



# Pinal County 4-H Newsletter

4-H GROWS HERE

MARCH | 2020

## Greetings All!

It seems like the 4-H program year just started and already Fair is around the corner!

As we are in the process of identifying and hiring a new 4-H Agent, please know that as an office the Pinal County Extension team will be actively engaged in supporting our 4-H program in the coming months, through Fair and any other events that take place. I know that you all have been working very hard in your clubs and at the county level to increase programming and broaden our 4-H outreach. I really appreciate all your efforts.

Until we hire a new 4-H Agent, please feel free to reach out to your club leader, to Maria Melendez, or to me with questions and concerns, to volunteer to help with upcoming events, and to share your ideas. Your engagement in the 4-H program is essential to its success.

All the best,

Cathy L. Martinez, County Director  
Family, Consumer, and Health Science Agent



## Contents...

Pinal County 4-H Fair.....	2
Pinal County 4-H Expo.....	2
Club Photos & Captions.....	2
JOLT.....	3
PC Pine Combs Camp.....	3
4-H YD Scholarships.....	3
Ways to Give.....	4
Quality Assurance.....	4
We're Social—Follow Us.....	4
Engaged Citizens Event.....	5
AZ 4-H Summit.....	5
AgDiscovery.....	5
National 4-H Events.....	6
Other Scholarship Opportunities.....	7
4-H Beekeeping Essay.....	11
Leadership Washington Focus.....	12
JOANN Campaign.....	13
Other 4-H Links.....	13
4-H At A Glance.....	14
About 4-H.....	15



University of Arizona, Cooperative Extension, Pinal County 4-H  
820 East Cottonwood Lane, #C, Casa Grande, Arizona 85122  
(520) 836-5221, Phone / (866) 836-5221, Toll Free / (520) 836-1750, Fax  
Email: [mltodd@email.arizona.edu](mailto:mltodd@email.arizona.edu)  
[extension.arizona.edu/4h/pinal](http://extension.arizona.edu/4h/pinal) / [www.facebook.com/pinalcounty4h](http://www.facebook.com/pinalcounty4h)  
Instagram: [pinalcounty4h](https://www.instagram.com/pinalcounty4h) / Twitter: [@Pinal\\_County\\_4H](https://twitter.com/Pinal_County_4H)

Trade names used in this publication are for identification only and do not imply endorsement of products named or criticism of similar products not mentioned.

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting (UA, Cooperative Extension, Pinal County at 866.836.5221). Requests should be made as early as possible to allow time to arrange the accommodation.



## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### 4-H PINAL COUNTY FAIR

By now you should have received an email from Maria Melendez with an electronic file of the Fair Book; this year's theme is "80s Then, 80s Now". If you have questions about how / what classes to enter, please talk with your project leader or club leader. If leaders are stumped, please reach out to our office and we will help you navigate the fair book.

Three important things to remember:

- The deadline to enter your exhibits for Fair is **March 8, 2020**. All 4-H entries can be found at ShoWorks (<http://pinal4.fairmanager.com>) until midnight on March 8<sup>th</sup>.
- Be sure you/your members **print their tags** for each entry and attach them to their entries. **No tags will be printed in the Pinal County Extension office or at the fair.**
- Fair passes will be ordered/purchased through your 4-H Club Leader. The information has already been sent to them and orders are due to our office in the next 3 weeks; your leader will make an appointment to meet with Maria and finalize your club's order, so talk with your club leader now to order.

Showing livestock at the fair can be very stressful for the animals and the people involved. It's best to be prepared for injuries and illnesses that can occur. Make sure you talk with your project leader about issues that could arise and what you can do to be prepared to address them. Cooperative Extension also has a publication that can help titled, "Being Prepared for Show Livestock Injuries and Illnesses" and you can download it at <https://extension.arizona.edu/sites/extension.arizona.edu/files/pubs/az1373.pdf>.

### 4-H EXPO

At the Fair Committee Meeting, the decision was made to move the 4-H Expo event until several weeks AFTER the Fair. Dates have not been set yet, but we are most likely going to hold this event after Easter. More will be sent to you as soon as it's available.

In case you didn't participate last year in our inaugural event, the Expo is where members can display their skills in public speaking, job interview, fashion review, cooking, S.T.E.M., Hippology, and other activities that are not conducted at the Fair.

