



Pinal County 4-H Newsletter

4-H GROWS HERE

APRIL | 2023

We survived! Another year of fair is behind us and now we can fill our calendars with fun spring and summer activities.

A huge thank you to all of the leaders, volunteers, and parents that made this year's fair one of the best ever. Because of your hard work and dedication, our 4-H members were able to showcase their projects in building exhibits, show their livestock and small stock projects, and spend quality time with others. 4-H really is a family event, so thank you for making it a part of your life.

Many of our clubs have shared photos and stories of their time at the fair. If you did not submit information, it's not too late. Send us an article on all that your club is doing, and we will share it with all of our members.

Fair does not end our 4-H year. Included in the following pages of this newsletter you will find many ideas to keep your summer full of fun activities. Be sure to check out the many camps, as well as the return of our STEM Saturdays and Fine Art Fridays.

Thank you again to our youth, volunteers, and parents who make this amazingly impactful program happen!

Esther Turner

Esther Turner, Program Coordinator, Sr.

CONTENTS

4-H Creed	2
Fair Happenings	3
Contests at Fair	5
Country Kickers	6
Kearny Koyotes	7
Maricopa Trailblazers	8
County Shooting Sports	9
Ignite by 4-H	10
Horse Show	11
AZ Gives Day	12
Rummage Sale	13
Camp Cancelled	14
Tractor Supply	15
STEM	16
4-H Contest	17
Small Stock	18
State Shooting Sports	19
Mingus Camp	20
Calendar	21

University of Arizona, Cooperative Extension
Pinal County 4-H Youth Development Program
820 East Cottonwood Lane, #C, Casa Grande, Arizona 85122
Phone: (520) 836-5221 / Email: mmelende@cals.arizona.edu

Website: extension.arizona.edu/4h/pinal
Facebook: www.facebook.com/pinalcounty4h | Instagram: [pinalcounty4h](https://www.instagram.com/pinalcounty4h)
Twitter: [@Pinal_County_4H](https://twitter.com/Pinal_County_4H)



THE UNIVERSITY OF ARIZONA
Cooperative Extension
Pinal County





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

4-H CREED

Did you know that 4-H has a creed? The 4-H Creed was developed in Wyoming in 1918 and later adopted nationally. A creed is a concise, formal statement of the essential articles of 4-H. Every company has a mission statement which explains why it exists and directs toward a goal. A creed is a statement full of meaning and clarity. We encourage all members to learn and understand the meaning of the importance to be a 4-H member.

4-H Creed

- I believe in the 4-H club work for the opportunity it will give me to become a useful citizen.
- I believe in the training of my HEAD for the power it will give me to think, to plan, and to reason.
- I believe in the training of my HEART for the nobleness it will give me to become kind, sympathetic, and true.
- I believe in the training of my HANDS for the dignity it will give me to be helpful, useful, and skillful.
- I believe in the training of my HEALTH for the strength it will give me to enjoy life, to resist disease, and to work efficiently.
- I believe in my country, my state, my community, and in my responsibility for their development. In all of these things I believe, and I am willing to dedicate my efforts to their fulfillment.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

4-H FAIR HAPPENINGS

During the Fair, every club has the opportunity to put up a booth, promoting their club and their activities. There is also a prize to the club that scores highest amount of points in the judging process. This year we had several clubs that did a great job in promoting themselves and 4-H. Bella Vista, Casa Grande Desert Dwellers, Country Kickers, Imagine Coolidge, Maricopa Trailblazers, and Seeds of Hope all put together fantastic booths.

And the winner was Country Kickers with a colorful and very personalized entry. Start now, thinking how you could put together a booth that represents your club and their activities. We would love to have all the clubs have entries next year.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

FACES OF 4-H

"Faces of 4-H" was an activity for 4-H members, from all over the County, To make a self-portrait using only ink and different types of stamps. The method in which you used the stamp was up to you, as everyone was very creative in how they painted their own self-portrait.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PINAL COUNTY CONTESTS AT THE FAIR

This year we had many great contests. There was a LEGO Challenge, Fashion Review, Quiz Bowl, Chopped, Live Cake Decorating, Public Speaking, Dutch Oven Cooking, Rocket Show and a Small Stock Skill-A-Thon. Everyone had so much fun! One of the favorites was the Chopped competition because the audience were able to get a taste of the dishes as well. Brandson Barriga of the Desert Dust Devils won for the Seniors division and his entry looked amazing! Do you like to cook? Make sure you sign up for Chopped next year!



