



# Pinal County 4-H Newsletter

4-H GROWS HERE

JANUARY | 2019

Greetings All,

Time has passed so quickly and here we are again planning for fair! We have been listening to your suggestions and are slowly implementing your ideas to increase our programming and broaden our 4-H outreach. Our goal is to work together with volunteers, community members, schools and industry to provide more opportunities for Pinal County youth in areas such as leadership, S.T.E.M., public speaking, crafting and more.

While we wish we could wave a wand and have it happen overnight, with your help and interest from the youth, we are working towards achieving our goal.

We are introducing a new event this year, the 4-H Expo. I hope you will encourage youth to participate and volunteer your time to help out. It is the result of your suggestions to spotlight Cloverbud activities, public speaking and demonstration contests and to bring back the fashion review.

We are excited for this new event, looking forward to Pinal County Fair and making plans for camp this summer! Hope to see everyone soon!

Regards,  
*Misti Todd*

Misti Todd  
4-H YD Program Director



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# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## NATIONAL 4-H CONGRESS

November 29 - December 3, 2019

National 4-H Congress is a five day event that engages high school aged 4-H members in leadership, citizenship, global awareness, and inclusion. Participants not only have the opportunity to participate in state-of-the-art educational workshops and hear from world-renowned speakers, they also have the opportunity to network with other 4-H members from across the United States.

Arizona 4-H members must submit their Record Books to their County 4-H office where they will be judged. The County 4-H office will send their selections on to the State 4-H office to be judged and a delegation chosen.

The delegation gathers with top 4-H members from around the country in Atlanta Georgia. They will tour the area, meet with national 4-H sponsors and in general have a great time. National Congress offers interactive leadership experience through quality educational and cross cultural experiences. There are seminars, discussion groups and a service learning experience, which bring home ideas that you can implement into your 4-H club and community.

The 2019 Arizona Delegation will be announced in June 2019.

This is a great opportunity and scholarships are available. Record books that are to be considered for National Congress are due to the Pinal County Office May 24<sup>th</sup> by 5pm. Make sure to include the cover sheet and review the judging criteria as you assemble your book.

<https://extension.arizona.edu/4h/national-programs>

If you have questions, please contact us at the office for more information.





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### PINAL COUNTY 4-H EXPO

All Pinal County 4-H members are invited to compete in this inaugural event.

Display your skills in public speaking, job interview, fashion review, cooking, S.T.E.M., Hippology and social services. The event will be March 2, 2019, at the Pinal County Fairgrounds.

Please contact our office if you have questions.

Registration for events can be done online at <https://pinal4.fairmanager.com/> by February 25<sup>th</sup>, 2019.

Contest Divisions can be found at: <https://extension.arizona.edu/sites/extension.arizona.edu/files/attachment/2018-19%20Fairbook%20EXPO%20Final.pdf>

Contest rules and judging criteria are listed on our website:

<https://extension.arizona.edu/pinal-county-4-h-expo>

Looking forward to seeing you there!





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## PINAL COUNTY PINE COMBS 4-H CAMP

Save the Dates!!!

4-H Senior Camp (ages 14-19)

June 3-7, 2019

4-H Junior Camp (ages 9-13)

June 10-14, 2019

4-H Senior Campers can apply to be counselors at the 4-H Junior Camp. Adult Volunteers will be needed to help chaperone. Save the dates for a fun filled week in the pines in Williams, AZ.

More information will be released as the dates get closer.



## WE'RE SOCIAL—FOLLOW US!

Like, Love, Comment, Share, Pin, Tag, Tweet, Repeat!

Let's Socialize! Be the first one to know what is happening with The University of Arizona, Cooperative Extension, Pinal County 4-H. Join our online community, stay in the know and get exclusive news/updates! Help us spread the word, you are just a scan away!



Website:

<http://extension.arizona.edu/4h/pinal>



Instagram:

[pinalcounty4h](#)



Twitter:

[@Pinal\\_County\\_4H](#)



Facebook:

[@pinalcounty4h](#)



## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### PINAL COUNTY 4-H FAIR



Plans for the 2019 Pinal County Fair are underway. The handbook is published online for you to use to plan your events and projects. We will be updating it as soon as more information comes out so check back frequently.