You can find a lot of resources to use in preparing yourself/your project members for this year's event at:

<https://extension.arizona.edu/pinal-county-4-h-expo>.

### CLUB PHOTOS & CAPTIONS

We would like to put a Spotlight on our fabulous 4-H clubs! Please write up a paragraph or two that talks about the great things your club/members are doing – and we know you're doing great things!!

You can also send us pictures, write ups about activities, announcements, calendars, etc. so that all of our 4-H members, leaders, and families across the county know what is happening.

We will also post on our Pinal County 4-H social media. Submit today, don't delay, and share away!!!



## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### **JOURNEY: OPPORTUNITIES FOR LEADERS OF TOMORROW (JOLT)**

**What?** JOLT is an Arizona Teen Leadership Camp, designed by teens for teens that focuses on personal development, team building, and self-confidence.

**Who?** Participants must be 14 by January 1, 2020 OR have graduated the 8<sup>th</sup> grade before the start of camp. Chaperones must be over 18 and your application supported by your County Extension Agent.

**When & Where?** July 13-17, 2020 at James 4-H Camp, Dewey, AZ

**Cost?** —Youth Early Bird: \$250 by May 13<sup>th</sup>; Regular rate: \$300; Late: \$400 after June 12<sup>th</sup> (also the last day to register and get your name on the t-shirt)

—Adult Early Bird: \$160 by May 13<sup>th</sup>; Regular rate: \$225

**For more information and fillable registration form:**

<https://extension.arizona.edu/events/2020-07-13/journey-opportunities-leaders-tomorrow-jolt>

### **PINAL COUNTY PINE COMBS 4-H CAMP**

Pine Combs 4-H Camp is a residential camp experience in an outdoor educational environment. Located in the cool pines just east of Williams, AZ. Boys and girls can live and learn, grow and contribute, while having fun and making new friends! The staff for camp consists of teen Camp Counselors and adult chaperones, supported by camp cooks and medical staff.

Junior Member Camp (ages 8 to 13)

June 22-26, 2020

Senior members (ages 14-19) can apply to be camp counselors at the 4-H Junior Camp.

Adult volunteers will be needed to help chaperone. Save these dates for a fun-filled week in the pines at Williams, AZ

### **4-H STATE & COUNTY SCHOLARSHIPS**

The deadline has passed for 4-H Scholarships, and we had 7 submitted from Pinal County. A total of 55 applications were submitted state-wide!

Judging of the applications will begin mid-March and notifications will be sent from the AZ 4-H Youth Foundation to those selected by May 15<sup>th</sup>.

Keep in mind these applications are due the first week in February each year to our office.

For future reference, you can find the application at the following website:

<https://extension.arizona.edu/4hfoundation/scholarships-grants>



## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### WAYS TO GIVE (4-H FOUNDATION)

The Arizona 4-H Youth Foundation turns 50 years old this year. Incorporated in 1970, the foundation was created to support Arizona 4-H programming and 4-H youth through 4-H Scholarships. There are many ways to contribute to the Foundation to help increase future opportunities. You can find out more about contributing to the Arizona 4-H Youth Foundation here <https://extension.arizona.edu/4hfoundation/give>

### QUALITY ASSURANCE

Youth for the Quality Care of Animals (YQCA) is a national multi-species quality assurance program for youth ages 8 to 21 with a focus on three core pillars: food safety, animal well-being, and character development. YQCA certification is being accepted by many livestock shows and fairs that require youth quality assurance certification.

YQCA includes information for youth showing the following food animals:

- \*Pigs
- \*Beef Cattle
- \*Dairy Cattle
- \*Sheep
- \*Goats
- \*Market Rabbits
- \*Poultry

YQCA is available as an online program for youth everywhere in the United States. YQCA is also offered as an instructor-led training and as a test out certification. Contact the entity requiring your YQCA certification to see which is available in your state, or contact [info@yqca.org](mailto:info@yqca.org).

### WE'RE SOCIAL—FOLLOW US!

Like, Love, Comment, Share, Pin, Tag, Tweet, Repeat!

Let's Socialize! Be the first one to know what is happening with The University of Arizona, Cooperative Extension, Pinal County 4-H. Join our online community, stay in the know and get exclusive news/updates! Help us spread the word, you are just a scan away!



