



# Pinal County 4-H Newsletter

4-H GROWS HERE

JANUARY | 2023

Welcome to the New Year!

Two thousand twenty-two (2022) was packed full of great things, including sending delegates to Congress in Atlanta, Georgia, the Western Round-Up in Denver, Colorado, and the 4-H in Space: Mission Command in Kennedy Space Center, Florida!

Though last year offered a lot of activities, events, camps, and projects, we are going to be offering even more this year! In addition to normal club activities, take advantage of other 4-H opportunities across the state and nation, in which you can engage with other 4-Hers.

The summer will be filled with all kinds of camps that will provide leadership opportunities and plenty of excitement. AND, along this journey, don't forget to take the time to thank your parents and leaders for their guidance and support.

Get ready for FUN, NEW experiences and make this the year to 'Make the Best Better!'

Esther Turner, Program Coordinator, Sr.

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**Cooperative Extension**  
Pinal County





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## INTRODUCTION OF CRYSTAL MARQUEZ



Crystal Marquez has recently joined The University of Arizona, Cooperative Extension, Pinal County 4-H Team as the 4-H Extension Assistant and will be working closely with the Pinal County 4-H volunteers and community club leaders. She is excited to meet and collaborate with members, leaders, and our community at large.

Born in Florence, AZ, and raised in El Monte, CA, Crystal and her family moved back to Arizona in 2000 and currently live in Coolidge, as the small-town life is what she loves. She graduated from Coolidge High School in 2014 and attended Carrington College, receiving a certificate in medical billing & coding. Crystal likes spending her free time with family and friends, and creating new memories along the way. Family is everything to her, as she enjoys traveling with her husband and son to new adventures. She enjoys the outdoors and nature, while riding or camping with her family.

Crystal looks forward to meeting everyone, working with the community, and making a difference in our 4-H Program. Please feel free to contact her at [marquez8@arizona.edu](mailto:marquez8@arizona.edu) or (520) 836-5221, x238.

## AG-VENTURES FOR YOU!

The MAC Farm Ag-Ventures Ag literacy program in Maricopa is looking forward to a new year offering interactive educational programs to the youth in our community. Those that participate will have a fun learning about Arizona and how food comes from the farm.

Give Victor Jimenez a call at (480) 620-8633 and get your 4-H members signed up to experience this worthwhile opportunity. You can also check out our website: [Ag-Ventures](#)

Please note that schools throughout Pinal County continue to come our way. So, share this possibility with the teachers at the school your children attend.

We look forward to having you come our way!







## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### **COUNTY FAIR IS COMING UP!**

Pinal County Fair is coming up March 14-19, 2023. There are so many things that happen at fair. We all know about the judging of baked goods and photography, but did you know there are live contests? Last year there was a Chopped contest where contestants had 40 minutes to cook a dish with ingredients that are notoriously weird and chosen by the contest coordinator. Last year the ingredients were Spam, creamed corn, and radishes, this year's ingredients are pasta, peas and pineapple! Come out and show us what you can make. This contest is open to adults also, so there is no excuse to not sign up.

Last year was the first time for the STEM Lego Challenge. It was a huge hit! Members competed in building projects to meet challenges and become Pinal County's Lego Master. This contest was very popular, so make sure to sign up early to save your spot. Last year it was only open to 4-H members, but maybe we should have an adult division?

There are always rockets judged and displayed at the fair. You see them in the cases with their ribbons attached. Did you know that Saturday morning the rockets are taken outside and shot into the sky? The members get another chance to win a ribbon, depending on their rocket's flight. It has always been an exciting show. Not all the rockets have flown straight up, and some never leave the launch pad, so the drama of the launch is very exciting!

If cake decorating is more your style, there is a live cake decorating contest. Members bring an undecorated cake and supplies and show the judges how it's done. You can decorate your cake with flowers or words, as long as you make them at the contest.

There is also a fashion review where youth model an outfit they have sewn or altered is down the runway. Contestants answer questions about how their outfit was designed and created. Bring on the newest 4-H Project Runway winner!

Do you know lots of information about your 4-H projects? You can show off all that knowledge at the animal skill-a-thons and the quiz bowl. The skill-a-thons are written tests about every species of animal at the fair, plus horses. The quiz bowl is like a game show where there is a team and they answer questions for points and win fabulous prizes. This year we have the greatest buzzers for the quiz bowl, but you must watch or compete to hear them!

Lastly are the Clover talks and demonstrations. Members share some of what they know about their projects through a Clover Talk or by showing how to do something in a demonstration. There are lots of National contests to go to with these contests, but the path to National starts locally. Let us be your enthusiastic audience.

Please come out to Pinal County fair this year and support everyone. Support the kids with livestock, the rocket builders, Lego builders, cooks, tailors, public speakers, and the demonstrators by cheering them on. The best way to let kids know we support them is to show up. Plan now to come and watch a contest or two, eat a corndog and enjoy the fair. Check the fair book for more information on times and dates: <https://extension.arizona.edu/pinal-county-fair>.





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### SHOWING LIVESTOCK—WHAT TO EXPECT!



The Pinal County fair is just around the corner. Are you ready? If you have a 4-H large livestock project, it should already be entered into the Jr. Livestock site. Don't forget to read the rules and information about the shows. All other 4-H small stock entries can be entered online in ShoWorks, once those dates (entry and deadlines) are released. Don't forget to read up on the requirements outlined in the 4-H Exhibitor Book, which can be found at <https://extension.arizona.edu/pinal-county-fair>

### PASSES

Now that you and your animal are entered online, you can think about how to prepare for the entire week of fair! Are you staying at the fairgrounds? If it is possible, it is truly recommended. It's lots of fun and saves on super early and late-night driving. Get information about this overnight stay as soon as you know, as there are a limited number of spots available. If you do decide to stay, make sure you get a camping pass from your community club leader. This will give you 1 parking pass and one adult week-long pass. Don't forget to count how many family members will be there all week. If they will attend fair more than 2 times that week, it is worth buying a week-long pass for each and one. And who can go to the fair without thinking about those rides? Are the kids going to ride the rides one day or more? You can save if you get a ride bracelet ahead of time, that allows all the rides for one day. Passes will be ordered and paid for through your community club leader. Also remember that if you are a certified 4-H leader, you will receive one FREE week-long pass. And, if your child is showing an animal in the Jr. Livestock Show, they will also receive a week-long pass. Additional passes will need to be purchased.