Several rules and items have been changed so make sure you read and understand the changes. ShoWorks is available for you to start your registrations. If you have questions, please do not hesitate to call our office and get clarification.

The 2019 Exhibitors Handbook can be found at: <https://extension.arizona.edu/sites/extension.arizona.edu/files/attachment/2018-19%20Exhibitor%20Handbook%20Final.pdf>

Registration is due by March 4<sup>th</sup>, 2019 and can be done online at: <https://pinal4.fairmanager.com/>

This year's fair theme is "The Good Old Days" and the colors are red, white and blue.

### 4-H YD PROGRAM SCHOLARSHIPS

Eligible 4-H members who would like to apply for scholarships should turn in applications by **Monday, February, 11<sup>th</sup> at 5:00 pm.**

Please submit the original plus 5 copies if you would like to be considered for state and county awards.

Applications are available online at <https://extension.arizona.edu/4hfoundation/sites/extension.arizona.edu/4hfoundation/files/attachments/2019%20Arizona%204H%20Scholarship.pdf>

And more information can be found at <https://extension.arizona.edu/4hfoundation/content/scholarships-grants>

Double check that you have followed all the requirements and have the appropriate signatures. If you have any questions please let us know.





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

# Pinal County 4-H EXPO

## Invites you to...

### Whose MAIN DISH will... impress the judges?

Join us for this fun food event during the **Pinal County 4-H EXPO** brought to you by The University of Arizona, Cooperative Extension, Pinal County 4-H Program.

Saturday, March 2, 2019

- 1:30pm -Check In
- 2:00pm -Contest Begins

Pinal County Fairgrounds, 4-H Building

Contestants will bring their ingredients, pots, pans, utensils, cutting board and dishes-everything they need to prepare, cook and display their finished product. Each contestant has up to 40 minutes to prepare, cook & present their dish.

Deadline to enter is February 25, 2019 at <https://pinal4.fairmanager.com/> until midnight.

Recipe must be submitted by February 25<sup>th</sup> to Maria at [mmelende@cals.arizona.edu](mailto:mmelende@cals.arizona.edu).



The following ingredients will be provided to **4-H Juniors/Senior Members and Certified Leaders**

- Canned Chunk Chicken (12.5oz)
- Zucchini Squash (2 medium)

Set up includes...

- ½ of an 8' table (4' preparation space)
- 1 Burner
- All other necessary items-you will bring





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## ARIZONA 4-H STATE HORSE CONTESTS

Pinal and Gila Counties will be cohosting the 2019 Arizona 4-H State Horse Contests. This event will be held August 3<sup>rd</sup> and 4<sup>th</sup> at the Maricopa Ag Center, Maricopa, AZ.

Horse judging, Hippology contests, quiz bowl, skill-a-thons and team problem solving are just some of the events scheduled.



4-H members in Horse and Horseless Horse Projects are eligible to attend this state level contest.

Save the date and be on the lookout for this great event.

It is a qualifying event for Western National Roundup!!



## 4-H APPRECIATION DINNER

On December 15, Pinal County 4-H held a volunteer appreciation dinner party to recognize the amazing individuals who give so freely of their time to help others. We had a fun night with great food and great people. We are looking forward to celebrating and recognizing these outstanding 4-H volunteers again at the end of the 4-H year!



# 2019 PINAL COUNTY FAIR~ 4-H SHOOTING SPORTS MATCHES

## March 9<sup>th</sup> in Eloy (Big Shots Range) & March 22<sup>nd</sup> at Pinal County Fairgrounds

Entry and payment must be received to the 4-H Office by the dates below

February 22<sup>nd</sup> for the Eloy match and March 4<sup>th</sup> for the Fairgrounds match.

Questions, contact Rodney Shedd, Shooting Sports Coordinator at (520) 251-2024 or [ratfarms@msn.com](mailto:ratfarms@msn.com)

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ 4-H age: \_\_\_\_\_ (Your age on January 1, 2019)

\_\_\_\_\_ Sub Junior (9-11) \_\_\_\_\_ Junior (12-13) \_\_\_\_\_ Senior (14-18)

