



Pinal County 4-H Newsletter

4-H GROWS HERE

JANUARY | 2024

Happy New Year!

The ringing in of the new year is a reminder that we are only a few days away from our 4-H Fair. This means that members and animals will be spending more time fine tuning their showmanship skills as well as closely monitoring feed, hoping the animal "pops" at the right time. Building exhibit projects should be well underway: sewing projects getting their finishing stitches, rockets taking test flights, and photographs being edited for the right presentation. Public speaking and demonstrations are being prepared and practiced for the goal of impressing the judges and growing the members skills. If you have not yet started these projects, you still have time!

We are planning for a very successful 4-H Exhibit Hall with some of the old contests, such as Chopped and the Lego Challenge, and welcoming new contests, such as a revised Fashion Revue and a Trash to Treasure Art competition. And there will be a strong presence of our *Agriculture in the Classroom* program to introduce young people to the idea of where their food comes from.

If you are new to 4-H, or this is your first fair, please take time to check out this 4-H mom's blog <https://thrivingonordinary.com/2019/03/21/4-h-fair-exhibits/>, for "Tips for making your 4-H fair exhibit stand out."

We believe that all members have something valuable to contribute, and hope that each and every one of you will get involved in some capacity. At the heart of 4-H is a shared commitment to making the world a better place. We believe that by working together, we can accomplish great things and make a positive impact on the world around us.

So, once again, Happy New Year and let's make it the best one yet!

Esther Turner, 4-H YD Program Agent

P.S. We are still looking for a **Dog Superintendent**. If you can help out or recommend someone, please let us know.

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University of Arizona, Cooperative Extension
Pinal County 4-H Youth Development Program
820 East Cottonwood Lane, #C, Casa Grande, Arizona 85122
Phone: (520) 836-5221 / Email: mmelende@cals.arizona.edu

Website: extension.arizona.edu/4h/pinal
Facebook: www.facebook.com/pinalcounty4h | Instagram: [pinalcounty4h](https://www.instagram.com/pinalcounty4h)
Twitter: [@Pinal_County_4H](https://twitter.com/Pinal_County_4H)



THE UNIVERSITY OF ARIZONA
Cooperative Extension
Pinal County



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

4-H AMERICORPS MEMBER INTRODUCTIONS



Luis Alvarado

Luis Alvarado grew up living in Eloy, Arizona and traveling every summer to Durango, Mexico to spend time with family. He is 18 years old, and a senior at Vista Grande High School. He's planning to attend ASU for industrial engineering. His hobbies are working on bikes and playing with friends.

Jalen Amos is a second year Software Engineering major at Grand Canyon University from Casa Grande, Arizona. He likes playing sports, working out and listening to music in his spare time.



Jalen Amos



Asia Friday

Asia Friday, from Eloy, Arizona and is in her first year at NAU majoring in Early Childhood. In her spare time, she likes to read, play with her nieces and nephews and enjoy family time.

Kyle Treadway leads our Tech Changemakers and STEM classes. He is a 2023 ASU graduate in Electrical Engineering from Maricopa. He likes taking his Jeep off-roading and all things STEM.



Kyle Treadway



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

AZ STATE AIR CHAMPIONSHIP

The AZ State Air Championships were held November 18th at the VFW in Phoenix.

All ages were invited to compete, but the seniors were competing for a spot on the state team that gets to compete at the National Championship. Pinal county was well represented by juniors (8-10), intermediates (11-13), and seniors (14-18). Thank you to all that attended and even more to all the parents who brought their kids and/or volunteered their time.

Congratulations to Easton Schroeder, Taylor Schroeder, Matthew Thompson, Esther Skousen, Edison Lucas, Paisios Larsen and Asher Goncalves who all placed in their events.



AZ STATE SHOOTING SPORTS

The State Shooting Sports Qualifying match was held in Flagstaff on the last weekend in October.

Competitors competed in Archery (compound and recurve), Shotgun, Small Bore Pistol, Small Bore Rifle, Muzzleloading and Hunting Skills. It was a fun weekend of competition, fun and friendship. Several kids from Pinal County attended and qualified to go to the National Championship in Grand Island, Nebraska in June.

Congratulations to everyone that attended. Pinal County has 4 members that are going to Nationals this year, Easton Schroeder, small bore pistol, Asher Goncalves, air pistol, Sydney Ketron, hunting skills, and Dakota Ketron, muzzleloading. We can't wait to see the pictures from Grand Island!





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

VETERAN'S DAY ACTIVITIES

Pinal County 4-H Horse Members and their 4-H Leader Alex Odell helped the VFW Rangers Mounted Color Guard Post and rode in the Coolidge Veteran's Parade. They helped to start the parade. Thank you so much to the Mounted Rangers #10254 for allowing them to honor the veterans by carrying the flags.



Maricopa Trailblazers had a float in the Maricopa Veteran's Day Parade.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

LIVESTOCK JUDGING CLINIC

On November 2, we held a beginner livestock judging clinic at MAC Farms. There were lots of 4-H members that attended from all over the state. The day started with introductions and learning the parts of the different livestock animals. We learned that some animals have lots of the same parts while some are very different. It's also important to use the correct terms when talking about the animals. We moved on to judging hamburgers and learning why you would want to judge animals, or anything really, against your ideal.

Lastly, we moved on to looking at judging live animals. We were lucky enough to have some calves, goats, lambs, and pigs to judge and discuss. We were also lucky enough to have some "experts" to help us pick out the best animals of the day.

A huge THANK YOU goes out to Holly and Mike Norris, Damian Murrieta, Joslyn Chorley, Ana Rodriguez, Dawn Odell and the second year Vet students from U of A for all their help with animals and expertise. Thank you to everyone that attended and helped make this event a success.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

AZ STATE HORSE SHOW

On October 20-22 4-H Horse kids from around the state headed up to the Navajo County Fairgrounds in Holbrook to compete in the annual state horse contest. On Friday there was the English competition, on Saturday the Western Competition, and on Sunday was the Gymkhana. Pinal County had 8 members make the trip to represent our county. They did a great job, and we are proud of all that they have accomplished.

Here are the results: Overall English Jr Advanced, Lilah Williamson 2nd and Samantha Aden 6th. Overall Gymkhana Sr Advanced, Ava Partridge 3rd. Overall Gymkhana Jr Advanced, Rebecca Dillard 3rd, Sonny Wilson 11th, Lilah Williamson 11th, Devin Williamson 16th, Dixon Williamson 16th. Roping Jr Advanced, Devin Williamson 5th, Lilah Williamson 6th. Western Sr Advanced, Ava Partridge 8th. Western Jr Advanced, Samantha Aden 12th. Congratulations to all our Pinal County Qualifiers!





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

INMARICOPA, PINAL COUNTY 4-H SHOOTING SPORTS

Recently our Pinal County Shooting Sports Archery project was in the local magazine, InMaricopa. They featured the archery project practicing on a Sunday afternoon in Maricopa. If you would like to read the article it can be found here: [InMaricopa Magazine](#).