We would like to thank all of the judges that took time out of their day to offer their feedback to all of the contestants. We would also like to thank all of the parents, as without your support many 4-H members wouldn't be in the right place at the right time with all of the right stuff. Lastly, we would like to thank all of the 4-H members that took time out of their busy schedules at Fair to have fun and show off their skills.



Winners for the Small Stock Skill-A-Thon were:

Dairy Goats

- Junior: Lilah Williamson
- Senior: Rachel Skousen

Dog

- Junior: Rebecca Dillard
- Senior: Rachel Skousen

Rabbit

- Junior: Esther Skousen
- Senior: Rachel Skousen

Poultry

- Junior: Esther Skousen
- Senior: Rachel Skousen



If you have any suggestions for next year, we would love to hear it, email our office at mmelende@cals.arizona.edu.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

COUNTRY KICKERS 4-H CLUB—DEVIN, DIXON & LILAH WILLIAMSON, CLUB MEMBERS

This was our first experience with the Pinal County Fair. We truly didn't know what to expect. When we went down to set up we wondered just what in the world we would be doing all week long at this place in the middle of farm fields. Bringing our goats in and getting them all set up was overwhelming but we have such an awesome club that everyone helped us to do what we needed to do. Checking our goats in was nice and easy (mostly because Bobbie, our goat leader, had told us what to expect and what we had to have) The first night we all got to hang out and play chess. It was fun knowing the other kids more than just at a meeting.



The first day of showing was super exciting. Being in the ring was scary a bit but everyone was super encouraging. It was fun going in the ring with our club. After all the showing was done we got to relax. We walked all over and checked out the booths and the other cool stuff. One of our favorite things was a special lemonade called the Texas Twister. It was so good.



Day two was fun too, more showing and hanging out. It was fun to watch our friends in the ring too. We all did really well. After the showing we all got to relax a little and go ride the cool rides and hang out more.

Friday was super cool. We got to do the Skill-A-Thon and the livestock judging which was a total blast. There were all kinds of things to see and do. I think we will do a lot more of the fun things like the dog show and the cooking thing next year.

We had so much fun and we have the best club ever. We can't wait for next year.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

KEARNY KOYOTES 4-H CLUB—STACY MCCUBBINS, CLUB MEMBER

For the 2023 Pinal County Fair, the Kearny Koyotes 4-H members worked on projects like crochet, arts and crafts, pigs, goats, and chickens! We had 3 members who brought swine, 1 member who brought a market goat, 1 member who brought chickens, and 3 of us who did arts and crafts! All of us were very successful and we are so excited for next years fair!

Now that fair is over our 4-H members will continue on projects like crochet, arts and crafts, and cooking. Also our members will be working on a couple of fundraisers that we hope will be a success!





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

MARICOPA TRAILBLAZERS 4-H CLUB—RACHEL SKOUSEN, CLUB PRESIDENT



This year the Maricopa Trailblazers 4-H club attended the Pinal County Fair and competed in many different events. The Maricopa Trailblazers competed in a large variety of small stock events including dairy goat, rabbit, and cavy. There were also several members who sold their animals in the small stock auction. This was the first year they have done a small stock auction and it went very well.

The Maricopa Trailblazers also had several livestock exhibitors and had several Holstein crosses and market goats that were successfully shown and sold at the livestock auction. We have been working hard at showmanship and it showed. We had several exhibitors competing in livestock and small stock round robin. Competing in round robin is extremely difficult because

before you even get to compete in the event you must win showmanship with your individual species and once you are allowed to compete you have to show every single small stock or livestock species. We had Easton Schroeder win Sr. Calf Showmanship. For small stock we had Rachel Skousen (Sr. Rabbit), Easton Schroeder (Sr. Cavy), Asher Goncalves (Sr. Dairy Goat), Esther Skousen (Jr. Rabbit) and Taylor Schroeder (Jr. Cavy) all compete in Small Stock Round Robin. Esther won the Jr. Round Robin Grand Champion and Rachel won Reserve Champion in the Sr. Round Robin.