### March 9<sup>th</sup> (Eloy)

\_\_\_\_\_ Shotgun \$15\*

Archery \$5\* \_\_\_\_\_ Compound (or) \_\_\_\_\_ Recurve

.22 Rifle \$5\* \_\_\_\_\_ Scoped (or) \_\_\_\_\_ Unscoped

### March 22<sup>nd</sup> (Pinal County Fairgrounds)

\_\_\_\_\_ Air Rifle \$5\*

Spotters Full Name: \_\_\_\_\_

\_\_\_\_\_ Air Pistol \$5\*

Spotters full Name: \_\_\_\_\_

**\* Note: No ammunition is supplied. Athlete is responsible for ALL of their ammunition, pellets and arrows.**  
 \$25 total registration fee if participating in ALL matches (Shotgun, Small bore rifle, Archery, Air Rifle and Air Pistol)  
**Check-In begins at 8am for both dates with matches starting promptly at 8:30am**

**Registration Entry Fee submitted: \$ \_\_\_\_\_**  
**(NO ON-SITE REGISTRATIONS ACCEPTED)**

**Paid:** Cash / MO / Check #: \_\_\_\_\_ Date: \_\_\_\_\_ Received By: \_\_\_\_\_

Make checks payable to: **Pinal County 4-H** (All Fees are Non-Refundable)  
 Mail entry fee and form to: Pinal County 4-H, 820 East Cottonwood Lane, #C, Casa Grande, Arizona 85122

### Project Leader

Because of the nature of shooting sports, the club's certified project leader has to sign off on every 4-H member (participant) who competes in the Arizona 4-H Shooting Sports Education Matches. By signing this form you agree that this 4-H member is in good standing with your club, is qualified to participate in this event and is qualified to use the equipment in a safe and responsible manner. This event is not a training class and you will not coach or allow other adult members of your club to coach this 4-H member during the competition, other than allowed by the rules. Coaching not allowed in the rules will result in the 4-H member being disqualified.

\_\_\_\_\_  
 Club Shooting Sports Project Leader Signature

\_\_\_\_\_  
 Date

### Parent/ Participant

Bureau of Alcohol, Tobacco and Firearms (BATF) requires a signed permission slip with the 4-H member at all times if they are under 18 years old and come in contact with a pistol. By signing this form you are consenting to allow this 4-H member to possess a firearm (including pistol) while participating in the Arizona 4-H Shooting Education Matches as a part of Arizona State 4-H Youth Development. The person who signs this form must not be prohibited by federal, state or local law from possessing a firearm. "Participant" agrees to abide by all Rules and Regulations of the State of Arizona, and the 4-H Youth Development Shooting Sports Education Oversight Committee.

\_\_\_\_\_  
 Participant Signature

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Parent/Guardian Signature

\_\_\_\_\_  
 Date





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## NEWSLETTER ARTICLE SUBMISSION

First time ever, we have included a 4-H Club Spotlight section. This will help to illustrate specific club activities or members that are doing awesome things with 4-H!

Send us pictures, write ups, announcements, calendars, etc. so all of our 4-H members, leaders and families know what is happening in Pinal County.

We will also post on our Social Media applications! Submit today, don't delay and share away!



## 4-H CURRICULUM LIBRARY

One of the things that sets 4-H apart from other youth organizations is our dedication to education. 4-H faculty and staff across the country work diligently to write new curriculum guides and units for our 4-H youth that teach and prepare them for their project work in 4-H.

Pinal County 4-H is dedicated to making sure that all curriculum is purchased and housed in the 4-H office for leaders, youth and family members to access. Please stop by the office in Casa Grande and ask to see the 4-H Curriculum. You can make copies of the materials or find out how you can purchase new materials for your club members.

Many thanks to our Pinal County 4-H Advisory Council for their dedication to this effort. Purchasing curriculum and educational tools and supplies is a huge line item in our county budget every year

Education is our key to assisting our youth to grow and learn through 4-H to better prepare them for the future.