Here are several pictures from the article. If you are interested in joining shooting sports, please contact the county office. Shooting sports in Pinal county offers archery, air rifle, air pistol, small bore pistol, .22 rifle, shotgun and hunting skills.



Matthew Thompson watches as Madelyn Arnes shoots her bow during an archery practice hosted by the Maricopa Trailblazers 4-H Club in Hidden Valley.



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PUMPKIN CARVING CONTEST WINNERS



Best Painted Pumpkin
Kenzie Verschure, Bella Vista



Best Carving done by Chickens that look like Crows
Macey Goncalves, Maricopa Trailblazers



Best Pumpkin Carved by a Turkey
Asher Goncalves, Maricopa Trailblazers



Most Creative Carving by Chickens
Delilah Espinoza, Country Kickers



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

CURRICULUM HIGHLIGHT

Are you looking for something fun and educational to do with your club? The University of Utah has a great curriculum series called the Discover Series.



DISCOVER



They have a fun one called 4-H Edible Science Club. It can be found here: [Discover Edible Science](#). There are 6 club meeting ideas that have to do with density, rocks, color, light, fluids, and chemical reactions with food. Let us know if your club tries any and how it goes. This and other fun curriculum can be found on the jump drives that leaders received at the leaders meeting.

If you are looking for curriculum for your project, let Amy (amygoncalves@arizona.edu) know and she can help you out.



4-H EDIBLE SCIENCE CLUBS



ARIZONA NATIONAL RESULTS—LIVESTOCK SHOW



Congratulations to all the competitors from Pinal County!

- Emma Shaw, Champion Market Steer
- Claire Murrieta, Champion AZ Market Lamb
- Wyatt Murrieta, 3rd Place Senior Lamb Showmanship
- Lacie Belle DeSmith, Champion All Other Percentage Jr Heifer
- Addie DeSmith, Reserve Champion Miniature Hereford Jr Heifer
- Lacie Belle DeSmith, 4th Place Jr Beef Showmanship

Others who competed:

- | | | |
|--------------------|--------------------|--------------------|
| • Angelee Fincher | • Kinley Stough | • Presley Murrieta |
| • Baylee Stough | • Lyla Shaw | • Rebecca Dillard |
| • Elizabeth Hesche | • Madi Coates | • Roxanne Coates |
| • Emma Smith | • Michael Diaz | • Sterling Hesche |
| • Isabella Diaz | • Olivia Woehlecke | • Zayne Coates |
| • Joslyn Chorley | • Paisly Murrieta | |



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

CONTEST TIME!

I want to see “What 4-H means to you” in a picture. I will give you some examples of mine....



In this one I see a bunch of kids that have known each other since they were little, and I know that they were all up early because this is during the fair. After spending all day doing fair things, they are choosing to spend their very little down time together, on the floor of the trailer, playing cards and having fun. 4-H means that there is always someone there for you.



Or this one...I see 3 kids from different counties that just spent the afternoon (in the rain) collecting bones, shooting archery, and having a great time! They were always encouraging, upbeat and having a great time together. 4-H means having a friend no matter where you are, or what the circumstances.

Please send your pictures (make sure you have permission to share) before March 1, 2024, to Amy at amygoncalves@arizona.edu. Please include your name

and why that picture represents “What 4-H means to me”. Maybe your pictures will be highlighted on social media, websites or at the fair.

TECH CHANGEMAKER CORNER—RACHEL SKOUSEN, MARICOPA TRAILBLAZERS, TECH CHANGEMAKER

Exhibitors from the Pinal County 4-H Tech Changemakers are working hard to benefit their communities. The 4-H Tech Changemakers are teaching classes to adults in their community to help them with technology and career building. Some of the classes they are teaching are resume building, digital marketing, and drone flying. They plan on working with different groups and organizations to help them reach larger audiences. Currently they have had success and have gone to different events to help promote 4-H, STEM, and the 4-H Tech Changemaker team. One of these events was Stem Night at a Diamondback baseball game at Chase field.

If you know of a group that would benefit from some classes offered by the Tech Changemakers, please contact Esther (eturner@cals.arizona.edu) at the County office. The 4-H Tech Changemakers from Pinal County are proud of their accomplishments and look forward to continuing to serve their communities.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

AG-VENTURES W/VICTOR JIMENEZ

Have you ever been at a crossroads and not quite sure what to do? In the beginning of 2000 Victor Jimenez found himself in this predicament. He had been re-assigned from the Maricopa County Extension office to the Maricopa Agricultural Center in Maricopa. There was already a traditional 4-H extension agent in the county offering 4-H programming, so he knew whatever he was going to do, it would have to be different. That's when he came up with the idea of having school students visit MAC Farms and he would teach them about Ag Literacy with fun, hands on learning.

Victor decided he would teach them at different stations in the multi-purpose room and out on the grass. He would ask all his colleagues at MAC to help him also. He could have someone teach about water, one teaches about entomology, one to teach about soil, and another to teach about general agriculture. He reached out to schools all over Pinal County to see who would come. When Victor reported his idea to the University, he suggested that he would be able to reach 650 students (he was hoping). He would call his idea Ag-Ventures, an idea borrowed from a similar program back east.

After his first year, Victor tallied up all the kids that he had reached and discovered that 1200 students had visited the farm! He had almost doubled what he thought was possible. The director of MAC Farms, Bob Roth, was very supportive of Victor's new venture. He would have meetings in the multi-purpose room and start talking about all the Ag-Venture things that were now cluttering the room. The community was starting to get excited about this great opportunity for the students of Pinal County.

The second year Victor ran out of money. How was he supposed to continue this great opportunity without any money? Well, he started charging everyone that attended \$1. This helped cover some of the operating expenses so that he could continue. Then donors started to see what a great thing Ag-Ventures was and started helping Victor out with some expenses. Soon he outgrew the multi-purpose room, and they purchased some old Army surplus buildings to become the start of the Ag-Village as classrooms. They are still there today! There are several classrooms, a 4-H museum, restrooms, and a kitchen. Slowly everything that you see today came along. Before Covid, 3000 students a year were visiting Ag-Venture. From the year 2000 until now Victor estimates that 60,000 students have visited the farm and learned while having fun.

Agriculture is such a big topic that there is never a shortage of topics to learn at the farm. Some of Victor's favorite ag-literacy topics to teach are about water, nutrition, fruits and veggies, plant science, the history of agriculture, gardens, the water cycle, and dams. He has curriculum tailored for each grade, K-6. Ag-Ventures has expanded past Pinal County into Maricopa County and beyond. They even take Ag-Ventures on the road to the classrooms that are too far to come on a bus! Besides school students, they have even hosted adult programs called Desert Ag-Ventures. If you are interested in seeing what Ag-Ventures has to offer, give Victor a call at 520-374-6216.

Victor, we are very proud of what you built in Pinal County and excited to see Ag-Ventures teach the next 60,000 students!

PINAL COUNTY 4-H FUN DAY!

FREE EVENT!!!

Let's learn about Fossils, Rocks, Meteorites, and Minerals.

