaders alike. He is continuing to grow the program in Pinal County by offering new indoor shoots this summer to allow members to improve their skills.

In addition to the work he has done with the shooting sports program, he has been actively involved with the Pinal County Camp Committee. His introduction of a partnership with the VFW has opened new opportunities for the camp to be repaired and better utilized throughout the year. He has arranged work weekends so the repairs can begin, and the collaboration can move forward.

Derek is the perfect example of what innovation looks like. He is willing to offer new ideas to grow 4-H and improve what we already offer. Not only does he introduce these ideas, but he also helps to work hard to make them happen. Derek does this all for a larger purpose than what is seen. He wants to transform the lives of youth, and partner with others to make the best better.

Thank you Derek for all of your hard work and dedication to the youth of Pinal County.





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## PAPER CLOVER CAMPAIGN

National 4-H Council



We'd like to thank our partner, Tractor Supply, and everyone who contributed to the 2022 Spring Paper Clover campaign! An INCREDIBLE \$1,254,555 in donations will go directly to supporting our 4-H youth!

Tractor Supply proudly began our partnership with 4-H in 2010 and we have since helped raise over \$14 million through our Paper Clover fundraisers. The success of these campaigns has impacted over 69,000 students by providing them with hands-on learning experiences through projects in STEM, agriculture, healthy living, and civic engagement.

100% of funds raised through our two Paper Clover fundraisers directly benefit 4-H and the kids and teens they work with - 90% of donations directly support 4-H youth in the state it was raised, and the remaining 10% supports national 4-H programming.

### Ways To Partner Year-Round

Tractor Supply invites your club to get active with your local store if it hasn't already! Talk with your local store manager about what activity and partnership opportunities exist in your area.

Learn more at <https://www.tsceventpartners.com/events/signup/1>



Next 2022 Paper Clover Campaign is:  
Fall: October 5<sup>th</sup> – October 16<sup>th</sup>



## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### CALLING ALL CHAMPIONS—PHOTO CONTEST

#### National Event

Manna Pro & 4-H are happy to present our 2022 photo contest! Deadline to submit is July 31, 2022.

Join 4-H and Manna Pro in celebrating the champion in all 4-H'ers! Encourage current members and alumni to submit a photo in their 4-H gear with one of their animals. For every photo submitted, Manna Pro will donate \$10 to 4-H (with a guaranteed maximum donation of \$50,000).

#### How To Enter & Useful Tips

Please enter your photo of you in your 4-H gear and your animal for a chance to win your local 4-H program a \$1000 donation from Manna Pro on your behalf and the chance to win \$100 worth of Manna Pro Products for yourself.

[CLICK HERE](#)

Manna Pro will also be donating \$10 per photo submission to National 4-H Council with a guaranteed donation of \$50,000, so be sure all your friends are aware of this fun and exciting contest where the winner will be selected from a random drawing, they won't want to miss out!

We encourage high-quality photos of you and your animals, and this contest is open to both current 4-H'ers and 4-H alumni! We look forward to your submissions and best of luck!

# CALLING ALL CHAMPIONS!

**SWEEPSTAKES ALERT!** 2022





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## AZ STATE SCHOLARSHIP RECIPIENTS

### AZ 4-H Youth Foundation

Congratulations to all of the scholarship recipients and thank you to all of the donors who have made this possible. We look forward to seeing these members accomplishments as they continue their education.