### PACKING

Let's talk about packing – for your family AND your animal! It will feel like you are moving to the fairgrounds, because you are (for a whole week)! Let's start with the family. Always pack water. Take more water than you think you will drink. If possible, have your kids carry personal water bottles and fill them up from the cooler in your trailer; this keeps from leaving plastic water bottles all over the place. If you are driving every day, ask a friend with a trailer if you could store your cooler with water under or near it. Now let's talk snacks. Never underestimate how many snacks hungry children (and dad's) can eat. If you have 2 kids, pack as if you have 10. If you are staying at the fair, meal plan. No one wants to be exhausted and must produce a meal for hungry people. For lunches, try pre-making sandwiches or something you can hand out that is portable, or they will be begging you for fairway treats all day!

Now let us talk about what to pack for your animal(s) - start with their feed. Bring what you are feeding them at home. Now is not the time to start something new. This could stress them out more and cause them to get sick or go off feed. They need lots of fresh water, so make sure and bring something to hold that water. They will need something to sleep on. Bring some bedding, straw, or shavings. Let us not forget something to clean up that bedding at the end of the week. Bring a wheelbarrow, hay fork, or pitchfork.







# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

**...CONTINUED FROM PAGE 3**

## **WEATHER**

The weather is so unpredictable at this time of year. Be prepared for everything. It might be cold, so bring a jacket and some blankets to sleep in. It might be rainy, so be prepared for the wetness all over the grounds. It might be crazy windy and dusty, so come prepared to tie everything down; don't leave the vent on the top of the trailer open, it might fly away (experience knows). It can also be hot! You cannot run the A/C in the trailer unless you have a generator, but you can run some fans. Remember these tips for your animals as well. Keep in mind that they all have fresh haircuts, so if the temperature drops they will be cold, and if it is hot they might need some fans as well.

## **YOUR TACK BOX**

What do you need to put in your tack box? All your grooming essentials (brushes, clippers, sprays, anything needed to make your animal look beautiful). Do not forget hoof trimmers and scissors. Let us talk about some of the unusual items found in tack boxes that have come in handy:

- A box of baking soda and a small bottle of vegetable oil with a drencher - both things come in handy to prevent bloating in any ruminant animal.
- A fish net from the pet aisle - this is a wonderful thing to fish hay and bedding out of water buckets without having to empty them.
- A watering can (especially when you have smaller kids around) - this is great to top off water buckets and keep kids busy without too much of a mess.
- Cornhuskers oil is always great to have for so many things - it can act as a cheap, quick show shine and it is good for your hands, too.
- Short hose with a sprayer on the end – it can be used in the wash rack or if it is needed to fill buckets.
- Your show chain or halter - have one per animal, because even if you think you will have time to switch between animals, you will not.
- Short lengths of chain with double sided clips are good to have in case you need to latch your gate closed or clip a bucket to the fence.

And lastly, do not forget about decorating your area to educate the public. Check with the rest of your group to see how they want to decorate. Remember that animals like to eat decorations, so they need to be far enough above them to stay safe.

Don't forget to have fun and make memories!

4-H Fair Theme: ***4-H Grows Here.***  
Fair Theme: ***We've Got a Good Thing Growing.***





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### **COUNTRY KICKERS 4-H CLUB—SUBMITTED BY SARAH DUNN, 4-H MEMBER**



Christmas is almost here and the Country Kickers have been as busy as Santa's elves. Almost everyone has their animal project. Some have even started showing! One of my favorite things we do is the holiday light parade in Apache Junction.

We had so much fun decorating our trailer! Unfortunately the parade was rained out. Next is our party and Secret Santa exchange.

I can't wait to see everyone again!

### **IMAGINE COOLIDGE ELEMENTARY 4-H CLUB—SUBMITTED BY LAUREN TRUJILLO, 4-H MEMBER**

At 4-H, we do a lot of fun activities that everybody gets to participate in! These activities teach kids about the world around us in a very fun way.

Being in this 4-H program helps me become more creative and also helps me speak my opinions, thoughts, and helpful ideas that I can share with the people around me!



My favorite part about 4-H is when we got to make origami frogs! Origami is basically folding paper to create something new and fun! Taking part in our school's 4-H program has been a very fun experience for me!

### **STATE 4-H HORSE SHOW—SUBMITTED BY REBECCA DILLARD, COUNTRY KICKER 4-H MEMBER**



This year's 4-H state horse show was held at the Navajo County Fairgrounds in Holbrook on October 1<sup>st</sup> and 2<sup>nd</sup>. The weather was perfect! Dolly was not a fan of the train but got used to it over the two days we were there. Two riders represented Pinal County. Rebecca Dillard competed in Junior Western Show, winning the Showmanship buckle, 3<sup>rd</sup> in Equitation, 3<sup>rd</sup> in Trail, and 8<sup>th</sup> in Western Pleasure. Rebecca also participated in the Junior Gymkhana placing 5<sup>th</sup> in Goat Tying, and 6<sup>th</sup> in Pole Bending. Lily Goncalves competed in Senior Gymkhana, placing 7<sup>th</sup> in Poles and 8<sup>th</sup> in Barrels.





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### **ORACLE OAKS 4-H CLUB—SUBMITTED BY COLT NEHRMEYER 4-H MEMBER**

Hi, my name is Colt Nehrmeier and I am the President of the newly formed Oracle Oaks 4-H Club. We are excited to say our club has 10 members. We hope to recruit more club members next year. Helping me to promote our club is Reese Cruea-Vice-President, Carolina Simons-Treasurer, and Benny Simons is our Secretary.