This year the Maricopa Trailblazers also competed in several 4-H competitions and sent in a lot of barn entries. There were competitors which showed dogs, did the Lego challenge, competed in rockets, and did the Fashion Revue. Overall the Maricopa Trailblazers did very well and had a great time competing at the Pinal County Fair.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PINAL COUNTY SHOOTING SPORTS COMMITTEE—JOE GONCALVES, COMMITTEE CHAIRMAN

As another year of Pinal County shooting sports wraps, up I would like to share some news and thanks. First is the congratulations to all our county match winners this year, here is the list.

<u>Discipline</u>	<u>Senior</u>	<u>Intermediate</u>	<u>Junior</u>
Air Rifle	Easton Schroeder	Esther Skousen	Taylor Schroeder
Air Pistol	Easton Schroeder	Esther Skousen	Taylor Schroeder
Small Bore Rifle	Alexis Fernan	Gunner Manterola	Matthew Thompson
Small Bore Pistol	Easton Schroeder	Gunner Manterola	Matthew Thompson
Shotgun	Alexis Fernan	Gunner Manterola	None this year
Compound Archery	Easton Schroeder	None this year	Brynlee Verfurth
Recurve Archery	Lily (Asher) Goncalves	Esther Skousen	Enoch Skousen

For summertime fun, check out this newsletter, your email and Facebook for announcements on summer fun shoots for air rifle and air pistol. Again, they will be hosted by sperate locations throughout the county—thanks in advance to all who will host and help.

There are also a few Thank You's we would like to recognize:

- thank you to all who helped as a leader, instructor, or even just as a participant; none of this would be possible without any of you
- one of the biggest thanks go to those who made the county match a success; our administrative crew that helped with registration and scoring, all who helped with set-up and tear down at the air match Friday night and the live fire event Saturday
- a special thanks to the VFW posts that helped with donations for buckles, Casa Grande post that opened their post for the air match and provided meals
- also, a special thanks goes to Tiger at Casa Grande Trap and Skeet, who found a way to squeeze in our small-bore shooters Saturday morning when we could not access the range down the street from her

As you know, we, the Pinal County Shooting Sports Committee wants to keep growing and back to pre-covid enrollment levels or higher. We meet on the 1st Tuesday of each month at the Pinal County Cooperative Extension Office. You do not need shooting sports at your club to show up and share ideas and interests, and please take the information back to your home clubs. We need more youth and adults to step up and be involved. You do not need to give all your time, as any time given helps spread learning and fun experiences to all 4-Hers in the county and prospective members.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

IGNITE BY 4-H IN WASHINGTON—MELANNIE DOMINGUEZ, CLUB MEMBER

Ignite by 4-H is an inclusive teen event held in Washington, D.C. for four days of inspiring and engaging panels, respected speakers, workshop sessions, entertainment and creating amazing connections. My name is Melannie Dominguez, Member of the Casa Grande Desert Dwellers 4-H Club and I had the opportunity to attend *Ignite by 4-H* during the spring of 2023 in Washington DC. The summit helped us explore the best 4-H has to offer in STEM, Agriscience, Healthy Living, Career Readiness and Emotional Well-Being. We got the opportunity to discover career paths and created an actionable plan to change in our community.



On March 9, 2023, 4-H Members and 4-H Professionals from the State of Arizona flew from Tucson, AZ to Washington, DC. There were approximately 27 members who attended the event from various counties (Cochise, Greenlee, Navajo, Pima, Pinal and Santa Cruz). While waiting for our flight, I met members from the other counties and with some, we became instant friends. These were members with similar likes and views for our communities.

At the event and during our workshops, we learned of the different causes of teenage stress today. Three of the main causes are about how they look, if people like them, and social media platforms. This has become a big problem in their self-esteem, and how they envision their life moving forward. These types of stress shouldn't affect teens, as they should accept themselves as they are and live life to the fullest. We also learned how to deal with people who tell you, "you can't do something". The simple answer is to do your best to achieve that goal and prove them wrong.