Website:  
<http://extension.arizona.edu/4h/pinal>



Instagram:  
[pinalcounty4h](https://www.instagram.com/pinalcounty4h)



Twitter:  
[@Pinal\\_County\\_4H](https://twitter.com/Pinal_County_4H)



Facebook:  
[@pinalcounty4h](https://www.facebook.com/pinalcounty4h)



# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## Engaged Citizens Events

Engaged Citizens event is a great opportunity for youth to engage with state and local legislators while learning more about civic education. The event will be held in Phoenix on April 27-28, 2020...Represent Pinal County!

Registration closes 3/18, applicants sent to counties 3/20; selected applicants sent to state office 3/27 (\$75 per delegate); 2 delegates per county. Applications will only be accepted **via the online application**.

Visit the event page for more information (<https://extension.arizona.edu/events/2020-04-27/engaged-citizens-event>)

## AZ 4-H Summit

What? AZ 4-H Summit is more than just another leadership event. With unique programs in community development, innovative problem solving, and networking opportunities - Summit will help youth develop their unique voice and passion. Youth will have the opportunity to share their entrepreneurial spirit in the Wildcat Den, discover potential career and educational opportunities, and engage with 4-H teen leaders from around the state.

### Who?

Intermediate Track: 4-H Youth 11 to 13 years old (as of 5/1/2020) or rising 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade students

Senior Track: 4-H Youth 14 to 19 years old (as of 5/1/2020) or rising 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, or 12<sup>th</sup> grade students (not to be older than 19)

### When & Where?

May 31<sup>st</sup> thru June 4<sup>th</sup> on the University of Arizona Campus

### How much?

Approximately \$300 per person

### Adults:

Consider volunteering to serve as a chaperone.

For more information, please contact the Arizona State office at (520) 621-5316.

## AGDISCOVERY

**JUNE 15–26, 2020**

Learn about career opportunities and possibilities in animal and plant health, including agricultural sciences, veterinary sciences, animal and plant disease eradication, plant pathology, entomology, aquaculture, and the benefits of using drones in agriculture. Students will experience many aspects of agribusiness and college campus life through various field and lab activities. The program begins at the University of Arizona satellite campus in Yuma, AZ, and ends at the University of Arizona's main campus in Tucson. Students selected to participate must be able to tolerate extreme summer temperatures.

For more information, please contact

Tanya Hodges  
(928) 271-9560  
[thodges@cals.arizona.edu](mailto:thodges@cals.arizona.edu)

Dustin Sandberg  
(520) 285-5408  
[dustin.c.sandberg@usda.gov](mailto:dustin.c.sandberg@usda.gov)

Gloria Magana  
(760) 768-2557  
[gloria.magana@usda.gov](mailto:gloria.magana@usda.gov)



## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### NATIONAL EVENTS FOR 4-H MEMBERS

This serves as a brief listing with basic information concerning national events for which 4-H members may qualify. These events are considered to be the highlight of many 4-H members' experiences. Where available, a link has been provided where you can learn more about these events. It's never too late to start thinking about, planning, and saving to participate in these life changing experiences!

#### National 4-H Conference

- Applications due November for the event held in March-April in Washington, DC
- Age Requirement: Must be 16 by January 1<sup>st</sup>
- Registration cost ~\$2,000 due in December after selection of delegates has been made
- <https://extension.arizona.edu/events/2020-03-28/national-4-h-conference>

#### Leadership Washington Focus (LWF)

- Applications due in early January for the event held in July
- Age Requirement: 7<sup>th</sup> to 9<sup>th</sup> graders
- Estimated cost per person is between \$1,400 to \$1,500
- <https://extension.arizona.edu/events/2020-07-27/leadership-washington-focus>

#### Citizenship Washington Focus (CWF)

- Applications due in early January for the event held in late June
- Age Requirement: 14 to 19 years
- Estimated costs per person is between \$1,800 to \$1,900
- <https://extension.arizona.edu/events/2020-06-20/citizenship-washington-focus>

#### National 4-H Congress

- Arizona 4-H members must submit their Record Books to their County 4-H office to be judged; county will then send their selections on to the State 4-H office to be judged and the delegates selected
- The event is held in late November (after Thanksgiving) each year in Atlanta, GA
- Age Requirement: High School aged 4-H members
- Registration cost: estimate not available, but expect to be like LWF and CWF

#### 4-H Youth in Action Awards

In January, they introduced a new application season for the 4-H Youth in Action program! We've heard from Extension professionals and students that spring is a better time for youth to apply for scholarships, so we've shifted our application season to better support 4-H'ers and professionals alike.