**SATURDAY
FEBRUARY 3, 2024**

10AM-12PM

PINAL GEOLOGY & MINERAL MUSEUM
**351 NORTH ARIZONA BLVD.
COOLIDGE, AZ**

There is a Fossil & Mineral Dig. Plan ahead and print your treasure hunt questions, <https://pinalgeologymuseum.org/for-teachers-and-parents/>

RSVP by January 26, 2024 to Amy Goncalves, Extension Professional II (520) 836-5221, x243 or amygoncalves@arizona.edu

If you have questions or concerns, please let Amy know as soon as possible.



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University of Arizona
Cooperative Extension, Pinal
820 East Cottonwood Lane, #C
Casa Grande, AZ 85122

PINAL COUNTY 4-H HORSE SHOWS 2023-24

FEBRUARY 17, 2024 (Location TBD)

APRIL 6, 2024
Apache Junction Rodeo Grounds
1590 E Lost Dutchman Blvd
Apache Junction, AZ

MAY 4, 2024 (Location TBD)

SHOW BEGINS AT 9:00AM > **THE FOLLOWING CLASSES WILL BE HELD:**

- ENGLISH
- WESTERN
- GYMKHANA

If you have questions or concerns, please contact:
Tammy Aden, Project Leader
(480) 226-6839 / adenfam5@gmail.com

Esther Turner
Associate Agent, 4-H Youth Development
820 East Cottonwood Lane, #C, Casa Grande, AZ 85122
(520) 836-5221, x211 / eturner@cals.arizona.edu



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OPEN TO ALL ARIZONA 4-H DOG PROJECT MEMBERS

TIME	LOCATION	COST
8:00am until 3:00pm	Maricopa Agriculture Center Farms Park	\$10.00 Online Register Here
Check-In: 8:00am Show Begins: 9:00am Awards: 3:00pm	37860 W Smith-Enke Maricopa, AZ 85138	\$20.00 Onsite Check-In Table

TENTATIVE AGENDA

8:45am: Welcome & Announcements	12:00pm: CGC & Trick Dog Evaluations
9-9:45am: Rally Clinic—Juniors	12:30-1:15pm: Showmanship Comp—Seniors
Agility Clinic—Seniors	Followed by Tricks Workshop
10-10:45am: Showmanship Clinic—Juniors	Rally Comp—Juniors
Rally Clinic—Seniors	Followed by Agility Comp
11-11:45am: Agility Clinic—Juniors	Showmanship Comp—Juniors
Showmanship Clinic—Seniors	Followed by Tricks Workshop
Lunch Break	Rally Comp—Seniors
12-12:30pm: Lunch Break	Followed by Agility Comp
	Awards & Dismissal
	3:00pm

CONTACT

Carol Ptak, State Dog Project Coordinator
(253) 279-3291, phone / carolptak@arizona.edu, email



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OHIO STATE UNIVERSITY EXTENSION

CFAES

Backyard Poultry Certification Course

Interest in keeping backyard poultry has been increasing steadily as more and more people want to provide for their family and personal food security. We have also seen an increase in youth keeping backyard chickens or turkeys for 4H livestock projects.

Whatever your reason for raising poultry, this course is designed to provide you with the knowledge and resources you will need to get your backyard flock off to a great start.



This self-paced course is expected to take 2-3 hours to complete and includes these 6 modules:

- Getting Started
- Brooding, Basic Husbandry & Nutrition
- Housing
- Egg Production
- Maximizing Health
- Biosecurity

Course cost = \$25



After completing this course, learners will be able to:

- Identify rules and regulations relevant to raising backyard poultry.
- Source healthy birds to raise in their backyard
- Apply concepts of basic husbandry, nutrition, and housing of poultry.
- Explain how eggs are produced
- Practice safe handling of birds and eggs
- Recognize common health-related abnormalities of poultry
- Describe the roles of veterinary care and biosecurity in poultry health

There are NO refunds issued for this course. If you have questions about the course, contact Tim McDermott at mcdermott.15@osu.edu for assistance.

Click on the QR code or head to: go.osu.edu/chicken



Go.osu.edu/chicken
COLLEGE OF FOOD, AGRICULTURAL, AND ENVIRONMENTAL SCIENCES

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Special
Spaghetti
4H Fundraiser
Fri Jan 19th, 2024
4:30pm-7:00pm

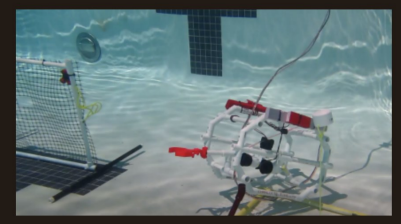
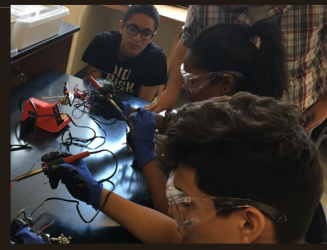
\$10.00

VFW
Post
9399



133 N. Saguaro Dr, Apache Junction, AZ

Pinal County 4-H Underwater Robotics 2024



Open to all 4-H Members

Do you enjoy hands-on activities, learning about the engineering design process, circuitry, and soldering? Then this project is right for you! Sign up today!

January - June, 2024



Scan the QR code for more information

Location:
 820 E Cottonwood Ln Bldg. C, Casa Grande, AZ 85122

If interested, please contact Kyle Treadway, 4-H Americorps at: Kyletreadway@arizona.edu
 520-836-5221 ext. 211



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COME LEARN!

4-H'ers are now teaching workshops to people, 18 years of age and above, to learn the latest in digital skills. Workshops are free and open to everyone. Come support local 4-H youth and join us for our next sessions.

Resume Building

Learn the art of crafting resumes that stand out. From formatting to content, we'll guide you through the essentials for making a lasting impression on potential employers.

Digital Marketing

In today's increasingly connected world, digital marketing has become a vital skill for businesses and individuals alike. In this session, we will cover the core concepts to help you kickstart your journey as a digital marketer.

Location:
 ARIZONA@WORK Pinal County Business and Career Center Bldg. E, 820 E Cottonwood Ln, Casa Grande, AZ 85122

Resume Building
 Date: January 26th,
 2024 3:00-3:30pm

Digital Marketing
 Date: January 26th,
 2024 3:40-4:10pm

For any questions, please contact:
 Kyle Treadway, 4-H Americorps:
Kyletreadway@arizona.edu
 520-836-5221 ext.211

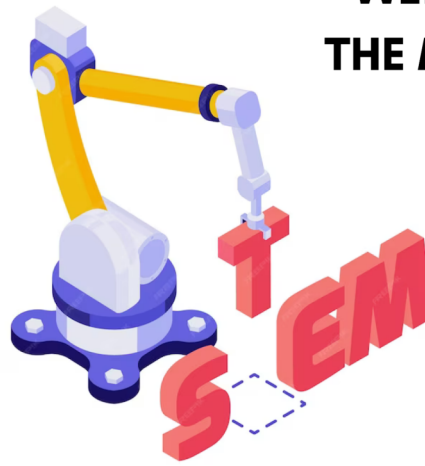


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4-H STEM CLASS

EVERY 1ST WEDNESDAY OF THE MONTH 2024

5:30-6:30



JOIN US EVERY MONTH FOR A NEW ENGAGING AND DYNAMIC STEM (SCIENCE, TECHNOLOGY, ENGINEERING AND MATH) TOPIC! EACH CLASS PRESENTS A UNIQUE OPPORTUNITY TO DELVE INTO DIVERSE STEM-RELATED TOPICS, FOSTERING THE DEVELOPMENT OF CRITICAL THINKING AND PROBLEM-SOLVING SKILLS.