We are excited to be joining Pinal County with swine projects, cake decorating, public speaking, photography, and poultry. We have been having fun at our meetings learning about leadership, helping the community, and we look forward to putting our future plans into action. We would like to extend an invitation to anyone who wants to join our club, or if you want help with any community service projects, you can reach us at [OracleOaks4-HClub@gmail.com](mailto:OracleOaks4-HClub@gmail.com).

### **HORSE CLINIC—SUBMITTED BY MACEY GONCALVES, MARICOPA TRAILBLAZERS 4-H MEMBER**



On November 13, the Pinal County Horse Project hosted a horse Clinic at the Pinal County Fairgrounds. Mr. Richard Flowers gave classes on English, Western, and Gymkhana. There were 13 members from Maricopa and Pinal Counties that attended. Everyone picked up lots of pointers and spent a great day with their horses.

### **MARICOPA TRAILBLAZERS 4-H CLUB—SUBMITTED BY CALVIN WOODWARD, 4-H MEMBER**

Maricopa Trailblazers have been busy! We had a float and a group of horses that rode in the Maricopa Veteran's Day Parade. We just had a Christmas party where we all exchanged gifts. Now we are all getting ready for the Pinal County Fair at animal tagging day.





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### **ARIZONA STATE FAIR—SUBMITTED BY KENZIE VERSCHURE, BELLA VISTA 4-H MEMBER**

The 2022 Arizona State Fair took place September 23<sup>rd</sup> to October 30<sup>th</sup>. 4-H members across the state competed in showmanship, breed classes, project exhibits, and daily contests. Two members from Bella Vista 4-H club participated in the 2022 AZ State Fair. Emmaline and Kenzie entered projects and also showed rabbits. Emmaline was away at college so could only enter project exhibits and skill-a-thons. Kenzie won Reserve Champion Jr. Rabbit Showmanship and Best of Breed Jersey Wooly and Dutch rabbits. The Premier Exhibitor for Pinal County and Overall was Kenzie as well. We encourage all members to enter the State Fair.



### **NATIONAL 4-H CONGRESS—SUBMITTED BY ASHER GONCALVES, MARICOPA TRAILBLAZERS 4-H MEMBER**



Going to the National 4-H Congress was an incredible experience that I would recommend to anyone who is interested in learning a different side of 4-H. We set off early in the morning on November 25<sup>th</sup>. It was incredibly nerve racking to be on my first flight going so far from home. When we landed I had gotten to know some of the Arizona delegates

better, and figured that we were a pretty big group with eight people and two adults; I was very wrong, we were one of the smallest! Throughout the week we all went to different seminars, speakers, and workshops. But my favorite part of the day had to be lunch because we all sat down and talked about how the day was going, what we were excited for, and shared food to try everything the food court had to offer.

Continuously throughout the week I learned so many things about other states and what it took for them to go, or how much work and planning went into the national event. During our service project, I went to Solidarity Springs Food Pantry, I had one of the longest and most engaging conversations I had there. One of the delegates from Puerto Rico and I talked for at least an hour and a half about tourists, what our homes grew, and the different ways of showing there compared to here.





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### **AZ 4-H SHOOTING SPORTS WORLD—SUBMITTED BY ERIK SCHROEDER, PROGRAM COORDINATOR**

Exciting things are happening in the Arizona 4-H Shooting Sports World. We recently completed our fall Level-1 adult volunteer shooting sports instructor training in Tucson, Arizona. As a result of the training, we now have over 200 certified shooting sports instructors spread across the state of Arizona, including three additional instructors in Pinal County. Please congratulate Rich Miller, Tony Ramos and Kenneth Hayes the next time you see them out at the range. Pinal County was also one of two counties who sent youth members to earn their junior instructor leadership certifications. Please congratulate Easton S. from the Maricopa Trailblazers when you see him next!

Our next big state events we are looking forward to are our State Championship Air and Multi-Discipline Matches.

Our State Championship Air (rifle and pistol) event is being held in Phoenix, Arizona on 18 February 2023. Registration is open until 21 January on the Z-Suite website. All Junior, Intermediate and Senior shooting sports project members are encouraged to participate. To help grow our rifle and air pistol project enrollment, we are relaxing the equipment standards for this event. If you have a standard caliber (.177) air rifle or air pistol, come on out and compete! Please see the State Shooting Sports website ([www.extension.arizona.edu/4hshootingports](http://www.extension.arizona.edu/4hshootingports)) for additional information.

Our State Multi-Discipline Championship Match is being held in Casa Grande, Arizona the weekend of 24-26 February 2023. Registration is open via Z-Suite until 21 January. At this match, all shooting sports Junior, Intermediate and Senior project members can come out and compete in Shotgun, Smallbore Rifle, Smallbore Pistol, Muzzleloader, Archery and Hunting Skills courses of fire with other 4-H members from across the state. Camping is available for a reasonable cost on site. Please see the State Shooting Sports website: ([www.extension.arizona.edu/4hshootingports](http://www.extension.arizona.edu/4hshootingports)) for additional information.

Until we talk again, have fun, shoot straight and stay safe!



# Arizona



SHOOTING



SPORTS



## Pinal County Championship Match 10-11 March 2023

**10 March 2023, 4:00pm Check-in**

Casa Grande VFW, 111 E 2d St

- Air Rifle
- Air Pistol

**11 March 2023, 7:00am Check-in**

Casa Grande Police Range, Directly North of 2766 S Isom Rd

- Smallbore Rifle
- Muzzleloading
- Smallbore Pistol
- Archery
- Shotgun

**Open to all Pinal County 4-H Shooting Sports youth members**  
Junior, Intermediate and Senior age divisions

**Registration opens on Z-Suite 09 January 2023!**





# Arizona



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Cooperative Extension  
4-H Youth Foundation



## STATE AIR CHAMPIONSHIP

18 February 2023

Phoenix, Arizona

- Air Rifle
- Air Pistol

VFW Post 720, 4583 E Thomas Rd, Phoenix, AZ

Open to all 4-H Shooting Sports youth members.