From now until April 27, youth can share their stories of developing passion, finding purpose, and inspiring others by applying for the 4-H Youth in Action Awards for a chance to earn a \$5,000 scholarship and a trip to Washington, D.C.!

Check out their website for more information: <https://4-h.org/parents/4-h-youth-in-action-awards/>



**ARIZONA STATE COWBELLES, INC.**  
**MATTIE COWAN SCHOLARSHIP APPLICATION**

**Purpose:** The Arizona State Cowbelles Mattie Cowan Scholarship provides financial assistance to recent high school graduates (Seniors) who have demonstrated an interest in agriculture.

**The amount of the scholarship is \$1,500.**

**Please send all paperwork to:**

Arizona State Cowbelles, Inc.  
Linda Vensel, Scholarship Chair.  
PO Box 55 Patagonia, AZ 85624

[vensel4755@gmail.com](mailto:vensel4755@gmail.com)

520-394-2023

**Application Deadline: April 15**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Student: \_\_\_\_\_

Address During School: \_\_\_\_\_

Home Address: \_\_\_\_\_

Street or P.O. Box, City, State, Zip: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

**APPLICATION PAPERWORK**

**Eligibility:**

1. High School Seniors only; Must send a copy of high school transcript
2. High School Students currently taking college or university courses must send both transcripts
3. Complete the Application and Letter of Intent
4. Maintain a minimum 2.5 GPA (A-4)
5. Submit three current letters of reference
6. Current Photo for publication. Signature on this application approves publication of photo and information about the student, parents and schools.
7. Must provide all requested information with application packet
8. Preference will be given to students with ranching or agricultural background, have taken agriculture related classes, or will/is working towards an agriculture major

**Ambassador Program:** I am interested in competing for next year's Arizona Beef Ambassador. Refer to [arizonacowbelles.org](http://arizonacowbelles.org) for details. Arizona gives a \$1,500 scholarship to the selected Ambassador.

Please check your interest.

Ambassador.  YES  NO

Date: 7/18/2019

# Apply for an Agricultural Scholarship Today!

Scholarship Application Due By **March 13, 2020**



**2019 Scholarship Recipients**



The Pinal 40 Foundation will be awarding scholarships to individuals who have a desire to further their education and/or seek a career in the field of Agriculture. If you meet the following criteria and are seeking to further your education in the field of Agriculture, The Pinal 40 Foundation invites you to apply for a scholarship.

#### ELIGIBLE APPLICANTS

- All applicants must be planning to further their education in Agriculture at a U.S. College or University in one of the following degrees-Ag Engineering and Mechanics, Agri-Business, Animal Science, Crop Production, Horticulture or Natural Resources. Additionally, eligible applicants must meet one of the following criteria:
- Must be a graduating senior from a Pinal County high school
- Must be a student from Pinal County who passed the General Educational Development (GED) test
- Must be a home school student from Pinal

County who can provide a certificate of completion from their home schooling program

- Must be a full-time college student from Pinal County or attending college in Pinal County

#### CRITERIA FOR ALL APPLICANTS/APPLICATIONS

- Have a minimum of a 2.5 GPA
- All applicants must submit their Official High School (for high school seniors) or College for college students) Transcripts
- Three Letters of Recommendation (at least one of these must be from a teacher, counselor or equivalent source)
- Applications must be typed

**Apply Online at [Pinal40.org](http://Pinal40.org)**





This is a fill in form. You can type all information in the blanks prior to printing.

# ARIZONA CATTLE INDUSTRY RESEARCH and EDUCATION FOUNDATION

Linda Vensel, Scholarship Chair

PO Box 55

Patagonia, AZ 85624



Phone (520) 394-2023

## SCHOLARSHIP and GRANT APPLICATION

(Available to Arizona Residents Only)

One of the major purposes of the Foundation is to provide funds for education programs and scholarships to deserving **high school seniors and college undergraduates (highly preferred)**. The amount of scholarships awarded varies, depending on available funds and number of applicants.