- **Becker-Baguley Endowed Scholarship**, Madison Officer, Pinal County, Neuroscience & Cognitive Science, University of Arizona
- **Becker-Baguley Endowed Scholarship**, Sadie Parent, Pima County, Gender and Women's Studies & Philosophy, Politics, Economics, and Law, University of Arizona
- **Betty Accomazzo Memorial Scholarship**, Elissa Sumner, Greenlee County, Agricultural Education, Eastern Arizona College
- **Colorado River 4-H Small Stock Merit Scholarship**, Kelsey Yablonski, Yuma County, Forensic County, Grand Canyon University
- **Don Landeen Memorial Scholarship**, Connor Caswell, Pima County, Mining Engineering, University of Arizona
- **Eugenia Scott and Ralph Rogers Hawthorne 4-H Scholarship**, Isabelle Lizarraga, Yuma County, Computer Science, University of Arizona
- **Everett Grondin Scholarship**, Emily Goncalves, Pinal County, Biology with Chemistry & Physical Education, Cottey College
- **Farm Credit West/Jake Flake Memorial Scholarship**, Jessica Quesada, Maricopa County, Business Administration, Arizona State University
- **Farm Credit West/Carl Weiler Memorial Scholarship**, Connor Loghry, Yuma County, Agricultural Economics & Management, University of Arizona
- **Jimmy Accomazzo Memorial Scholarship**, Cheyenne Newton, Pinal County, Chemical Engineering, University of Arizona
- **Judith and Richard Fleming Scholarship**, Hannah Skousen, Pinal County, Plant & Landscape Systems, Brigham Young University
- **June Gibbs Memorial Scholarship**, Madelyn Goers, Mohave County, Sports Science & Performance Programming, Arizona State University
- **Leonard and Rita Cheatham Endowed Scholarship**, Dallon Laird, Navajo County, Animal Science, Brigham Young University - Idaho
- **Marge and Gene Bayless Scholarship**, Laura Dunham, Cochise County, Chemical Engineering, University of Arizona
- **Marge and Gene Bayless Scholarship**, Meadow Mikrut, Cochise County, Biology with PrePhysical Therapy, Grand Canyon University
- **Mary & Jim Faul-Millstone Ranch Scholarship**, Amelia Brackett, Mohave County, Business Operations & Healthcare Management and Policy, Indiana Univerity
- **Mary & Jim Faul-Millstone Ranch Scholarship**, Cade Haggard, Maricopa County, Agricultural Economics, Connors State College
- **Mary and Jim Faul-Millstone Ranch Scholarship & College Book Award Fund**, Emmaline Verschure, Pinal County, Psychology, Eastern Michigan University
- **Mary & Jim Faul-Millstone Ranch Scholarship**, Marjorie Wells, Maricopa County, Agriculture Management & Technology Education, University of Arizona
- **Mary & Jim Faul-Millstone Ranch Scholarship & College Book Award Fund**, Samantha Thwaites, Santa Cruz County, Philosophy, University of Arizona
- **Mary and Jim Faul-Millstone Ranch Scholarship**, Tanna Webster, Cochise County, Agriculture Business, New Mexico State University
- **Mildred and Larkin Fitch Scholarship**, Katie Pascavis, Maricopa County, Mechanical Engineering & Global Health, Arizona State University
- **Mildred and Larkin Fitch Scholarship**, Lindsey Stoltz, Maricopa County, Sports Science & Performance Programming, Arizona State University
- **Pima County 4-H Horse Project Scholarship**, Corey Jones, Pima County, Film & Television, University of Arizona
- **Pima County 4-H Leaders Memorial Scholarship**, Elizabeth McGibbon, Pima County, Animal Science, University Of Nebraska-Lincoln
- **Pima County Jr. Livestock Sales Scholarship**, Brandon Torres, Pima County, Agricultural Technology Management & Education, University of Arizona
- **Pima County Jr. Livestock Sales Scholarship**, Lainey Caswell, Pima County, Biochemistry/ Veterinary Program, University of Arizona
- **Ralph Hall Memorial Scholarship**, Ellie Pascavis, Maricopa County, Marketing, Arizona State University
- **Valley TeleCom Scholarship**, Madison Michaels, Cochise County, Agribusiness, Texas Tech University
- **Valley TeleCom Scholarship**, Maycee Michaels, Cochise County, Animal Science, Cochsie College



# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## PINAL COUNTY SCHOLARSHIP RECIPIENTS