Junior, Intermediate and Senior age divisions.

Seniors competing to attend Nationals in June 2023.

Registration, schedule, and courses of fire forthcoming.

For more information:

<https://www.extension.arizona.edu/4hshootingsports>



# Arizona



 THE UNIVERSITY OF ARIZONA  
Cooperative Extension  
4-H Youth Foundation

**VFW**  
NO ONE DOES MORE FOR VETERANS.



## STATE CHAMPIONSHIP

24-26 February 2023

Casa Grande, Arizona

- Small Bore Rifle
- Shotgun
- Muzzleloading
- Small Bore Pistol
- Archery
- Hunting Skills

**Casa Grande Trap & Skeet, Casa Grande, AZ**

**Open to all 4-H Shooting Sports youth members.**

**Junior, Intermediate and Senior age divisions.**

**Seniors competing to attend Nationals in June 2023.**

**Registration, schedule, and courses of fire forthcoming.**

**For more information:**

**<https://www.extension.arizona.edu/4hshootingsports>**





# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## ***GEOCACHING @GIRL SCOUT MOUNTAIN/NORTH MOUNTAIN***

Do you like treasure hunts? Then join us for a free geocaching event! Explore nature while finding hidden treasures!

Geocaching is using GPS coordinates to find and locate caches. The goal is to work as a group to find all the caches and solve the puzzle within.

It is open to all 4-H friends and families, but please keep in mind that it is an outdoor event.

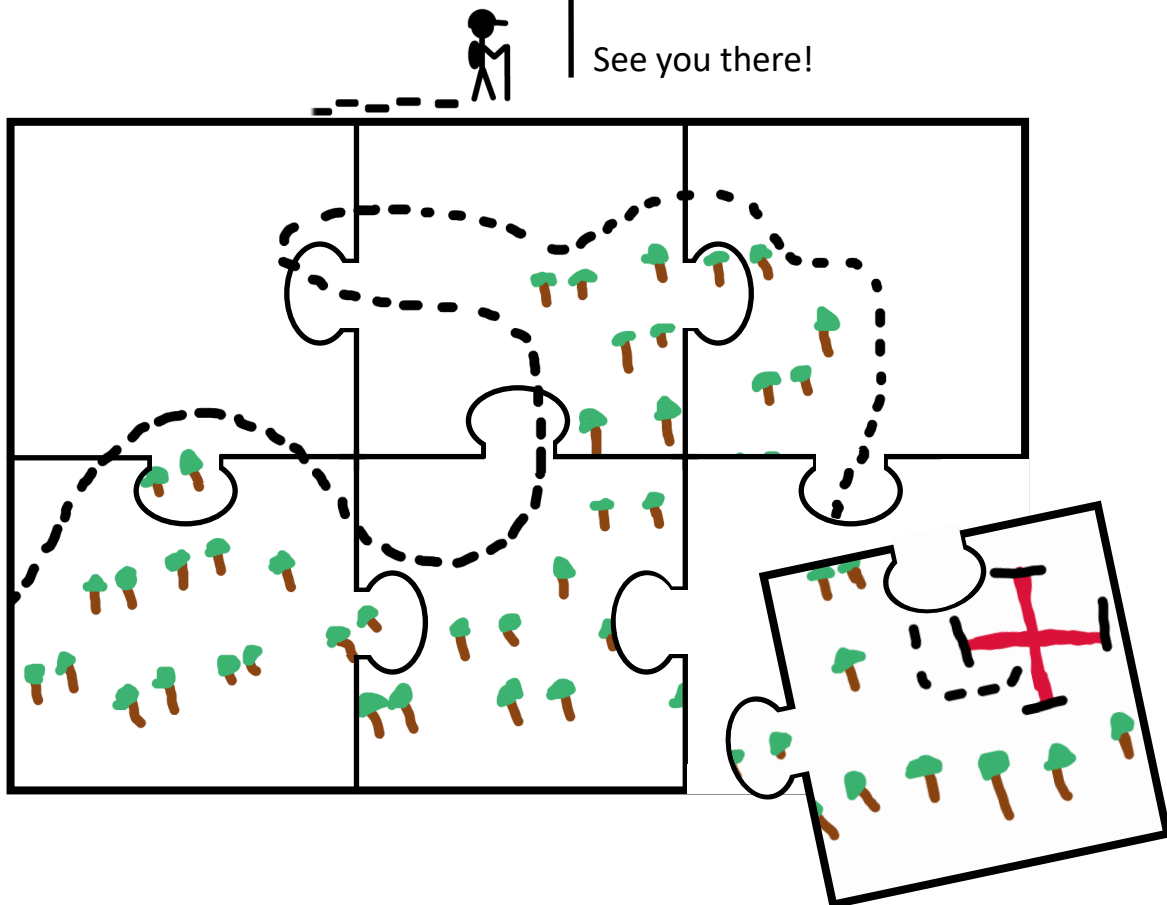
The event will be hosted at Girl Scout Mountain/ North Mountain in Casa Grande on January 16, 2023, at 10:00 AM. Make sure to bring plenty of water, sunscreen, and be prepared to move.

RSVP, email Sarah Turner, 4-H AmeriCorps Members at: [sturner3@email.arizona.edu](mailto:sturner3@email.arizona.edu) or call the Pinal County 4-H Office at: (520) 836-5221, ext. 201.

### **IMPORTANT DETAILS:**

January 16, 2023, 10:00 AM  
12998 N. Cox Rd., Casa Grande, AZ 85194

See you there!





# All Weather Get Together



The Country Kickers 4-H Club is hosting a  
winter get together for all Pinal County 4-H Members & Leaders.

Come join us for a relaxing evening to meet other Pinal County 4-H club members & leaders.