THE EVENT WILL BE HELD AT THE PINAL COUNTY EXTENSION OFFICE
 820 E COTTONWOOD LN BLDG C.
 CASA GRANDE, AZ 85122

Open to all 4-H members

TO RSVP OR FOR MORE INFO, CONTACT
 KYLE TREADWAY, 4-H AMERICORPS,
KYLETREADWAY@ARIZONA.EDU
 520-836-5221 EXT 211



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4-H SEWING CAMP



Learn sewing basics and help a Veteran.

You will learn how to sew a stocking. Make one to take home and one to give to a child in need.

REGISTER ON [ZSUITE](#)

Questions contact Valerie at gabrielsonv@arizona.edu

Feb 10, 2024
01:00 PM



\$5
to cover materials

Each member will make an item to take home and help to sew a Quilt of Valor for a veteran.



Location:
Mission Bell Church
4645 W Bell Rd
Glendale, AZ 85308



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Communication Day

Open to all AZ 4-H Members age 8-18

Maricopa County Extension Office
4341 E Broadway Rd
Phoenix, AZ 85040



Check -In Starts at 8:30
Contests begin at 9
Schedule will depend on entries

Contests Include:

- Prepared Public Speaking Presentations
- Creed Speaking
- Impromptu Speaking
- Horse Presentation
- Horse Public Speaking
- Art and Photography Contest
- Art and Photography Auction
- Creative Writing Contest
- Performing Arts Showcase

\$10 registration fee and \$5 for each contest entry
Maximum of 5 entries for the Photo and Art Contest

Lunch and Dinner will be provided to participants
\$5 for each guest meal ticket (covers both lunch and dinner)

Questions contact Valerie at gabrielsonv@arizona.edu
Register on [ZSuite](#)

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Other activities include an arts and crafts table, a game table, photography clinic, makerspace clinic and more.

January 27

OUTDOOR ADVENTURES

Bring your family and friends to spend time outdoors with 4-H.

January 21, 2024
8 AM - 11 AM

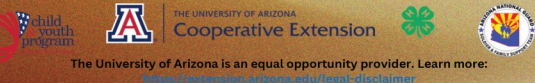
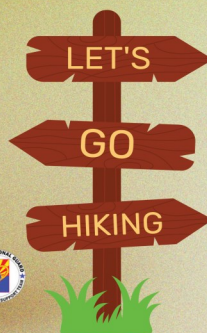
Ruth Hamilton and LV Yates Loop
6511 E Sierra Vista Dr, Phoenix, AZ 85018
Quartz Ridge Trailhead

Experience this 4.4-mile loop trail near Phoenix, Arizona. Generally considered a moderately challenging route. This is a very popular area for birding, hiking, and walking, so you'll likely encounter other people while exploring.

Register on [ZSuite](#)
Questions Contact Avi at avirubin@arizona.edu

- What to Bring:**
- At least 32 oz of water
 - Closed Toed Shoes
 - Sun Protection
 - Layered Clothes

Maricopa County 4-H will provide a snack.



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ON CREATIVITY INTELLECT CONFIDENCE



FIND YOUR SPARK

DISCOVER MORE AT 4-H.ORG

EERS PERSEVERANCE WORK ETHI



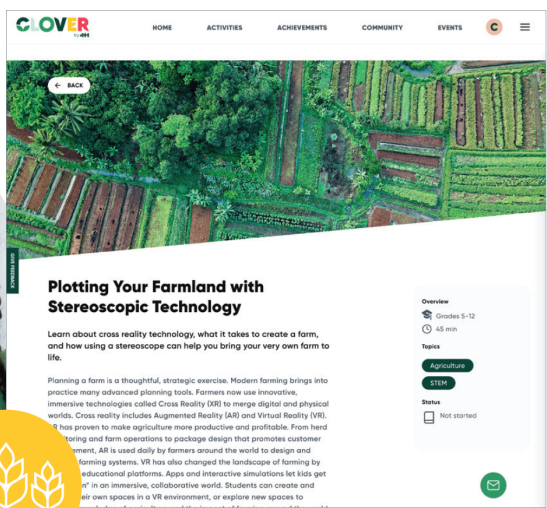
The only e-learning platform connecting 4-H content from 100+ land-grant universities to youth and families - anywhere, anytime.

With CLOVER, youth explore their spark and engage in hands-on learning through fun, interactive activities and gamification. The platform's flexible, personalized learning journeys meet e-learning best practices and complement a variety of in-person 4-H experiences.

Reporting dashboards for caregivers and Extension professionals offer real-time insights on how users are engaging with content. CLOVER is also COPPA compliant, providing a safe and secure online experience.

How Can You Make the Most of CLOVER? The Choice is Yours!

- **Discover** new activities and ideas to boost your programming. CLOVER is searchable by topic, grade, activity type and duration.
- **Supplement and extend** the learning for your 4-H'ers beyond their in-person time. With web, mobile and offline options, CLOVER activities go where you go!
- **Reach** new audiences by showcasing your 4-H activities and curriculum on CLOVER. Your university will be credited for all featured content.



200+ online interactive activities

Clover engages PreK-12 youth with interactive, trackable activities, including:

- multi-media content;
- immersive, augmented reality experiences;
- quizzes;
- self-reflection;
- learning journeys;
- credentialing; and
- badging.

Curriculum informed by research

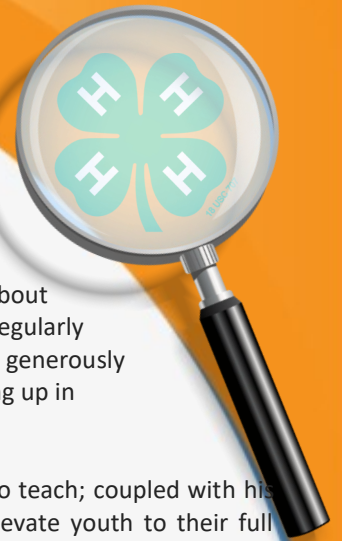
The following examples highlight just a few of the activities that are available across five categories:

- **STEM:** Internet Basics, Space Exploration, Engineer a Greenhouse.
- **Healthy Living:** Design a Healthy Plate, Expressing Emotions, Healthy Cookbook.
- **Agriculture:** Create a Bee Habitat, Hydroponics, Make a Moo-del of a Cow's Stomach.
- **Civic Engagement:** Climate March, Just Act for Food Justice, Pillows for the Homeless
- **Creative Arts:** Create your own Ladybug, Vision Boards, Meditation in a Bottle.
- **Career and Workforce Skills:** Setting Smart Goals, Exploring Vocational Careers, How to Pay for College.