- Student must carry **12 credit hours per semester** and maintain a 2.5 GPA to be eligible.
- Student **must** be pursuing studies in **courses and careers** directly or indirectly **related to the cattle industry**.

### APPLICATION DEADLINE: March 15 (postmarked)

Applicant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Arizona Home Address: \_\_\_\_\_  
Street or P.O. Box City State Zip

Address During School: \_\_\_\_\_  
Street or P.O. Box City State Zip

Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Occupation: \_\_\_\_\_ Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_ Employer: \_\_\_\_\_

How many family members are dependent on parent's income (excluding parent): \_\_\_\_\_

List members of your family who will be in college next year: \_\_\_\_\_

### APPLICATION PAPERWORK

#### **NO STAPLES OR BINDERS - ONLY ENCLOSE THE REQUIRED NUMBER OF PAGES**

1. Complete a Letter of Intent plus a page of activities/honors – 2 page limit.
2. Submit a copy of your current high school or college **Official Transcripts**; include your current registered courses.
3. Submit three current letters of reference – request them to be dated, on letterhead, signed, and only 1 page each. Letters from family members or personal friends will carry less weight than teachers, employers, professionals, etc.
4. The committee will give greater consideration to those students with 1) **high scholastic achievements**, 2) **financial need** and 3) **ranching or farming experience**.
5. Current Photo suitable for publication - photo will not be returned.
6. **All scholarships and tuition waivers** received for the next school year, **amounts and purpose** (i.e. scholar, rodeo, judging, etc.) **MUST BE LISTED** as well as the cost of your **school tuition and books (only)**.
7. Complete the attached questionnaire using only the space provided – 1 page.
8. All requested information must be included in the application packet; post marked by March 15th and received no later than March 22nd.

**ARIZONA  
NATIONAL**

# Scholarship Program



**ANLS Scholarships are available to any student from across the nation attending an accredited university or college.**

**Arizona National Scholarships provide financial assistance to college and university students who are pursuing an undergraduate degree and have demonstrated an interest in agriculture.**

***ELIGIBILITY:***

- **High School graduate**
- **Twelve semester hours completed after high school graduation and prior to applying**
- **Currently taking at least 12 hours at a college or university**
- **Maintaining a minimum 2.5 GPA (A = 4.0)**
- **Repeated participation in the Arizona National Livestock Show OR Arizona National Horse Show as an exhibitor, volunteer, or contestant**

**APPLICATION DEADLINE: MARCH 15**

**The Arizona National Livestock Show, in partnership with the Arizona Horse Lovers Foundation, is proud to have awarded over \$800,000 in scholarships over the past 20 years.**



**FOR MORE INFORMATION:**

**INFORMATION@ANLS.ORG • WWW.ANLS.ORG • 602-258-8568**





## 2020 National 4-H Beekeeping Essay Competition: Call for Entries

Submission Deadline: April 1, 2020

Sponsored by: Foundation for the Preservation of Honey Bees

### 2020 Essay Topic: Overwintering: Bee Survival through the Cold Season

Honey bees have developed special skills to overwinter in the United States. Please discuss one of these skills and then include a discussion about what you do to prepare your hives for winter. Include a photo of one of your hives, either using infrared technology or showing winter wrap, hay bales, special feeders, etc. to demonstrate how you prepare your hives for winter.

### Put on Your Thinking Cap!

An essential judging criterion is the scope of research you put forth in developing the ideas behind your essay—accounting for 40% of your score. The number of sources included, the authority of the sources, and the variety of the sources are all evaluated. Personal interviews with beekeepers and others familiar with the subject are valued sources of information and must be documented.

Note that “honey bee” is properly spelled as two words, even though many otherwise authoritative references spell it as one word.

### Eligibility:

The 2020 National 4-H Beekeeping Essay Competition is open to active 4-H Club members only.

Any 4-H Club member who placed first, second, or third in previous years of the national competition is NOT eligible to win in 2020, however, all competition winners remain eligible to enter the national competition. Entered essays must encompass the designated topic only. There will be no exceptions.

### Competition Rules & Essay Requirements:

Any 4-H Club member interested in writing an essay should contact their local 4-H office for competition details. The state selection process must be completed through the 4-H system.