**JANUARY 14, 2023** - **6:00PM—8:00PM**

Circle C Stables—971 East Ranch Road, Apache Junction, Arizona

Country Kickers 4-H Club will provide hot dog dinner, chips, dessert and water.

We look forward to seeing you!

RSVP to Michelle Weese at [\(480\) 612-5347](tel:4806125347) by January 10, 2023.

Let us know how many will be attending.





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Pinal County

University of Arizona, Cooperative Extension, Pinal  
820 East Cottonwood Lane, #C, Casa Grande, AZ 85122  
(520) 836-5221 / <https://extension.arizona.edu/4h/pinal>

# Pinal County Horse Advisory Committee

presents:



## 2023 4-H Shows

**APRIL 1, 2023**

AJ Rodeo Grounds  
1590 E. Dutchman Blvd.  
Apache Junction, AZ

**APRIL 29, 2023**

Thunderbird Farms Arena  
12365 N. Ralston Rd.  
Maricopa, AZ

Pinal County 4-H Members in good standing are encourage to participate.

In order to enter a show go to the following link for more information:

<https://pinalhorse.blogspot.com/>

If you have questions or concerns,  
please contact Dawn Odell at (602) 510-9173 or [the3odells@gmail.com](mailto:the3odells@gmail.com)

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jeffrey C. Silvertooth, Associate Dean & Director, Economic Development & Extension, College of Agriculture and Life Sciences, The University of Arizona.

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# FINAL FY2023 PINAL COUNTY 4-H NEW LEADER TRAINING

Open to all 4-H uncertified leaders. Please remember this is a requirement to become a certified leader volunteer. To get credit for the class, you must be in attendance for the 3-hour session, during the training we will cover many opportunities of leadership with Pinal County 4-H.

Learn more about your role and take home helpful information to improve your clubs throughout the 4-H year.

**INSPIRED TO LEAD  
CALLED TO SERVE**



HEAD



HEART



HANDS



HEALTH

**SATURDAY, JANUARY 28, 2023  
FROM 9:00AM—12:00PM**

University of Arizona, Cooperative Extension  
Pinal County 4-H Office  
820 East Cottonwood Lane, #C  
Casa Grande, AZ 85122

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Register by January 24<sup>th</sup> at <https://4h.zsuite.org/events> or if you have questions contact Crystal Marquez at [marquez8@gmail.com](mailto:marquez8@gmail.com) or (520) 836-5221, x238.



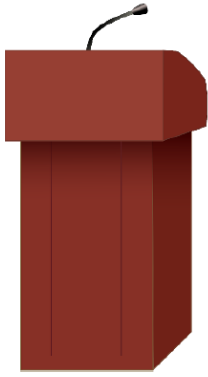
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# Arizona 4-H Communication Days

## Save the Date

### January 28-29



## Maricopa County Cooperative Extension Office

An opportunity for all Arizona 4-H members to showcase all your communication skills including public speaking, art, writing, photography, dance, drama, and music.

*Public Speaking Contests: Prepared Public Speaking, Demonstrations, Impromptu Speaking, Creed Speaking, Horse Prepared Speaking, Horse Demonstrations.*

Pre-Registration Deadline: 01/16/2023  
\$10 registration fee / \$5 per contest  
<https://4h.zsuite.org/event-registrations/16630>

Registration at Door: Day of Event  
\$20 registration fee / \$5 per contest

*\*\* Senior Members can qualify to represent Arizona at Western National Roundup in Prepared Public Speaking, Impromptu Speaking, Horse Prepared Speech, and Horse Demonstration.*



*Photography and Art Show and Online Auction – Display your artwork, have it judged by a professional, and have a chance to sell your piece in the online auction.*

**Creative Writing Contest: Enter poetry and stories to be judged by a professional.**

Clinics including clogging, public speaking, interviewing skills, photography, film making, social media etiquette and safety, and drama.

Sign up to perform on Sunday at the Showcase. Performances can be anything including puppetry, drama, music, or dance.



Lunch for a nominal fee  
Optional Dinner and Dance



Questions or Concerns: Caroline Werkhoven, Assistant in Extension, 4-H Youth Development  
(602) 827-8286 / [cwerkhoven@arizona.edu](mailto:cwerkhoven@arizona.edu)



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Pinal County



# JUNK DRAWER ROBOTICS



4-H at the Main Library

449 N. Drylake St, Casa Grande, AZ 85122

Join us to become a junk drawer robotics engineer! Come learn how to build robotic components from everyday items using concepts in pneumatics, robotic arm design, three dimensional space and the engineering process. Participants (between the ages of 8—18) will be challenged with an engineering task that will help them develop critical thinking, problem solving and teamwork skills. Be ready to learn, have fun and discover more about the Pinal County 4-H program. Event dates are as follows:

January 20, 2023 - 4pm

February 24, 2023 - 4pm

March 24, 2023 - 4pm

April 28, 2023 - 4pm

Sign up today online at <https://pclid.libnet.info/events>. If you have questions or concerns, please contact the Pinal County 4-H Office:

Amy Goncalves, 4-H Extension Professional II  
820 East Cottonwood Lane, #C, Casa Grande, AZ 85122  
(520) 836-5221, ext. 243 / [amygoncalves@arizona.edu](mailto:amygoncalves@arizona.edu)

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, gender identity, or genetic information in its programs and activities.

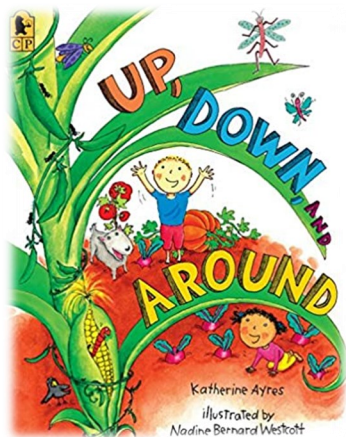
Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting the UA, Cooperative Extension, Pinal County at 866.836.5221. Requests should be made as early as possible to allow time to arrange the accommodation.