*Maria Melendez, Administrative Assistant*



**CHEYENNE NEWTON**  
Coolidge Clovers Club

Chemical Engineering  
University of Arizona  
Tucson, AZ



**EMILY GONCALVES**  
Maricopa Trailblazers Club

Biology & Chemistry  
Cottey College  
Nevada, Missouri



**EMMALINE VERSCHURE**  
Bella Vista Club

Psychology  
Eastern Michigan University  
Ypsilanti, Michigan



**FELICITY RAMIREZ**  
Kearny Coyotes Club

Psychology  
Northern Arizona University  
Flagstaff, Arizona



**HANNAH SKOUSEN**  
Maricopa Trailblazers Club

Plan & Soil Science  
Brigham Young University  
Provo, Utah



**MADISON OFFICER**  
Bella Vista Club

Neuroscience  
University of Arizona  
Tucson, Arizona



**SERGIO PIÑON**  
CG Livestock Club

Construction Science  
University of Wyoming  
Laramie, Wyoming





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## 4-H RECORD BOOKS

*Cathy Martinez, County Extension Director*

4-H Record Books must be completed online year! Members need to complete their Record Books – Member Record and Project Record – in ZingBooks (<https://4h.zsuite.org/>).

Members who need access to a computer can always complete the forms at their local library or come by the Extension office and we will be glad to assist! The deadline for submitting record books this year is **5PM on Friday, August 5<sup>th</sup>**! Please let us know how we can help you / your members complete their record book this year!



## CLUB PHOTOS & CAPTIONS

*Maria Melendez, Administrative Assistant*

We would like to put a Spotlight on our fabulous 4-H clubs! Write up a paragraph or two that talks about the great things your club/members are doing – and we know you're doing great things! You can also send us pictures, write ups about activities, announcements, calendars, etc. so that all of our 4-H members, leaders, and families across the county know what is happening.

We will also post on our Pinal County 4-H social media. Submit today, don't delay, and share away! Submissions can be sent to [mmelende@cals.arizona.edu](mailto:mmelende@cals.arizona.edu).

## 4-H ANNUAL ENROLLMENT

*Maria Melendez, Administrative Assistant*

4-H enrollment will begin mid-August for the new 4-H year. All enrollment are done online, as we have been doing for several years now. You can access this program by going to (<https://4h.zsuite.org/>). Members must be between the ages of 5 – 19 as of the current 4-H year date as of January 1<sup>st</sup>.

There is a \$25 Program Management fee accessed; must be paid with a credit/debit card online or check/money order payable to The University of Arizona. For questions, contact Maria Melendez at the 4-H office [mmelende@cals.arizona.edu](mailto:mmelende@cals.arizona.edu).



# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## **VOLUNTEERS NEEDED!**

*Samantha Dominguez, 4-H Extension Assistant*

The Pinal County 4-H Program strongly believes in the value of volunteers. Volunteers willing to join our program are welcome and very much appreciated!

For more information or questions, please contact our office via email at [sam030801@email.arizona.edu](mailto:sam030801@email.arizona.edu) or (520) 836-5221, x238.



## **NEW LEADER TRAINING**

*Maria Melendez, Administrative Assistant*



If you or anyone you know needs to attend a 4-H New Leader Training workshop to become a Certified Volunteer Leader. We will be holding the first one of the year at the 4-H Office – 820 East Cottonwood Lane, #C, Casa Grande, AZ 85122.

**Saturday, August 20, 2022 from 9am – 12 pm**

Please remember this is a requirement to become a certified leader volunteer. To get credit for the class, you must be in attendance for the 3-hour session, during the training we will cover many opportunities of leadership with Pinal County 4-H.

To reserve your space, contact Samantha Dominguez at [sam030801@email.arizona.edu](mailto:sam030801@email.arizona.edu) / (520) 836-5221, x238.

## **4-H ANNUAL COMMUNITY CLUB LEADERS MEETING**

*Maria Melendez, Administrative Assistant*

Pinal County 4-H Youth Development Program invites ALL COMMUNITY CLUB LEADERS to attend a Community Club Leaders Lunch Meeting to discuss 4-H Events, Activities, Enrollment, New Opportunities, Trainings and more!

The event will take place September 10, 2022 from 10:00am—2:00pm, for more details or to RSVP, contact Maria Melendez at [mmelende@cals.arizona.edu](mailto:mmelende@cals.arizona.edu).