In our workshops, we learned about the importance of knowing what the needs of the community are. If there is a problem with food and people need to eat - we try our best to hold or navigate these people to a food shelter and get them free food to survive one-day-at-a-time. We also learned about how important it is to make time for yourself and connect with family; many of whom are always on their phones and tuning out on the world. If you fall prey to this, you will begin to lose yourself and also lose family time. How might you feel if someone were to ask about a family member and you didn't know the answer, wouldn't you be embarrassed? Make time now! One other important piece of these workshops was getting to meet new people and making connections with those around the world. Who knows when you might need that connection on day!

This experience opened my eyes to the world around us. There are opportunities out there to experience by being open to engage in organizations like 4-H and becoming a member. I was lucky enough do just that and loved the adventure it took me on – to Washington DC! How often does a person get the chance to see iconic monuments like the Lincoln Memorial, Washington Monument and the White House! I never thought that would be me, but look at me now!



THE UNIVERSITY OF ARIZONA

Cooperative Extension

Pinal County

University of Arizona, Cooperative Extension, Pinal
820 East Cottonwood Lane, #C, Casa Grande, AZ 85122
(520) 836-5221 / <https://extension.arizona.edu/4h/pinal>

Pinal County Horse Advisory Committee

presents:



2023 4-H Show Series

APRIL 1, 2023

AJ Rodeo Grounds
1590 E. Dutchman Blvd.
Apache Junction, AZ

APRIL 29, 2023

Thunderbird Farms Arena
12365 N. Ralston Rd.
Maricopa, AZ

Pinal County 4-H Members in good standing are encouraged to participate.
In order to enter a show, go to the following link for more information:

<https://pinalhorse.blogspot.com>

If you have questions or concerns,
please contact Dawn Odell at (602) 510-9173 or the3odells@gmail.com

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jeffrey C. Silvertooth, Associate Dean & Director,
Economic Development & Extension, College of Agriculture and Life Sciences, The University of Arizona.

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting (UA, Cooperative Extension, Pinal County at 866.836.5221).
Requests should be made as early as possible to allow time to arrange the accommodation.



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

ARIZONA GIVES DAY—APRIL 4, 2023



Give so kids can learn to share their knowledge

Visit To Donate

AZGIVES.org/az4hyouthfoundation





RUMMAGE



Summer is quickly approaching, and 4-H has many exciting events planned such as Arizona Summit, JOLT, Camp GRIT, Shooting Sports and much, much more. Many of these activities carry a cost that can prevent a member from attending. We do have a small amount available for these types of scholarships but want to grow that, so that more members can participate.

SATURDAY, APRIL 15, 2023
7:00 AM - 11:00 AM
820 EAST COTTONWOOD LANE, CASA GRANDE, AZ
PARKING LOT



Would you like to contribute your unneeded goods to the cause?

Contact us for pick-up/drop-off arrangements with Esther Turner at eturner@cals.arizona.edu or (520) 836-5221, x211.

Donations will be accepted beginning April 10th.



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PINAL COUNTY 4-H CAMP—CANCELLED

It is with great sorrow that we have to report that we will not be holding the Pinal County 4-H Camp at the Pine Combs Camp this year. The extreme weather conditions and heavy snowfall did not allow us to make the required upgrades and repairs that would be necessary to hold a safe and fun camp. Throughout summer, once the snow clears, we will be holding work weekends to make sure this work can be done for next year.

While camp in Williams is not a possibility, we will be holding local weekend lock-in camps at the Maricopa Agricultural Center, so look for the announcement of those dates coming soon.

There are also other camping experience opportunities at the 4-H state camp, James Camp, in Mingus Spring. You can find more information at <https://extension.arizona.edu/4h/james-4-h-camp>.

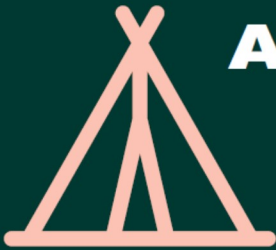




IT'S **PAPER CLOVER** TIME!

APRIL 26 - MAY 7, 2023

Funds support 4-H camp and leadership activities.