To find out more, visit: 4-H.org/CLOVER
Submit your 4-H content: 4-H.org/CLOVERSubmit



VOLUNTEER SPOTLIGHT



When I put out the word that Damian Murrieta was going to be our Volunteer Spotlight everyone had so many nice things to say about him. Here's what everyone had to say:

"Damian truly believes in the meaning of 4-H! He enjoys helping the youth in our community to learn more about agriculture and the livestock industry while also learning to be productive and responsible young adults. He regularly volunteers to help families who are new to showing livestock, hauls livestock for families without trailers, and generously supports all our youth by working to find sponsors for their projects. Damian is a lifelong 4-H member, growing up in 4-H and instilling the values of 4-H in his own children as well as others."

"Damian is an amazing developer of Talent with the 4-H Livestock youth. His caring heart and his abilities to teach; coupled with his family's success and focus on his species show trends within the show world, help him to inspire and elevate youth to their full potential...We appreciate his dedication and support that he offers to all exhibitors."

"He is very professional when dealing with the kids. He is a nice balance between being tough and holding youth accountable and being empathetic to their shortcomings. He does a great job teaching youth about the goat and sheep industry and is an asset to any volunteer program."

"He has helped my child with showing, fitting, and feeding, friendly tips for parents, I've seen him explain livestock evaluation to 4-H kids. He serves on the junior livestock board, encourages kids, organizes the sheep barn, tags animals, sets up the livestock judging contest at fair, helps at show camps and clinics- everything from YGB to Juarez Goats. He always smiles and greets people. He's the friendliest face in the barn at fair and he also serves as a buyer."

"Damian helps the kids with their market lambs and goats. That doesn't sound like much, but it is! He helps them find places to buy their animals, helps them pick out their animals, suggests feeding regimens, helps them learn how to show their animals, how to fit and groom their animals and shares places to show their animals. All this knowledge he shares with kids and their parents because he is generous with his knowledge and time. Damian recently brought 4 lambs and 4 goats to a livestock judging clinic in Maricopa and helped kids from all over the state learn how to judge them."

Thank you to Damian and his family for all the time and knowledge that you have donated to kids in Pinal County and around the state. Everyone appreciates you and all your efforts, and we are glad that you call Pinal County home!

"He wants to help EVERY kid succeed."



Damian Murrieta
Thank You - You Make a Difference



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

FISHING PROGRAM

“My name is Janae and I grew up in Tucson. I spend a lot of my life fishing in this state with my father.

I have fished in Greer, Roosevelt Lake, San Carlos Lake, Alamo Lake and Patagonia Lake. I would like to start a fishing program, to introduce members to the memories of fishing that I had, I want to create more memories fishing local ponds/small lakes in the area. Whether is fishing to keep and eat or catch and release. The challenge is catching the fish with the different weather conditions and the what bait the fish are biting that day. Learn skills and to improve your current skills to know what bait to use and getting the fish to shore. Sometimes you win and sometimes the fish will win. Remember it is called fishing and not catching. My favorite member from my dad, is when he caught more, I was not holding my mouth right.

If you are interested in learning or keep you skill current please get in touch with me through 4-H office.

Janae Kemery”





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

AZ NATIONAL RESULTS—HORSE SHOW

Congrats to our Pinal County members on an awesome first day of the AZ National Horse Show!

Champion Horse Judging Team

- 1st—Samantha Aden
- 2nd—Rebecca Dillard
- 4th—Sarah Dunn

Reserve Champion Skill-a-Thon Team

- 2nd—Samantha Aden
- 4th—Rebecca Dillard
- 6th—Sarah Dunn

Senior Gymkhana

- Reserve Champion High Point—Ava Partridge

Junior Gymkhana

- Champion High Point—Samantha Aden
- Reserve Champion—Rebecca Dillard



4-H YOUTH IN ACTION PROGRAM

The 4-H Youth in Action program amplifies the diverse stories and leadership of 4-H youth who are making a difference in their communities every day. It is a premiere community of 4-H'ers who are preparing for their future while showcasing how 4-H changed their lives and equipped them to change the lives of others.

Each year, program participants receive an exciting year of media training and national opportunities to share their 4-H story and leadership.



Four Award Winners will receive:

- A **\$5,000 scholarship for higher education**, to be paid directly to the institution, including two-year and four-year colleges, trade schools or other advanced learning opportunities.
- A **year of personal professional and media development**, training, and networking opportunities and national opportunities to serve as a spokesperson and key thought leader in your program area.
- **All-expenses paid trips** for each award winner & a chaperone to travel as the national youth spokesperson.
- An official **reference letter** from a National 4-H Council leader for educational or career purposes.

All Youth in Action Program applicants will receive:

- **Media, interview, and storytelling training** from National 4-H professionals.
- Admission into our national 4-H story database; providing **potential national multi-media and spokesperson opportunities**.



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

CAKE DECORATING—MORGAN CRUEA, ORACLE OAKS 4-H CLUB MEMBER

This will be my second year cake decorating and I'm loving it! Cake decorating is not only a chance for me to interact with new members of our club, it's a chance to express my creativity through cake. We learn how to assemble cakes and make buttercream, as well as the best techniques to create our designs.

Throughout my time I've learned how to make an ombre design, borders, cacti, pumpkins, flowers, Christmas trees, poinsettias, and writing, all with frosting. We've also learned how to use other edible items to create effects, such as powdered sugar for snow, graham cracker crumbs for dirt, and sprinkles for flower buds. Before taking classes my cakes tasted good, but they didn't look very pretty, however with my teacher's help I now get tons of compliments on my skills and how much I've improved. Classes are set up in a way so that we are able to work independently, while also getting help and guidance from our teacher.

It's super fun to see everyone's individuality, because while we're all piping little pumpkins, the size, placements, and color of our cakes all differ. It's interesting to see how everyone chose to decorate their cakes, while still keeping within the criteria of what we're being taught. Our teacher is wonderful at making sure everyone gets the help they need, and understands how to do whatever is taught that day.

I appreciate how cake decorating, as well as other activities, are advertised to everyone in our club equally. We have cake decorating members who are female and male. Our oldest member is fourteen years old, and our youngest nine. Everyone can join cake decorating and have a good time regardless of age or skill. Cake decorating is one of my favorite activities in 4-H, and I believe everyone should look into trying it out!



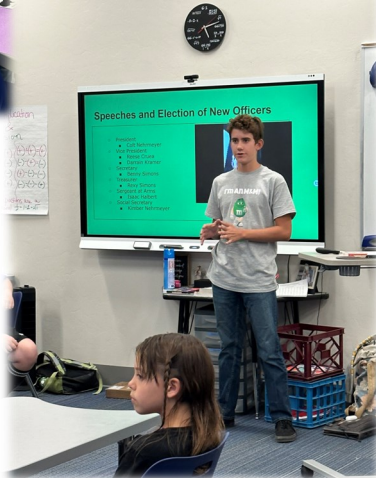


THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

ORACLE OAKS 4-H—AMBER CRUEA, ORACLE OAKS 4-H CLUB LEADER



It's our second year and we've been super busy! We've got new members joining and returning members taking on exciting new projects. We're thrilled to see all the amazing things we'll achieve this year. We've also brought on board two awesome leaders, Becca Simons and Jennifer Olson, who will be leading our rabbit and dairy goat projects. They're not only great leaders, but also ready to lend a hand in other projects. Plus, we've welcomed seven more members to our chapter this year. Thanks to our amazing sponsor, RedHawk Copper in San Manuel, we're able to buy essential supplies and curriculum for our group, ensuring we all thrive in our interests. We can't wait for the fair in March to see all the incredible efforts of our members being celebrated!