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### 4-H SCHOLARSHIP RUMMAGE FUNDRAISER

*Esther Turner, Program Coordinator, Sr.*

Thank you to all of the members and parents who helped out with the latest 4-H Scholarship Rummage Sale. We had another successful turnout raising over \$600 to help our members attend activities and aid leaders in covering training costs.

If you missed this one, don't worry. Our next rummage fundraiser will be September 17<sup>th</sup> at the Cooperative Extension Office from 7:00 am to 11:00 am. Donations for the event will be accepted beginning Wednesday, September 14<sup>th</sup>. Members and parents are encouraged to come out on the day of the event to let the community know how 4-H makes an impact in your life.

If you have any questions, please contact us at (520) 836-5221 or [eturner@cals.arizona.edu](mailto:eturner@cals.arizona.edu).

### LAMB & GOAT AUCTION

*Ken Johnson, Gilbert FFA Advisor*

Not 4-H endorsement, providing this for information purposes only.

The auction will be held at the Gilbert High School, Ag Center—1101 Elliott Road, Gilbert, AZ 85296.

For more information, please contact Ken Johnson at (480) 545-2544 or (480) 206-4732.



## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### FRY'S DONATIONS TO PINAL COUNTY 4-H

*Maria Melendez, Administrative Assistant*

A simple way to support the Pinal County 4-H Program is through the Fry's Community Rewards Program. Fry's Food and Drug Store will donate a small portion of what you spend every time you use your Fry's card. If you would like to support the 4-H program, please link your Fry's rewards card to the Pinal County 4-H Program.

Instruction to link Pinal County 4-H in the Fry's app (iPhone/Android):

- Open Fry's App
- Top Right—Hand **Menu** (hamburger button)
- Click **Rewards**
- Choose **Community Rewards**
- Choose **Search for Organization**
- Search for **Pinal County 4H** (no hyphen)
- Click **Enroll**



You're all set!!!

### SUPPORT AZ 4-H YOUTH FOUNDATION

*Cathy Martinez, County Extension Director*

**amazon**smile

**Support  
Arizona 4-H Youth  
Foundation**

THE UNIVERSITY OF ARIZONA  
Cooperative Extension

4-H  
GROWS HERE

One simple way you can support AZ 4-H is by registering with and using <https://smile.arizona.com> or with AmazonSmile ON in the Amazon Shopping app. Once you set up an account, you can search the AmazonSmile charity list for Arizona 4-H Youth Foundation and select. It will become your charity of choice.

Once you've selected a charity and start using AmazonSmile for your purchases, each will generate a small donation. All those small donations add up to significant contributions to AZ 4-H! To learn more about AmazonSmile go to: [https://smile.amazon.com/gp/chpf/about/ref=smi\\_se\\_rspo\\_laas\\_aas](https://smile.amazon.com/gp/chpf/about/ref=smi_se_rspo_laas_aas).

### WAYS TO GIVE (4-H FOUNDATION)

*State 4-H Office*

The Arizona 4-H Youth Foundation 50+ years old—Incorporated in 1970, the foundation was created to support Arizona 4-H programming and 4-H youth through 4-H Scholarships. There are many ways to contribute to the Foundation to help increase future opportunities. You can find out more about contributing to the Arizona 4-H Youth Foundation here <https://extension.arizona.edu/4hfoundation/give>



# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## PINAL COUNTY IS SOCIAL—FOLLOW US!

*Maria Melendez, Administrative Assistant*

Like, Love, Comment, Share, Pin, Tag, Tweet, Repeat!

Let's Socialize! Be the first one to know what is happening with The University of Arizona, Cooperative Extension, Pinal County 4-H. Join our online community, stay in the know and get exclusive news/updates! Help us spread the word, you are just a scan away!



Website:  
<http://extension.arizona.edu/4h/pinal>



Instagram:  
[pinalcounty4h](https://www.instagram.com/pinalcounty4h)



Twitter:  
[@Pinal\\_County\\_4H](https://twitter.com/Pinal_County_4H)



Facebook:  
[@pinalcounty4h](https://www.facebook.com/pinalcounty4h)

## WHAT IS A STATE 4-H HASHTAG AND WHERE CAN I USE IT?

*Maria Melendez, Administrative Assistant*

A hashtag is a word or phrase preceded by the number sign or a hash symbol (#), used on social media websites and applications, to identify messages on a specific theme or topic.