4-H STEM
YOUiversity



THE UNIVERSITY OF ARIZONA
Cooperative Extension



LEGO ROBOTICS I & II PROJECT SPRING 2023

February - June, 2023



**Open to Arizona Teachers, Educators, 4-H
Volunteers and 5th-12th Grade Students**

Youth and adult volunteers will work as a team to build and learn how to code a LEGO EV3 MINDSTORMS robot using Color Sensor, Touch Sensor, Ultrasonic Sensor, and Gyro Sensor. and develop engineering, technology and problem-solving skills. Teams will showcase what was learned with other teams across the state.



Scan with a QR Code reader for more
information! or go to
[https://extension.arizona.edu/robotics-
project](https://extension.arizona.edu/robotics-project)



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

2023 4-H ESSAY CONTEST—THE IMPORTANCE OF BEESWAX

Although honey bees are much-beloved for honey, bees also produce beeswax that can be used in many ways. For this essay, a 4-H student should discuss why beeswax is so important to the hive (it's a pantry, it's a nursery, it's the dance floor), but also discuss their favorite way to use beeswax outside the hive. Photos of candles, soaps, or lip balms that are made to show the 4-H'er's skill in using beeswax are welcomed as are recipes or brief instructions.



FOUNDATION FOR
THE PRESERVATION
OF HONEY BEES, INC.

of candles, soaps, or lip balms that are made to show the 4-H'er's skill in using beeswax are welcomed as are recipes or brief instructions.

Eligibility: The 2023 National 4-H Beekeeping Essay Competition is open to active 4-H Club members only. Any 4-H Club member who placed first, second or third in previous years of the national competition is NOT eligible to win in 2023; however, state competition winners remain eligible to enter the national competition. Essays entered must encompass the designated topic only. There will be no exceptions.

Competition Rules & Essay Requirements: Any 4-H Club member interested in writing an essay should contact their local 4-H office for competition details. The state selection process must be completed through the 4-H system. Failure to meet any one of the essay requirements will result in disqualification.

Essay Requirements for National Judging: Essays must be typewritten or computer-generated on single-sided pages and formatted following standard manuscript format using double-spaced type and 12pt font in a legible font face.

Essays must encompass the designated topic in 750 to 1,000 words. Word count does not include sources, works cited, or the writer's biographical statement.

All factual statements and interview references must be cited in a "sources" or "bibliography."

On a separate page, please include a brief biographical statement of the writer including mailing address, email address, and phone number.

The deadline for national submission is May 1, 2023. National winners will be announced: June 15, 2023

Awards: Three cash prizes will be awarded in the 2023 National 4-H Beekeeping Essay Competition. The author of the highest-scoring essay will win first prize. The author of the second-highest scoring essay will win second prize. The author of the third-highest scoring essay will win third prize.

- **First Prize:** \$750
- **Second Prize:** \$500
- **Third Prize:** \$250

For more information, please visit <https://preservationofhoneybees.org/essays>.

First
Annual

Arizona Small Stock Camp & Show 2023

Poultry ♦ Rabbit ♦ Cavy

Small Stock Camp

Thursday & Friday

June 8th & 9th

9:00am-5:00pm

Small Stock Show

Saturday

June 10th

Check-In @ 8:00am

Judging Starts @ 9:00am

Raffle

Concessions



Brought to you by
High Country 4-H



**Taylor
Rodeo Park
202 Center St
Taylor, AZ**

Open
to All
Youth

Text 928-242-8392

AZSmallStock@gmail.com



SAVE THE DATE

Level 1 Instructor Training

14-16 July 2023

James 4-H Camp, Mingus Mountain, Prescott, AZ



Tentative Disciplines

*Pistol, Rifle, Archery,
Shotgun, Hunting Skills,
Muzzleloader*

More information to follow in the near future.



MINGUS MOUNTAIN ADVENTURE CAMP

JULY 17-21
JAMES 4-H CAMP

Calling all military youth! Join Arizona 4-H in beautiful northern Arizona for the Mingus Mountain Adventure Camp!

- Learn blacksmithing, archery, kayaking, fishing, and outdoor survival skills!
- Youth ages 13-18 from Active Duty, Guard, Reserve and Retired military families are eligible to participate.
- Registration is \$25 with travel stipends up to \$359 available for attending youth.
- Camp staff will provide transport for youth traveling nationally or located on-base in Tucson, Phoenix, Yuma, and Flagstaff Arizona!