Failure to meet any one of the essay requirements will result in disqualification.



# LEADERSHIP WASHINGTON FOCUS

JULY 27 - 31, 2020

## Be A Part of the 4-H Citizenship Tradition

Leadership Washington Focus (LWF) is the only national leadership development experience designed exclusively for 4-H'ers entering grades 7-9. It prepares 4-H youth for the future by teaching them leadership skills using an experiential learning model based in 4-H curriculum and the living classroom of Washington D.C.

LWF emphasizes four competency areas:

- Communication
- Critical Thinking
- Collaboration
- Confidence

4-H youth, and their adult chaperones, travel as a delegation to LWF. Delegations are organized at the club, county or state levels.

- Lodging at National 4-H Youth Conference Center for the duration of the program
- All meals during the program
- All site visits during the program
- Transportation during the program (this does not include travel to or from the Conference Center)
- Souvenir pack including: LWF bag, LWF t-shirt, and LWF water bottle

Led by our team of program assistants, delegates will learn by doing and leave LWF with the experiences, tools, and connections to be leaders in their communities today.

REGISTER YOUR  
DELEGATION TODAY

and see more program highlights  
at [www.4HLWF.org](http://www.4HLWF.org)

Leadership Washington Focus 2020





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

**JOANN**

---

**PAY IT  
FOURWARD**

---

**MARCH 1 - APRIL 30**

Help 4-H inspire a child's creativity! Donate \$1 or \$4 to 4-H at the checkout in-store.

**SOMETHING FOR YOU!**

If you donate \$4, we'll give you a coupon to use on a future purchase

### JOANN CAMPAIGN

The JOANN point-of-sale (at the register) campaign launches Sunday, March 1<sup>st</sup>. This campaign goes a full two months until April 30, 2020. Promotional materials can be found at: <https://4-h.org/professionals/marketing-resources/4-h-and-joann-toolkit/>

In recent years this campaign had challenges with implementation at the store level. Although JOANN has implemented new incentives for their stores to participate it's still very likely that we will see challenges. As a result, we have a new system in place for reporting those. If you or others in your state notice a lack of participation, Tear-away boards not displayed, employees not asking about the campaign or other things like that you can go to this site and report it. It's fine to share this link with your county folks, we want to know what's going on at the store level. <https://forms.gle/sQJCXhuQsnDG5imj7>

When you share the link please let them know that JOANN and 4-H are monitoring the sheet together. It's fine to be honest and real, but please also be kind. Even though we've had some challenges we very much appreciate the partnership of JOANN and what they are trying to do to help grow and support 4-H. I would also give the stores until at least the 8th before reporting issues. Occasionally materials are shipped late and arrive at the store a few days after the campaign begins. Lastly, just as an FYI the only promotional materials that will be in-store is the tear away display at the register. If you have questions about that (or anything else) please give me call or shoot me an email.

Thank you again for your support of the JOANN 4-H Partnership!

Sara Hutches, Account Manager—National 4-H Council  
(301) 675-2790 / [shutches@4-h.org](mailto:shutches@4-h.org)

### OTHER 4-H LINKS

- 4-H Mall [4hstuff.org](http://4hstuff.org)
- 4-H in the USA [4h-usa.org](http://4h-usa.org)
- AZ 4-H [extension.arizona.edu/4h](http://extension.arizona.edu/4h)
- AZ 4-H Youth Foundation [cals.arizona.edu/4-h\\_foundation](http://cals.arizona.edu/4-h_foundation)
- Livestock Inspection [602-542-0872](http://602-542-0872)
- National 4-H Council [fourhcouncil.org](http://fourhcouncil.org)
- National 4-H Curriculum System [4-h.org/resource-library/curriculum](http://4-h.org/resource-library/curriculum)
- National 4-H Web [4-h.org](http://4-h.org)
- Use of Name & Emblem [national4-hheadquarters.gov](http://national4-hheadquarters.gov)
- Youth Livestock Quality Assurance [extension.arizona.edu/quality](http://extension.arizona.edu/quality)





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

# 2020 at a Glance

### MARCH

- 7: Shooting Sports Match in Eloy
- 8: ShoWorks Deadline for 4-H Fair Entries
- 14: 4-H Fair Clean Up and Set Up
- 18-22: Pinal County Fair-See Schedule of Events