We just had an amazing holiday celebration where we all gathered for a fantastic potluck and an exciting white elephant gift exchange. It was an absolute blast to bring our entire club together and enjoy some quality time. We would also like to extend our heartfelt gratitude to Mountain Vista School and the Oracle School District for graciously allowing us to use their classroom facilities for our meetings. This support has truly made our gatherings even more extraordinary!

We are excited for the New Year and wish everyone good luck with all of their projects!





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

CATTLE SORTING—ROWDY WILSON, COUNTRY KICKERS 4-H CLUB HISTORIAN

Cattle Sorting is also called Ranch sorting, originating from cowboys and cowgirls working on ranches. These cowboys and cowgirls used to separate cattle into different pens for branding and doctoring. Cows were also separated to be sold. The sorting of cattle was later turned into an equestrian sport. I recently started learning the sport of sorting cattle with my 4-H club and my twin sister. My twin sister Sonny tried it first and said it was fun, so I decided to try it.



The sorting pen is two big pens that are connected on one side, and there is an opening where they are connected. The sorting pen I started learning in is like a big figure 8 with an opening where they connect. I have also competed at a sorting event where the pens were square but had the same center opening. Two riders make up the team. There are normally 10 cows numbered 0 to 9. Sometimes, there is an extra cow with no number, and that cow is called the trash cow and should never pass through the opening. One rider guards the opening to ensure only the desired cow passes through the opening, and the sorted cows do not sneak back over to the herd. The second rider approaches the herd and separates a specific numbered cow.

The sorting team has 60 seconds to get all numbered cows from one side of the pen to the other, in numerical order. The timer starts when the rider's horse crosses the opening, and the announcer calls out the starting number. If the wrong cow crosses through the gate, the team gets a no time. The team that gets the most cows sorted in the least amount of time wins.



The best part of sorting with 4-H is I have met many people. The people at the 4-H sorting events are so nice and don't get angry when someone messes up.

Rowdy's opinion of Sorting: *I really like sorting cattle because it is more fun than turning circles around cans.*

Sonny's opinion of Sorting: *I really like sorting cattle because I have made friends and my horse Sangria likes it too.*



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PINAL COUNTY 4-H YOUTH IN ACTION...



COUNTRY KICKERS IN THE APACHE JUNCTION LIGHT PARADE



COUNTRY KICKERS HOLIDAY PARTY



MARICOPA TRAILBLAZERS HOLIDAY PARTY



COOLIDGE CLOVERS SHOPPING FOR HOLIDAY ANGELS



BELLA VISTA HOLIDAY PARTY & LIGHT PARADE



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PINAL COUNTY 4-H YOUTH IN ACTION...



SIGNAL PEAK LIVESTOCK GIFTING FAMILIES WITH A MEAL & PRESENTS



COUNTRY KICKERS
PHOTOGRAPHY AT THE ARBORETUM



PIMA COUNTY HORSEMANSHIP DAY



ARIZONA STATE FAIR



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PINAL COUNTY 4-H YOUTH IN ACTION...



STEM CLASS (PING PONG PICK UP CHALLENGE)



PRACTICING FOR THE PINAL COUNTY FAIR

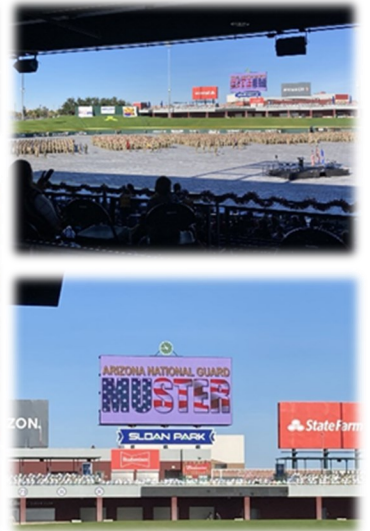


THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

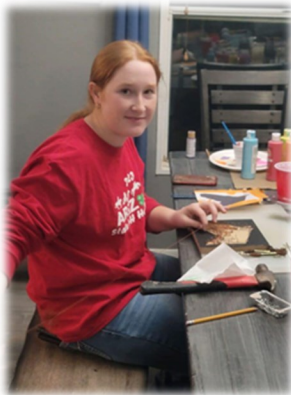
PINAL COUNTY 4-H YOUTH IN ACTION...



LEGO CLOVERBUDS



NATIONAL GUARD MUSTER



ARTS & CRAFTS



PIMA COUNTY FUR & FEATHERS DAY



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PINAL COUNTY 4-H YOUTH IN ACTION...



BLACKSMITHING WITH BELLA VISTA 4-H CLUB



SEWING PROJECT





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

SHOWING LIVESTOCK—WHAT TO EXPECT!



The Pinal County fair is just around the corner. Are you ready? If you have a 4-H large livestock project, it should already be entered into the Jr. Livestock site. Don't forget to read the rules and information about the shows. All other 4-H small stock entries can be entered online in ShoWorks, once those dates (entry and deadlines) are released. Don't forget to read up on the requirements outlined in the 4-H Exhibitor Book, which can be found at <https://extension.arizona.edu/pinal-county-fair>

PASSES

Now that you and your animal are entered online, you can think about how to prepare for the entire week of fair! Are you staying at the fairgrounds? If it is possible, it is truly recommended. It's lots of fun and saves on super early and late-night driving. Get information about this overnight stay as soon as you know, as there are a limited number of spots available. If you do decide to stay, make sure you get a camping pass from your community club leader. This will give you 1 parking pass and one adult week-long pass. Don't forget to count how many family members will be there all week. If they will attend fair more than 2 times that week, it is worth buying a week-long pass for each and one. And who can go to the fair without thinking about those rides? Are the kids going to ride the rides one day or more? You can save if you get a ride bracelet ahead of time, that allows all the rides for one day. Passes will be ordered and paid for through your community club leader. Also remember that if you are a certified 4-H leader, you will receive one FREE week-long pass. And, if your child is showing an animal in the Jr. Livestock Show, they will also receive a week-long pass. Additional passes will need to be purchased.

PACKING

Let's talk about packing – for your family AND your animal! It will feel like you are moving to the fairgrounds, because you are (for a whole week)! Let's start with the family. Always pack water. Take more water than you think you will drink. If possible, have your kids carry personal water bottles and fill them up from the cooler in your trailer; this keeps from leaving plastic water bottles all over the place. If you are driving every day, ask a friend with a trailer if you could store your cooler with water under or near it. Now let's talk snacks. Never underestimate how many snacks hungry children (and dad's) can eat. If you have 2 kids, pack as if you have 10. If you are staying at the fair, meal plan. No one wants to be exhausted and must produce a meal for hungry people. For lunches, try pre-making sandwiches or something you can hand out that is portable, or they will be begging you for fairway treats all day!