# PINAL COUNTY 4-H @ THE MAIN CASA GRANDE LIBRARY

(449 NORTH DRYLAKE STREET, CASA GRANDE, AZ)

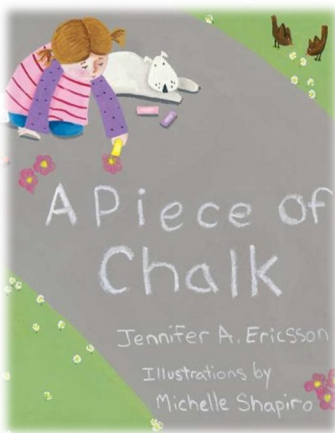


**February 10, 2023 @10:00am**

Let's read a story about vegetables and how they grow.

Then get to plant some of your own vegetables and learn to identify seeds.

Wear clothes that can get dirty and be prepared to get the scoop on where your food comes from.

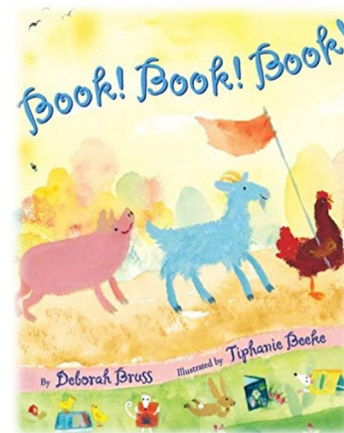


**March 10, 2023 @10:00am**

We will read the story about a little girl and the great pictures she makes with her chalk.

Then we will make our own sidewalk chalk to make fabulous art with.

Wear clothes that can get "art" on.



**April 14, 2023 @10:00am**

What happens when the animals on the farm want to check out a book at the library?

Come find out and learn a little about the animals and maybe get to meet a few.

If you have questions or concerns, please contact the Pinal County 4-H Office:

Amy Goncalves, 4-H Extension Professional II  
820 East Cottonwood Lane, #C, Casa Grande, AZ 85122  
(520) 836-5221, ext. 243 / [amygoncalves@arizona.edu](mailto:amygoncalves@arizona.edu)





# 7th Annual Southern Arizona Equine Health Symposium

January 21, 2023

At the Campus Ag Center, 4101 North Campbell Ave, Tucson

## New for 2023

**Myth Busters sessions on Medical Treatments and Supplements  
Recognizing Lameness in Your Horse (arena demo)**

**Snotty Noses: Do I really need a vet?**

**Horse Care on a Budget: Where to Cut -or- Not**

**PPID and Lameness: What's the Connection?**

### Other Topics:

Horse Care without Riding

Sessions on Feeding the Fatties  
and Emaciated Horses

Trailer Safety/Rules of the Road  
Regenerative Medicine

Who Done It: Disease Outbreak  
Through the Eyes of a Farrier

Is it Time? End of Life Decisions

Emergency Care

Burros, Colic and much more!



For the full schedule and registration visit:

<https://tinyurl.com/SAZEHS>

[Facebook.com/SAZEHS](https://www.facebook.com/SAZEHS)

This is one that you don't want to miss!



THE UNIVERSITY OF ARIZONA  
Cooperative Extension



PURINA®





*Date*  
*Feb 4, 2023*

**ENTRIES DUE: JAN 20**

**LATE ENTRIES: JAN 21-27**

**NO ENTRIES ACCEPTED AFTER  
JAN 27**

**NO ENTRIES AT THE DOOR**

**OPEN TO ALL 4H, FFA, AND OPEN  
EXHIBITORS**

**OPEN TO ALL LARGESTOCK AND  
SMALLSTOCK**

# **CANYON VIEW FFA SHOW DAY**

**SCAN THE QR CODE TO GO TO OUR  
WEBSITE**





Natl 4-H Shooting Sports

# Quiz Bowl

Test your SHOOTING SPORTS knowledge

Open to ALL enrolled 4-H Shooting Sports members

Jan

16-20

REGISTER NOW  
AT LINK BELOW

FEE \$10

PRIZES & RECOGNITION

<https://4-hshootingsports.org/quiz-bowl-study-materials/>

## NATIONAL 4-H SHOOTING SPORTS QUIZ BOWL

Registration opens on January 1, 2023 and teams consist of 3 or 4 members, with the highest three scores counting as the Team Score. Team members will automatically be re registered in the Individual Competition as well as the Team Competition. Quiz Can be taken anytime between January 16 and January 20, 2023. Scores will be based on the number of correct answers and the amount of time it takes to complete the quiz.

TEAM Registration [HERE](#)

/

INDIVIDUAL Registration [HERE](#)

For More Information: <https://4-hshootingsports.org/quiz-bowl-study-materials/>



# DORRANCE SCHOLARSHIP PROGRAMS

Providing academic and financial support to Arizona's first-generation college students



Class of 2023 Deadline:  
Feb. 1, 2023

Apply Online



## Dorrance Scholarship:

**\$12,000**  
per academic year



### Paying for College

The program includes a **\$12,000 scholarship** per academic year for four years. The total program is valued at over **\$100,000**.



### Succeeding Academically

Dorrance Scholars receive more than funding for college. Recipients attend an **Orientation** and a **Summer Bridge** experience to prepare for college. A dedicated **advisor** meets with students regularly and **tutoring** is available when needed.



### Building Camaraderie

International **travel**, an **innovation** experience, and cultural **enrichment** events are designed to help round out the college experience.