Questions?

Contact Jenna at
jsmennetti@arizona.edu

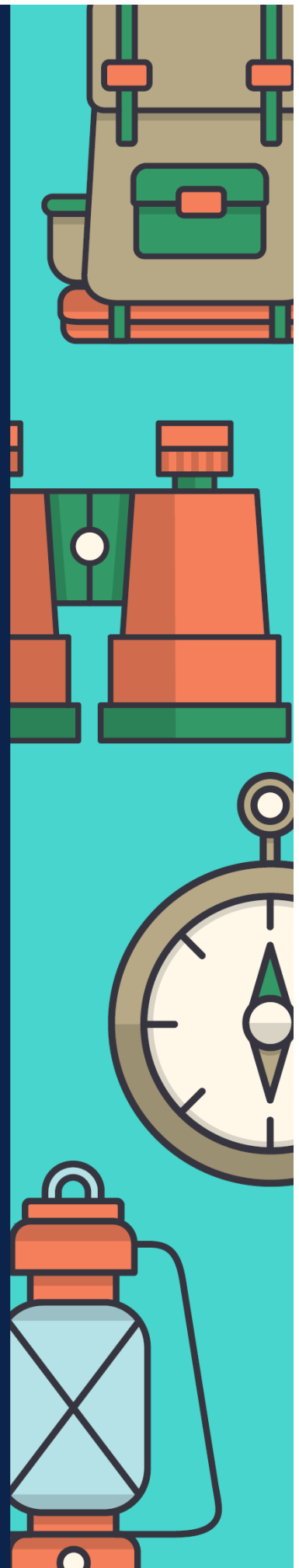
Register at

<https://bit.ly/3EAKSrM>

Military Teen Adventure
Camp is Sponsored by
USDA & Purdue



[HTTPS://EXTENSION.ARIZONA.EDU/MTAC](https://extension.arizona.edu/mtac)





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

2023-24 at a Glance w/4-H

APRIL

- 1 Pinal County Second Pointed Horse Show
- 4 [Arizona Gives Day Returns](#)
- 14 Cloverbuds at the Library, 10:00am
- 15 Scholarship—Rummage Sale
- 14-19 National 4-H Conference
- 26 Paper Clover Time Begins
- 28 Junk Drawer Robotics, 4:00pm
- 29 Pinal County Third Pointed Horse Show

MAY

- 1 Essay Contest Deadline
- 7 Paper Clover Time Ends
- 13 Communication Day
- 13 Horse Bowl & Hippology National Qualifier
(more information to come later)

JUNE

- 1-2 4-H Pre-Summit, UA
- 3 Clover Ball, UA
- 3-7 4-H Summit, UA
- 10 AZ Small Stock Camp & Show
- 17-23 Camp GRIT, James 4-H Camp
- 25-30 National Shooting Sports Competition
- 26-30 Pinal County 4-H Camp (CANCELLED)

JULY

- 4 Independence Day—Office Closed
- 10-14 JOLT, James 4-H Camp
- 14-16 Shooting Sports Instructor Training
- 17-21 Mingus Mountain Camp
- 29-30 State Fun Shoot
- 31 Record Book Deadline

SEPTEMBER

- 22 AZ State Fair Begins
- 30 4-H Year Ends: 2022-23

OCTOBER

- 1-7 National 4-H Week
- 29 AZ State Fair Ends

MARCH

- 3 4-H Fair Entries Deadline
- 13-17 Pinal County 4-H Fair



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

FRY'S DONATIONS TO PINAL COUNTY 4-H

A simple way to support the Pinal County 4-H Program is through the Fry's Community Rewards Program. Fry's Food and Drug Store will donate a small portion of what you spend every time you use your Fry's card. If you would like to support the 4-H program, please link your Fry's rewards card to the Pinal County 4-H Program.

Instruction to link Pinal County 4-H in the Fry's app (iPhone/Android):

- Open Fry's App
- Top Right—Hand **Menu** (hamburger button)
- Click **Rewards**
- Choose **Community Rewards**
- Choose **Search for Organization**
- Search for **Pinal County 4H** (no hyphen)
- Click **Enroll**



You're all set!!!