Now let us talk about what to pack for your animal(s) - start with their feed. Bring what you are feeding them at home. Now is not the time to start something new. This could stress them out more and cause them to get sick or go off feed. They need lots of fresh water, so make sure and bring something to hold that water. They will need something to sleep on. Bring some bedding, straw, or shavings. Let us not forget something to clean up that bedding at the end of the week. Bring a wheelbarrow, hay fork, or pitchfork.





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

...CONTINUED FROM PAGE 27

WEATHER

The weather is so unpredictable at this time of year. Be prepared for everything. It might be cold, so bring a jacket and some blankets to sleep in. It might be rainy, so be prepared for the wetness all over the grounds. It might be crazy windy and dusty, so come prepared to tie everything down; don't leave the vent on the top of the trailer open, it might fly away (experience knows). It can also be hot! You cannot run the A/C in the trailer unless you have a generator, but you can run some fans. Remember these tips for your animals as well. Keep in mind that they all have fresh haircuts, so if the temperature drops they will be cold, and if it is hot they might need some fans as well.

YOUR TACK BOX

What do you need to put in your tack box? All your grooming essentials (brushes, clippers, sprays, anything needed to make your animal look beautiful). Do not forget hoof trimmers and scissors. Let us talk about some of the unusual items found in tack boxes that have come in handy:

- A box of baking soda and a small bottle of vegetable oil with a drencher - both things come in handy to prevent bloating in any ruminant animal.
- A fish net from the pet aisle - this is a wonderful thing to fish hay and bedding out of water buckets without having to empty them.
- A watering can (especially when you have smaller kids around) - this is great to top off water buckets and keep kids busy without too much of a mess.
- Cornhuskers oil is always great to have for so many things - it can act as a cheap, quick show shine and it is good for your hands, too.
- Short hose with a sprayer on the end – it can be used in the wash rack or if it is needed to fill buckets.
- Your show chain or halter - have one per animal, because even if you think you will have time to switch between animals, you will not.
- Short lengths of chain with double sided clips are good to have in case you need to latch your gate closed or clip a bucket to the fence.

And lastly, do not forget about decorating your area to educate the public. Check with the rest of your group to see how they want to decorate. Remember that animals like to eat decorations, so they need to be far enough above them to stay safe.

Don't forget to have fun and make memories!





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

2023-24 at a Glance w/4-H

JANUARY

- 6 Calf Tagging, Pinal County Fair
- 6 Shoe Fundraiser at Tractor Supply, Maricopa
- 8 Junior Livestock Meeting, Fairgrounds
- 9 Desert Dwellers Arts & Crafts
Open to ALL, RSVP to Jennie (520) 836-5221, x236
- 12-13 [Colorado River Small Stock show](#)
- 13 Calf Tagging, Pinal County Fair
- 15 Poultry "Own By Date", Pinal County Fair
- 16 [Pinal County HAC Meeting, Zoom](#)
- 27 [Communications Day](#)
- 31 Friend of CAFA Meeting, Google Meets

FEBRUARY

- 1 Rabbits/Cavy "Own By Date", Pinal County Fair
- 2 [Scholarship Applications Due](#)
- 3 Geology Class, Coolidge Geology Museum
- 6 County Shooting Sports Meeting
- 6 [Pinal County HAC Meeting, Zoom](#)
- 7 State Shooting Sports Meeting, Zoom
- 7 STEM Class, 4-H Office, 5:00-6:00pm
- 10 Pinal County Shooting Sports Fun Shoot
- 12 [Small Stock Entries Due](#), Pinal County Fair
- 12 Junior Livestock Meeting, Fairgrounds
- 13 Desert Dwellers Arts & Crafts
Open to ALL, RSVP to Jennie (520) 836-5221, x236
- 15 Lego Cloverbuds, 4-H Office 5:00-6:00pm
- 17 Pinal County Horse Show, Place TBD
- 23-25 [State Shooting Contest](#)
- 24 [State Dog Show and Clinic](#), MAC Farms

MARCH

- 1 Pinal County 4-H [Indoor Exhibits Due](#)
- 1-3 [AZ Stock Show and Round-Up](#), Tucson
- 5 Pinal County Shooting Sports Meeting
- 6 State Shooting Sports Meeting, Zoom
- 9 4-H Fair Clean-Up Day
- 13-17 [Pinal County Fair](#)
- 22-23 Pinal County Shooting Sports Match

APRIL

- 2 Pinal County Shooting Sports Meeting
- 3 State Shooting Sports Meeting, Zoom
- 6 [Pinal County Horse Show, Apache Junction Rodeo](#)
- 8 Junior Livestock Meeting, Fairgrounds
- 12-13 [AZ State Air Championship](#)
- 19-24 National 4-H Conference

MAY

- 1 State Shooting Sports Meeting, Zoom
- 2 Pinal County Horse Show, Place TBD
- 4-5 AZ 4-H STEM Competition
- 4 County Event
- 7 Pinal County Shooting Sports Meeting
- 11 [FCS Contest](#)
- 13 Junior Livestock Meeting

JUNE

- 4-8 [SUMMIT, U of A Campus](#)
- 5 State Shooting Sports Meeting, Zoom
- 12 Friends of CAFA Meeting, Google Meets
- 24-28 National Shooting Sports Championship
- 24-28 Pinal County Camp

JULY

- 8-12 [JOLT, James Camp](#)
- 19-21 Shooting Sports Instructor Training



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

FRY'S DONATIONS TO PINAL COUNTY 4-H

A simple way to support the Pinal County 4-H Program is through the Fry's Community Rewards Program. Fry's Food and Drug Store will donate a small portion of what you spend every time you use your Fry's card. If you would like to support the 4-H program, please link your Fry's rewards card to the Pinal County 4-H Program.

Instruction to link Pinal County 4-H in the Fry's app (iPhone/Android):

- Open Fry's App
- Top Right Hand **Menu** (hamburger button)
- Click **Rewards**
- Choose **Community Rewards**
- Choose **Search for Organization**
- Search for **Pinal County 4H** (no hyphen)
- Click **Enroll**



You're all set!!!

WAYS TO GIVE (4-H FOUNDATION)



The Arizona 4-H Youth Foundation 50+ years old—Incorporated in 1970, the foundation was created to support Arizona 4-H programming and 4-H youth through 4-H Scholarships. There are many ways to contribute to the Foundation to help increase future opportunities. You can find out more about contributing to the Arizona 4-H Youth Foundation here <https://extension.arizona.edu/4hfoundation/give>.

GIVE TO GROW BRIGHTER FUTURES (NATIONAL 4-H)

A **recurring** gift to 4-H helps us respond to kids' greatest needs with urgency and flexibility. By **giving monthly** you'll be recognized as a member of our **Give to Grow Society** and become a reliable source of support in kids' lives.