Questions? Contact us:

[www.DorranceScholarship.org](http://www.DorranceScholarship.org)

480.405.2410

[Dorrance@DorranceScholarship.org](mailto:Dorrance@DorranceScholarship.org)





## Important Dates

In order to submit an eligible application, complete the following by:

FAFSA recommended deadline:

■ **January 14, 2023**

\_\_\_\_\_ and \_\_\_\_\_

ASU, NAU, or UA Admission and on-campus housing application:

■ **February 2023**

\_\_\_\_\_ and \_\_\_\_\_

ACT registration deadlines:

■ **September 16, 2022**

■ **November 4, 2022**

\_\_\_\_\_ or \_\_\_\_\_

SAT registration deadlines:

■ **October 7, 2022**

■ **November 3, 2022**

\_\_\_\_\_ or \_\_\_\_\_

CLT registration deadlines:

■ **October 10, 2022**

■ **November 3, 2022**

■ **December 1, 2022**

\_\_\_\_\_ or \_\_\_\_\_

PSAT:

■ Due to the impact of COVID-19, applicants for 2023 may submit PSAT scores from sophomore or junior year.

## You may be eligible if you:

- Are an Arizona resident and current graduating senior attending a public, private, charter, or home school
- Will be a first-generation college student (neither parent, stepparent, or legal guardian holds a four-year degree from any country)
- Have a minimum cumulative 3.0 GPA (weighted or unweighted) AND minimum test scores of 1110 SAT, 22 ACT, 72 CLT, or 1050 PSAT (PSAT scores taken during your sophomore or junior year)
- Demonstrate financial need by completing the FAFSA
- Plan to attend one of Arizona's public universities (ASU-Tempe, NAU-Flagstaff, UA-Tucson) and agree to live in on-campus housing during freshman and sophomore year

## 2023 Scholarship Deadlines

**Oct. 1, 2022**

10:00 a.m.

Dorrance Scholarship application opens online

**Feb. 1, 2023**

4:59 p.m.

Dorrance Scholarship Phase I deadline: Online form and supplemental materials due

**Mar. 1, 2023**

4:59 p.m.

Dorrance Scholarship Phase II deadline: Writing samples and recommendation forms due

**Apr. 2023**

TBD

Finalist interviews

**Apr. 30, 2023**

Scholarship recipients announced





## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

# 2022-23 at a Glance w/4-H

### JANUARY

- 11 Holstein Market Calves Entries due
- 14 Country Kickers BBQ
- 14 Livestock Ear Tagging, 9:00-11:00am
- 16 Civil Rights Holiday—Office Closed
- 17 4-H Fair Committee Meeting, 5:30pm
- 20 Junk Drawer Robotics, 4:00pm
- 21 Livestock Ear Tagging, 9:00-11:00am
- 21 Southern AZ Equine Symposium, Tucson
- 28 New Leader Training, 9:00am-12:00pm

### FEBRUARY

- 4 Canyon View—FFA Livestock Show
- 10 State Shooting Match Deadline
- 10 Cloverbuds at the Library, 10:00am
- 13 PC Junior Livestock Meeting, Fairgrounds
- 15 Feeder/Breeding Classes Entries due
- 18 State Shooting, Phoenix
- 24 Junk Drawer Robotics, 4:00pm
- 25-26 State Shooting Match, Casa Grande

### MARCH

- 3 ShoWorks Fair Entries Deadline
- 3-5 AZ 4-H Stock Show & Roundup
- 10 Cloverbuds at the Library, 10:00am
- 11 Pinal County Shooting Match
- 11 Fair Clean Up, 9am—2pm
- 13 Drop-Off Building Exhibits, 8am—6pm
- 14 Drop-Off Perishable Food Items, 8—9am
- 15-19 Pinal County Fair
- 24 Junk Drawer Robotics, 4:00pm

### APRIL

- 1 Pinal County Second Pointed Horse Show
- 4 [Arizona Gives Day Returns](#)
- 14 Cloverbuds at the Library, 10:00am
- 14-19 National 4-H Conference
- 15 [4-H Member Scholarship](#) App Due
- 28 Junk Drawer Robotics, 4:00pm
- 29 Pinal County Third Pointed Horse Show

### JUNE

- 1-2 4-H Pre-Summit, UA
- 3 Clover Ball, UA
- 3-7 4-H Summit, UA
- 17-23 Camp GRIT, James 4-H Camp
- 25-30 National Shooting Sports Competition
- 26-30 Pinal County 4-H Camp

### JULY

- 4 Independence Day—Office Closed
- 10-14 JOLT, James 4-H Camp
- 14-16 Shooting Sports Instructor Training
- 29-30 State Fun Shoot
- 31 Record Book Deadline

### SEPTEMBER

- 30 4-H Year Ends: 2022-23

### OCTOBER

- 1-7 National 4-H Week



## THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

### FRY'S DONATIONS TO PINAL COUNTY 4-H

A simple way to support the Pinal County 4-H Program is through the Fry's Community Rewards Program. Fry's Food and Drug Store will donate a small portion of what you spend every time you use your Fry's card. If you would like to support the 4-H program, please link your Fry's rewards card to the Pinal County 4-H Program.

Instruction to link Pinal County 4-H in the Fry's app (iPhone/Android):

- Open Fry's App
- Top Right—Hand **Menu** (hamburger button)
- Click **Rewards**
- Choose **Community Rewards**
- Choose **Search for Organization**
- Search for **Pinal County 4H** (no hyphen)
- Click **Enroll**



You're all set!!!

### SUPPORT AZ 4-H YOUTH FOUNDATION

amazon smile

Support  
Arizona 4-H Youth  
Foundation

THE UNIVERSITY OF ARIZONA  
Cooperative Extension

4-H  
GROWS HERE

One simple way you can support AZ 4-H is by registering with and using <https://smile.arizona.com> or with AmazonSmile ON in the Amazon Shopping app. Once you set up an account, you can search the AmazonSmile charity list for Arizona 4-H Youth Foundation and select. It will become your charity of choice.

Once you've selected a charity and start using AmazonSmile for your purchases, each will generate a small donation. All those small donations add up to significant contributions to AZ 4-H! To learn more about AmazonSmile go to: [https://smile.amazon.com/gp/chpf/about/ref=smi\\_se\\_rspo\\_laas\\_aas](https://smile.amazon.com/gp/chpf/about/ref=smi_se_rspo_laas_aas).