SUPPORT AZ 4-H YOUTH FOUNDATION

Support
Arizona 4-H Youth
Foundation

One simple way you can support AZ 4-H is by registering with and using <https://smile.arizona.com> or with AmazonSmile ON in the Amazon Shopping app. Once you set up an account, you can search the AmazonSmile charity list for Arizona 4-H Youth Foundation and select. It will become your charity of choice.

Once you've selected a charity and start using AmazonSmile for your purchases, each will generate a small donation. All those small donations add up to significant contributions to AZ 4-H! To learn more about AmazonSmile go to: https://smile.amazon.com/gp/chpf/about/ref=smi_se_rspo_laas_aas.



WAYS TO GIVE (4-H FOUNDATION)

The Arizona 4-H Youth Foundation 50+ years old—Incorporated in 1970, the foundation was created to support Arizona 4-H programming and 4-H youth through 4-H Scholarships. There are many ways to contribute to the Foundation to help increase future opportunities. You can find out more about contributing to the Arizona 4-H Youth Foundation here <https://extension.arizona.edu/4hfoundation/give>.



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PINAL COUNTY IS SOCIAL—FOLLOW US!

Like, Love, Comment, Share, Pin, Tag, Tweet, Repeat!

Let's Socialize! Be the first one to know what is happening with The University of Arizona, Cooperative Extension, Pinal County 4-H. Join our online community, stay in the know and get exclusive news/updates! Help us spread the word, you're just a scan away!



Website:
<http://extension.arizona.edu/4h/pinal>



Instagram:
[pinalcounty4h](https://www.instagram.com/pinalcounty4h)



Twitter:
[@Pinal_County_4H](https://twitter.com/Pinal_County_4H)



Facebook:
[@pinalcounty4h](https://www.facebook.com/pinalcounty4h)

WHAT IS A STATE 4-H HASHTAG AND WHERE CAN I USE IT?

A hashtag is a word or phrase preceded by the number sign or a hash symbol (#), used on social media websites and applications, to identify messages on a specific theme or topic.

Let's make the best, better and show people we are transforming character, knowledge and skills to successful stories by using it during 4-H moments.

- #AZ4H
- #inspirekidstodo
- #trueleadersinservice
- #AZ4Hcares
- #HOWWEFAIRAZ
- #opportunity4all



@arizona4-H



@uarizona4-h



@uarizona_4h



@uarizona4h



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

CONTRIBUTE TO THE NEWSLETTER



We welcome members and leaders to submit articles highlighting members or examples of what you are doing in your club. If you are hosting a project meeting, activity or event that the entire county would benefit from, this is a great forum to get the word out there. Submit articles by the 15th of March, June, September or December.

Please be sure to submit your article to Maria at the 4-H office at mmelende@cals.arizona.edu.

We will also post on our Pinal County 4-H social media sites. Submit today, don't delay, and share away!!!

AZ 4-H YOUTH DEVELOPMENT

Inspiring the next generation of leaders, inventors, entrepreneurs, and problem solvers, transforming the ordinary into the extraordinary - 4-H is the youth development program of The University of Arizona, Cooperative Extension.

Check out the 4-H State Office website for state program opportunities, resources, history and much more.



<https://extension.arizona.edu/4h>

KEEPING UP WITH 4-H

- 4-H Enrollment <https://4h.zsuite.org/>
- 4-H Mall <https://shop4-h.org/>
- 4-H in the USA 4h-usa.org
- AZ 4-H extension.arizona.edu/4h
- AZ 4-H Youth Foundation cals.arizona.edu/4-h_foundation
- Livestock Inspection [602-542-0872](tel:602-542-0872)
- National 4-H Council fourhcouncil.org
- National 4-H Curriculum System 4-h.org/resource-library/curriculum
- National 4-H Web 4-h.org
- Use of Name & Emblem national4-hheadquarters.gov
- Youth Livestock Quality Assurance <https://yqcaprogram.org/>



GREEN FOUR-LEAF CLOVER

The green four-leaf clover with the white letter "H" in each leaf is the National 4-H Emblem. The design, attributed to L.H. Benson, an Iowa school superintendent, was adopted as the national Emblem in 1911. Once enrolled as a 4-H volunteer leader, you are authorized by your local extension office to use the 4-H Name and Emblem.