Ready to help provide youth with crucial year-round opportunities and support? **Check the "make this recurring" box!**

[Donate Here!](#)





THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

PINAL COUNTY IS SOCIAL—FOLLOW US!

Like, Love, Comment, Share, Pin, Tag, Tweet, Repeat!

Let's Socialize! Be the first one to know what is happening with The University of Arizona, Cooperative Extension, Pinal County 4-H. Join our online community, stay in the know and get exclusive news/updates! Help us spread the word, you're just a scan away!



Website:
<http://extension.arizona.edu/4h/pinal>



Instagram:
[pinalcounty4h](#)



Twitter:
[@Pinal_County_4H](#)



Facebook:
[@pinalcounty4h](#)

WHAT IS A STATE 4-H HASHTAG AND WHERE CAN I USE IT?

A hashtag is a word or phrase preceded by the number sign or a hash symbol (#), used on social media websites and applications, to identify messages on a specific theme or topic.

Let's make the best, better and show people we are transforming character, knowledge and skills to successful stories by using it during 4-H moments.

- #AZ4H
- #inspirekidstodo
- #trueleadersinservice
- #AZ4Hcares
- #HOWWEFAIRAZ
- #opportunity4all



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THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

CONTRIBUTE TO THE NEWSLETTER



We welcome members and leaders to submit articles highlighting members or examples of what you are doing in your club. If you are hosting a project meeting, activity or event that the entire county would benefit from, this is a great forum to get the word out there. Submit articles by the 15th of March, June, September or December.

Please be sure to submit your article to Maria at the 4-H office at mmelende@cals.arizona.edu.

We will also post on our Pinal County 4-H social media sites. Submit today, don't delay, and share away!!!

AZ 4-H YOUTH DEVELOPMENT

Inspiring the next generation of leaders, inventors, entrepreneurs, and problem solvers, transforming the ordinary into the extraordinary - 4-H is the youth development program of The University of Arizona, Cooperative Extension.

Check out the 4-H State Office website for state program opportunities, resources, history and much more.



<https://extension.arizona.edu/4h>

KEEPING UP WITH 4-H

- 4-H Enrollment <https://4h.zsuite.org/>
- 4-H Mall <https://shop4-h.org/>
- 4-H in the USA 4h-usa.org
- AZ 4-H extension.arizona.edu/4h
- AZ 4-H Youth Foundation cals.arizona.edu/4-h_foundation
- Livestock Inspection [602-542-0872](tel:602-542-0872)
- National 4-H Council fourhcouncil.org
- National 4-H Curriculum System 4-h.org/resource-library/curriculum
- National 4-H Web 4-h.org
- Use of Name & Emblem national4-hheadquarters.gov
- Youth Livestock Quality Assurance <https://yqcaprogram.org/>



GREEN FOUR-LEAF CLOVER

The green four-leaf clover with the white letter "H" in each leaf is the National 4-H Emblem. The design, attributed to L.H. Benson, an Iowa school superintendent, was adopted as the national Emblem in 1911. Once enrolled as a 4-H volunteer leader, you are authorized by your local extension office to use the 4-H Name and Emblem.

The Name and Emblem are protected under the federal statute (Title 18, USC 707) and may only be used in accordance with statute requirements. Only use an official Emblem graphic obtained from an authorized 4-H source which includes the language "18 USC 707" to the right of the stem. Your extension office can provide camera ready or electronic versions of the clover for your use. Text or graphics should never cross the clover emblem.



Green and white are the 4-H colors. Green is nature's most common color and symbolizes youth, life and growth. White stands for purity and high ideals.



THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

ABOUT 4-H...

WHAT IS 4-H? 4-H is the largest youth-serving organization in the world. 4-H is an organization that serves youth--not just boys and not just girls. From 4-H clubs to special interest groups to school enrichment projects, 4-H includes both boys and girls in activities. 4-H is the youth education component of Cooperative Extension, which is conducted jointly by the U.S. Department of Agriculture, the state land grant university (The University of Arizona), and your county government. 4-H Youth Development has a unique link with a variety of resources from The University of Arizona.

While 4-H has its beginnings in rural America, 4-H now serves young people and volunteers from major urban centers and from suburban communities and rural non-farm settings as well.

4-H AND THE COMMUNITY! 4-H doesn't stop with its impact on young people and their families. An integral part of the popularity of 4-H is that it reaches into the communities in which these families live. As part of their 4-H experience, young people are encouraged to develop a better understanding of their communities and to contribute to community betterment.

4-H IS A FAMILY AFFAIR! 4-H encourages participation by the entire family. Youth enroll as 4-H members. Other family members help out as club leaders, project leaders, meeting helpers, transportation aides--you name it. Four-H is definitely a family affair.

Most importantly, 4-H families work together on projects and activities, attend meetings and events together and learn together through 4-H. In the process, family members learn more about each other through their involvement in 4-H. They may even become better families, appreciating each other's strengths and talents just a bit better.

WHAT ARE THE 4 H'S? The 4 H's stand for Head, Hands, Heart, and Health. The 4 H's represent the four-fold training and development that 4-H'ers receive. At first there were three "H's"

with the fourth "H" of "Health" being added. Together the 4 H's symbolize: the development of HEAD, to think, plan and reason; the HEART, to be concerned with the welfare of others, accept the responsibilities of citizenship, and develop positive attitudes; the HANDS, to be useful, helpful, and skillful; and HEALTH, to practice healthful living, enjoy life and use leisure time productively.

WHAT'S THE 4-H EMBLEM? A green four-leaf clover with a white "H" on each clover leaf. The design, attributed to L.H. Benson, An Iowa school superintendent, was adopted as the national emblem in 1911. Similar to a copyright, legislation has been passed so that the 4-H name and emblem may only be used as approved by 4-H.

WHAT'S THE 4-H PLEDGE?

I pledge...

My **Head** to Clearer Thinking,

My **Heart** to Greater Loyalty,

My **Hands** to Larger Service,

and My **Health** to Better Living.

For my Club, my Community, my Country, and my World.

In repeating the pledge, a member raises the right hand to the side of the head when saying "head", points to their heart when saying "heart", extends hands, palms upward when saying "hands" and then stands straight when speaking rest of the pledge. The pledge was adopted in 1927 during the first National 4-H Club Camp in Washington, D.C. Otis Hall, state 4-H Leader in Kansas was responsible for the original wording, which remained unchanged until 1973 when the words "any my world" were added.

WHAT'S THE 4-H MOTTO?

"To Make the Best Better"
The motto was proposed by Carried Harrison, a botanist with the U.S. Bureau of Plant Industry and was officially adopted in 1927 when the 4-H Pledge was introduced.

WHAT IS THE 4-H YEAR? The Arizona 4-H Youth Development program year is October 1 through September 30.

Trade names used in this publication are for identification only and do not imply endorsement of products named or criticism of similar products not mentioned.

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Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting (UA, Cooperative Extension, Pinal County at 866.836.5221). Requests should be made as early as possible to allow time to arrange the accommodation.