### APRIL

- 27-28: Engaged Citizens Event

### MAY

- 25: Memorial Day-Office Closed
- 31: AZ 4-H Summit, ends June 4<sup>th</sup>

### JUNE

- 15-26: AgDiscovery Program, Tucson, AZ
- 22-26: 4-H Junior Member Camp

### JULY

- 2: Record Book Deadline
- 4: Independence Day-Office Closed, July 3<sup>rd</sup>
- 13-17: JOLT, Dewey, AZ
- 27-31: Leadership Washington Focus

### SEPTEMBER

- 7: Labor Day-Office Closed

### NOVEMBER

- 11: Veteran's Day-Office Closed
- 26: Thanksgiving Day-Office Closed
- 27: Office Closed

### DECEMBER

- 25: Christmas Day-Office Closed

### JANUARY

- 16-21: CWF Presidential Inauguration



# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## ABOUT 4-H...

**WHAT IS 4-H?** 4-H is the largest youth-serving organization in the world. 4-H is an organization that serves youth--not just boys and not just girls. From 4-H clubs to special interest groups to school enrichment projects, 4-H includes both boys and girls in activities. 4-H is the youth education component of Cooperative Extension, which is conducted jointly by the U.S. Department of Agriculture, the state land grant university (The University of Arizona), and your county government. 4-H Youth Development has a unique link with a variety of resources from The University of Arizona.

While 4-H has its beginnings in rural America, 4-H now serves young people and volunteers from major urban centers and from suburban communities and rural non-farm settings as well.

**4-H AND THE COMMUNITY!** 4-H doesn't stop with its impact on young people and their families. An integral part of the popularity of 4-H is that it reaches into the communities in which these families live. As part of their 4-H experience, young people are encouraged to develop a better understanding of their communities and to contribute to community betterment.

**4-H IS A FAMILY AFFAIR!** 4-H encourages participation by the entire family. Youth enroll as 4-H members. Other family members help out as club leaders, project leaders, meeting helpers, transportation aides--you name it. Four-H is definitely a family affair.

Most importantly, 4-H families work together on projects and activities, attend meetings and events together and learn together through 4-H. In the process, family members learn more about each other through their involvement in 4-H. They may even become better families, appreciating each other's strengths and talents just a bit better.

**WHAT ARE THE 4 H'S?** The 4 H's stand for Head, Hands, Heart, and Health. The 4 H's represent the four-fold training and development that 4-H'ers receive. At first there were three "H's" with the fourth "H" of "Health" being added. Together the 4 H's symbolize: the development of HEAD, to

think, plan and reason; the HEART, to be concerned with the welfare of others, accept the responsibilities of citizenship, and develop positive attitudes; the HANDS, to be useful, helpful, and skillful; and HEALTH, to practice healthful living, enjoy life and use leisure time productively.

**WHAT'S THE 4-H EMBLEM?** A green four-leaf clover with a white "H" on each clover leaf. The design, attributed to L.H. Benson, An Iowa school superintendent, was adopted as the national emblem in 1911. Similar to a copyright, legislation has been passed so that the 4-H name and emblem may only be used as approved by 4-H.

### WHAT'S THE 4-H PLEDGE?

I pledge...

My **Head** to Clearer Thinking,

My **Heart** to Greater Loyalty,

My **Hands** to Larger Service,

and My **Health** to Better Living.

For my Club, my Community, my Country, and my World.

In repeating the pledge, a member raises the right hand to the side of the head when saying "head", points to their heart when saying "heart", extends hands, palms upward when saying "hands" and then stands straight when speaking rest of the pledge. The pledge was adopted in 1927 during the first National 4-H Club Camp in Washington, D.C. Otis Hall, state 4-H Leader in Kansas was responsible for the original wording, which remained unchanged until 1973 when the words "any my world" were added.

**WHAT'S THE 4-H MOTTO?** "To Make the Best Better" The motto was proposed by Carried Harrison, a botanist with the U.S. Bureau of Plant Industry and was officially adopted in 1927 when the 4-H Pledge was introduced.

**WHAT IS THE 4-H YEAR?** The Arizona 4-H Youth Development program year is October 1 through September 30.