The Name and Emblem are protected under the federal statute (Title 18, USC 707) and may only be used in accordance with statute requirements. Only use an official Emblem graphic obtained from an authorized 4-H source which includes the language "18 USC 707" to the right of the stem. Your extension office can provide camera ready or electronic versions of the clover for your use. Text or graphics should never cross the clover emblem.



Green and white are the 4-H colors. Green is nature's most common color and symbolizes youth, life and growth. White stands for purity and high ideals.



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

ABOUT 4-H...

WHAT IS 4-H? 4-H is the largest youth-serving organization in the world. 4-H is an organization that serves youth--not just boys and not just girls. From 4-H clubs to special interest groups to school enrichment projects, 4-H includes both boys and girls in activities. 4-H is the youth education component of Cooperative Extension, which is conducted jointly by the U.S. Department of Agriculture, the state land grant university (The University of Arizona), and your county government. 4-H Youth Development has a unique link with a variety of resources from The University of Arizona.

While 4-H has its beginnings in rural America, 4-H now serves young people and volunteers from major urban centers and from suburban communities and rural non-farm settings as well.

4-H AND THE COMMUNITY! 4-H doesn't stop with its impact on young people and their families. An integral part of the popularity of 4-H is that it reaches into the communities in which these families live. As part of their 4-H experience, young people are encouraged to develop a better understanding of their communities and to contribute to community betterment.

4-H IS A FAMILY AFFAIR! 4-H encourages participation by the entire family. Youth enroll as 4-H members. Other family members help out as club leaders, project leaders, meeting helpers, transportation aides--you name it. Four-H is definitely a family affair.

Most importantly, 4-H families work together on projects and activities, attend meetings and events together and learn together through 4-H. In the process, family members learn more about each other through their involvement in 4-H. They may even become better families, appreciating each other's strengths and talents just a bit better.

WHAT ARE THE 4 H'S? The 4 H's stand for Head, Hands, Heart, and Health. The 4 H's represent the four-fold training and development that 4-H'ers receive. At first there were three "H's"

with the fourth "H" of "Health" being added. Together the 4 H's symbolize: the development of HEAD, to think, plan and reason; the HEART, to be concerned with the welfare of others, accept the responsibilities of citizenship, and develop positive attitudes; the HANDS, to be useful, helpful, and skillful; and HEALTH, to practice healthful living, enjoy life and use leisure time productively.

WHAT'S THE 4-H EMBLEM? A green four-leaf clover with a white "H" on each clover leaf. The design, attributed to L.H. Benson, An Iowa school superintendent, was adopted as the national emblem in 1911. Similar to a copyright, legislation has been passed so that the 4-H name and emblem may only be used as approved by 4-H.

WHAT'S THE 4-H PLEDGE?

I pledge...

My **Head** to Clearer Thinking,

My **Heart** to Greater Loyalty,

My **Hands** to Larger Service,

and My **Health** to Better Living.

For my Club, my Community, my Country, and my World.

In repeating the pledge, a member raises the right hand to the side of the head when saying "head", points to their heart when saying "heart", extends hands, palms upward when saying "hands" and then stands straight when speaking rest of the pledge. The pledge was adopted in 1927 during the first National 4-H Club Camp in Washington, D.C. Otis Hall, state 4-H Leader in Kansas was responsible for the original wording, which remained unchanged until 1973 when the words "any my world" were added.

WHAT'S THE 4-H MOTTO?

"To Make the Best Better"
The motto was proposed by Carried Harrison, a botanist with the U.S. Bureau of Plant Industry and was officially adopted in 1927 when the 4-H Pledge was introduced.

WHAT IS THE 4-H YEAR? The Arizona 4-H Youth Development program year is October 1 through September 30.

Trade names used in this publication are for identification only and do not imply endorsement of products named or criticism of similar products not mentioned.

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting (UA, Cooperative Extension, Pinal County at 866.836.5221). Requests should be made as early as possible to allow time to arrange the accommodation.