Let's make the best, better and show people we are transforming character, knowledge and skills to successful stories by using it during 4-H moments.

- #AZ4H
- #inspirekidstodo
- #trueleadersinservice
- #AZ4Hcares
- #HOWWEFAIRAZ



[@arizona4-H](https://www.facebook.com/arizona4-h)



[@uarizona4-h](https://www.snapchat.com/add/uarizona4-h)



[@uarizona\\_4h](https://www.tiktok.com/@uarizona_4h)



[@uarizona4h](https://www.instagram.com/uarizona4h)



## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

# 2022-23 at a Glance w/4-H

### JULY

31 Photo Contest Deadline

### AUGUST

5 Record Book Deadline  
20 New Leader Training  
27 Lamb & Goat Auction

### SEPTEMBER

5 Labor Day—Office Closed  
10 Club Leaders Meeting  
17 Scholarship Rummage Fundraiser  
30 4-H Year Ends: 2021-22  
30-10/2 AZ State 4-H Horse Show

### OCTOBER

1 4-H Year Begins: 2022-23  
5-16 Tractor Supply Campaign  
8 Cooperative Extension Day

### NOVEMBER

11 Veteran's Day—Office Closed  
24-25 Holiday—Office Closed  
25-29 National 4-H Congress

### DECEMBER

26 Holiday—Office Closed

### JANUARY

2 Holiday—Office Closed  
16 Civil Rights Holiday—Office Closed  
24-25 [Engaged Citizens Event](#)

### FEBRUARY

20 President's Day—Office Closed

### MARCH

3 ShoWorks Fair Entries Deadline  
11 Fair Clean Up, 9am—2pm  
13 Drop-Off Building Exhibits, 8am—6pm  
14 Drop-Off Perishable Food Items, 8—9am  
15-19 Pinal County Fair

### APRIL

TBD [Arizona Gives Day Returns](#)  
15 [4-H Member Scholarship](#) App Due

### MAY

29 Memorial Day—Office Closed

### JUNE

19 Juneteenth—Office Closed  
TBA [Citizenship Washington Focus](#) Begins  
TBA Pinal County 4-H Camp



# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## CONTRIBUTE TO THE NEWSLETTER

We welcome members and leaders to submit articles highlighting members or examples of what you are doing in your club. If you are hosting a project meeting, activity or event that the entire county would benefit from, this is a great forum to get the word out there.



Please be sure to submit your article to Maria at the 4-H office at [mmelende@cals.arizona.edu](mailto:mmelende@cals.arizona.edu).

We will also post on our Pinal County 4-H social media sites. Submit today, don't delay, and share away!!!

## AZ 4-H YOUTH DEVELOPMENT

Inspiring the next generation of leaders, inventors, entrepreneurs, and problem solvers, transforming the ordinary into the extraordinary - 4-H is the youth development program of The University of Arizona, Cooperative Extension.

Check out the 4-H State Office website for state program opportunities, resources, history and much more.



<https://extension.arizona.edu/4h>

## KEEPING UP WITH 4-H

- 4-H Mall [4hstuff.org](http://4hstuff.org)
- 4-H in the USA [4h-usa.org](http://4h-usa.org)
- AZ 4-H [extension.arizona.edu/4h](http://extension.arizona.edu/4h)
- AZ 4-H Youth Foundation [cals.arizona.edu/4-h\\_foundation](http://cals.arizona.edu/4-h_foundation)
- Livestock Inspection [602-542-0872](tel:602-542-0872)
- National 4-H Council [fourhcouncil.org](http://fourhcouncil.org)
- National 4-H Curriculum System [4-h.org/resource-library/curriculum](http://4-h.org/resource-library/curriculum)
- National 4-H Web [4-h.org](http://4-h.org)
- Use of Name & Emblem [national4-hheadquarters.gov](http://national4-hheadquarters.gov)
- Youth Livestock Quality Assurance [extension.arizona.edu/quality](http://extension.arizona.edu/quality)



## GREEN FOUR-LEAF CLOVER

The green four-leaf clover with the white letter "H" in each leaf is the National 4-H Emblem. The design, attributed to L.H. Benson, an Iowa school superintendent, was adopted as the national Emblem in 1911. Once enrolled as a 4-H volunteer leader, you are authorized by your local extension office to use the 4-H Name and Emblem.