## OTHER 4-H LINKS

- 4-H Mall [4hstuff.org](http://4hstuff.org)
- 4-H in the USA [4h-usa.org](http://4h-usa.org)
- AZ 4-H [extension.arizona.edu/4h](http://extension.arizona.edu/4h)
- AZ 4-H Youth Foundation [cals.arizona.edu/4-h\\_foundation](http://cals.arizona.edu/4-h_foundation)
- Livestock Inspection [602-542-0872](http://602-542-0872)
- National 4-H Council [fourhcouncil.org](http://fourhcouncil.org)
- National 4-H Curriculum System [4-h.org/resource-library/curriculum](http://4-h.org/resource-library/curriculum)
- National 4-H Web [4-h.org](http://4-h.org)
- Use of Name & Emblem [national4-hheadquarters.gov](http://national4-hheadquarters.gov)
- Youth Livestock Quality Assurance [extension.arizona.edu/quality](http://extension.arizona.edu/quality)





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

# 2019 at a Glance

## FEBRUARY

- 11 4-H Scholarship Deadline
- 25 Entries Deadline for EXPO

## MARCH

- 2 Pinal County 4-H EXPO
- 4 Entries Deadline for Pinal County 4-H Fair
- 9 Shooting Sports Match in Eloy
- 20-24 Pinal County Fair
- 22 Shooting Sports Match at PC Fairgrounds

## AUGUST

- 3-4 AZ 4-H State Horse Contest

## JUNE

- 3-7 4-H Senior Camp
- 10-14 4-H Junior Camp

## NOVEMBER

- 29-December 3 National 4-H Congress





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## ABOUT 4-H...

**WHAT IS 4-H?** 4-H is the largest youth-serving organization in the world. 4-H is an organization that serves youth--not just boys and not just girls. From 4-H clubs to special interest groups to school enrichment projects, 4-H includes both boys and girls in activities. 4-H is the youth education component of Cooperative Extension, which is conducted jointly by the U.S. Department of Agriculture, the state land grant university (The University of Arizona), and your county government. 4-H Youth Development has a unique link with a variety of resources from The University of Arizona.

While 4-H has its beginnings in rural America, 4-H now serves young people and volunteers from major urban centers and from suburban communities and rural non-farm settings as well.

**4-H AND THE COMMUNITY!** 4-H doesn't stop with its impact on young people and their families. An integral part of the popularity of 4-H is that it reaches into the communities in which these families live. As part of their 4-H experience, young people are encouraged to develop a better understanding of their communities and to contribute to community betterment.

**4-H IS A FAMILY AFFAIR!** 4-H encourages participation by the entire family. Youth enroll as 4-H members. Other family members help out as club leaders, project leaders, meeting helpers, transportation aides--you name it. Four-H is definitely a family affair.

Most importantly, 4-H families work together on projects and activities, attend meetings and events together and learn together through 4-H. In the process, family members learn more about each other through their involvement in 4-H. They may even become better families, appreciating each other's strengths and talents just a bit better.

**WHAT ARE THE 4 H'S?** The 4 H's stand for Head, Hands, Heart, and Health. The 4 H's represent the four-fold training and development that 4-H'ers receive. At first there were three "H's" with the fourth "H" of "Health" being added. Together the 4 H's symbolize: the development of HEAD, to

think, plan and reason; the HEART, to be concerned with the welfare of others, accept the responsibilities of citizenship, and develop positive attitudes; the HANDS, to be useful, helpful, and skillful; and HEALTH, to practice healthful living, enjoy life and use leisure time productively.

**WHAT'S THE 4-H EMBLEM?** A green four-leaf clover with a white "H" on each clover leaf. The design, attributed to L.H. Benson, An Iowa school superintendent, was adopted as the national emblem in 1911. Similar to a copyright, legislation has been passed so that the 4-H name and emblem may only be used as approved by 4-H.

### WHAT'S THE 4-H PLEDGE?

I pledge...  
 My **Head** to Clearer Thinking,  
 My **Heart** to Greater Loyalty,  
 My **Hands** to Larger Service,  
 and My **Health** to Better Living.  
 For my Club, my Community, my Country, and my World.

In repeating the pledge, a member raises the right hand to the side of the head when saying "head", points to their heart when saying "heart", extends hands, palms upward when saying "hands" and then stands straight when speaking rest of the pledge. The pledge was adopted in 1927 during the first National 4-H Club Camp in Washington, D.C. Otis Hall, state 4-H Leader in Kansas was responsible for the original wording, which remained unchanged until 1973 when the words "any my world" were added.

**WHAT'S THE 4-H MOTTO?** "To Make the Best Better" The motto was proposed by Carried Harrison, a botanist with the U.S. Bureau of Plant Industry and was officially adopted in 1927 when the 4-H Pledge was introduced.

**WHAT IS THE 4-H YEAR?** The Arizona 4-H Youth Development program year is October 1 through September 30.