The Name and Emblem are protected under the federal statute (Title 18, USC 707) and may only be used in accordance with statute requirements. Only use an official Emblem graphic obtained from an authorized 4-H source which includes the language "18 USC 707" to the right of the stem. Your extension office can provide camera ready or electronic versions of the clover for your use. Text or graphics should never cross the clover emblem.



Green and white are the 4-H colors. Green is nature's most common color and symbolizes youth, life and growth. White stands for purity and high ideals.



# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## ABOUT 4-H...

**WHAT IS 4-H?** 4-H is the largest youth-serving organization in the world. 4-H is an organization that serves youth--not just boys and not just girls. From 4-H clubs to special interest groups to school enrichment projects, 4-H includes both boys and girls in activities. 4-H is the youth education component of Cooperative Extension, which is conducted jointly by the U.S. Department of Agriculture, the state land grant university (The University of Arizona), and your county government. 4-H Youth Development has a unique link with a variety of resources from The University of Arizona.

While 4-H has its beginnings in rural America, 4-H now serves young people and volunteers from major urban centers and from suburban communities and rural non-farm settings as well.

**4-H AND THE COMMUNITY!** 4-H doesn't stop with its impact on young people and their families. An integral part of the popularity of 4-H is that it reaches into the communities in which these families live. As part of their 4-H experience, young people are encouraged to develop a better understanding of their communities and to contribute to community betterment.

**4-H IS A FAMILY AFFAIR!** 4-H encourages participation by the entire family. Youth enroll as 4-H members. Other family members help out as club leaders, project leaders, meeting helpers, transportation aides--you name it. Four-H is definitely a family affair.

Most importantly, 4-H families work together on projects and activities, attend meetings and events together and learn together through 4-H. In the process, family members learn more about each other through their involvement in 4-H. They may even become better families, appreciating each other's strengths and talents just a bit better.

**WHAT ARE THE 4 H'S?** The 4 H's stand for Head, Hands, Heart, and Health. The 4 H's represent the four-fold training and development that 4-H'ers receive. At first there were three "H's"

with the fourth "H" of "Health" being added. Together the 4 H's symbolize: the development of HEAD, to think, plan and reason; the HEART, to be concerned with the welfare of others, accept the responsibilities of citizenship, and develop positive attitudes; the HANDS, to be useful, helpful, and skillful; and HEALTH, to practice healthful living, enjoy life and use leisure time productively.

**WHAT'S THE 4-H EMBLEM?** A green four-leaf clover with a white "H" on each clover leaf. The design, attributed to L.H. Benson, An Iowa school superintendent, was adopted as the national emblem in 1911. Similar to a copyright, legislation has been passed so that the 4-H name and emblem may only be used as approved by 4-H.

### WHAT'S THE 4-H PLEDGE?

I pledge...  
 My **Head** to Clearer Thinking,  
 My **Heart** to Greater Loyalty,  
 My **Hands** to Larger Service,  
 and My **Health** to Better Living.  
 For my Club, my Community, my Country, and my World.

In repeating the pledge, a member raises the right hand to the side of the head when saying "head", points to their heart when saying "heart", extends hands, palms upward when saying "hands" and then stands straight when speaking rest of the pledge. The pledge was adopted in 1927 during the first National 4-H Club Camp in Washington, D.C. Otis Hall, state 4-H Leader in Kansas was responsible for the original wording, which remained unchanged until 1973 when the words "any my world" were added.

**WHAT'S THE 4-H MOTTO?** "To Make the Best Better" The motto was proposed by Carried Harrison, a botanist with the U.S. Bureau of Plant Industry and was officially adopted in 1927 when the 4-H Pledge was introduced.

**WHAT IS THE 4-H YEAR?** The Arizona 4-H Youth Development program year is October 1 through September 30.

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