### WAYS TO GIVE (4-H FOUNDATION)

The Arizona 4-H Youth Foundation 50+ years old—Incorporated in 1970, the foundation was created to support Arizona 4-H programming and 4-H youth through 4-H Scholarships. There are many ways to contribute to the Foundation to help increase future opportunities. You can find out more about contributing to the Arizona 4-H Youth Foundation here <https://extension.arizona.edu/4hfoundation/give>



# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## PINAL COUNTY IS SOCIAL—FOLLOW US!

Like, Love, Comment, Share, Pin, Tag, Tweet, Repeat!

Let's Socialize! Be the first one to know what is happening with The University of Arizona, Cooperative Extension, Pinal County 4-H. Join our online community, stay in the know and get exclusive news/updates! Help us spread the word, you are just a scan away!



Website:  
<http://extension.arizona.edu/4h/pinal>



Instagram:  
[pinalcounty4h](#)



Twitter:  
[@Pinal\\_County\\_4H](#)



Facebook:  
[@pinalcounty4h](#)

## WHAT IS A STATE 4-H HASHTAG AND WHERE CAN I USE IT?

A hashtag is a word or phrase preceded by the number sign or a hash symbol (#), used on social media websites and applications, to identify messages on a specific theme or topic.

Let's make the best, better and show people we are transforming character, knowledge and skills to successful stories by using it during 4-H moments.

- #AZ4H
- #inspirekidstodo
- #trueleadersinservice
- #AZ4Hcares
- #HOWWEFAIRAZ
- #opportunity4all



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# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## CONTRIBUTE TO THE NEWSLETTER

We welcome members and leaders to submit articles highlighting members or examples of what you are doing in your club. If you are hosting a project meeting, activity or event that the entire county would benefit from, this is a great forum to get the word out there.



Please be sure to submit your article to Maria at the 4-H office at [mmelende@cals.arizona.edu](mailto:mmelende@cals.arizona.edu).

We will also post on our Pinal County 4-H social media sites. Submit today, don't delay, and share away!!!

## AZ 4-H YOUTH DEVELOPMENT

Inspiring the next generation of leaders, inventors, entrepreneurs, and problem solvers, transforming the ordinary into the extraordinary - 4-H is the youth development program of The University of Arizona, Cooperative Extension.

Check out the 4-H State Office website for state program opportunities, resources, history and much more.



<https://extension.arizona.edu/4h>

## KEEPING UP WITH 4-H

- 4-H Mall <https://shop4-h.org/>
- 4-H in the USA [4h-usa.org](http://4h-usa.org)
- AZ 4-H [extension.arizona.edu/4h](http://extension.arizona.edu/4h)
- AZ 4-H Youth Foundation [cals.arizona.edu/4-h\\_foundation](http://cals.arizona.edu/4-h_foundation)
- Livestock Inspection [602-542-0872](tel:602-542-0872)
- National 4-H Council [fourhcouncil.org](http://fourhcouncil.org)
- National 4-H Curriculum System [4-h.org/resource-library/curriculum](http://4-h.org/resource-library/curriculum)
- National 4-H Web [4-h.org](http://4-h.org)
- Use of Name & Emblem [national4-hheadquarters.gov](http://national4-hheadquarters.gov)
- Youth Livestock Quality Assurance <https://yqcaprogram.org/>



## GREEN FOUR-LEAF CLOVER

The green four-leaf clover with the white letter "H" in each leaf is the National 4-H Emblem. The design, attributed to L.H. Benson, an Iowa school superintendent, was adopted as the national Emblem in 1911. Once enrolled as a 4-H volunteer leader, you are authorized by your local extension office to use the 4-H Name and Emblem.

The Name and Emblem are protected under the federal statute (Title 18, USC 707) and may only be used in accordance with statute requirements. Only use an official Emblem graphic obtained from an authorized 4-H source which includes the language "18 USC 707" to the right of the stem. Your extension office can provide camera ready or electronic versions of the clover for your use. Text or graphics should never cross the clover emblem.



Green and white are the 4-H colors. Green is nature's most common color and symbolizes youth, life and growth. White stands for purity and high ideals.



# THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

## ABOUT 4-H...

**WHAT IS 4-H?** 4-H is the largest youth-serving organization in the world. 4-H is an organization that serves youth--not just boys and not just girls. From 4-H clubs to special interest groups to school enrichment projects, 4-H includes both boys and girls in activities. 4-H is the youth education component of Cooperative Extension, which is conducted jointly by the U.S. Department of Agriculture, the state land grant university (The University of Arizona), and your county government. 4-H Youth Development has a unique link with a variety of resources from The University of Arizona.

While 4-H has its beginnings in rural America, 4-H now serves young people and volunteers from major urban centers and from suburban communities and rural non-farm settings as well.

**4-H AND THE COMMUNITY!** 4-H doesn't stop with its impact on young people and their families. An integral part of the popularity of 4-H is that it reaches into the communities in which these families live. As part of their 4-H experience, young people are encouraged to develop a better understanding of their communities and to contribute to community betterment.

**4-H IS A FAMILY AFFAIR!** 4-H encourages participation by the entire family. Youth enroll as 4-H members. Other family members help out as club leaders, project leaders, meeting helpers, transportation aides--you name it. Four-H is definitely a family affair.

Most importantly, 4-H families work together on projects and activities, attend meetings and events together and learn together through 4-H. In the process, family members learn more about each other through their involvement in 4-H. They may even become better families, appreciating each other's strengths and talents just a bit better.

**WHAT ARE THE 4 H'S?** The 4 H's stand for Head, Hands, Heart, and Health. The 4 H's represent the four-fold training and development that 4-H'ers receive. At first there were three "H's"

with the fourth "H" of "Health" being added. Together the 4 H's symbolize: the development of HEAD, to think, plan and reason; the HEART, to be concerned with the welfare of others, accept the responsibilities of citizenship, and develop positive attitudes; the HANDS, to be useful, helpful, and skillful; and HEALTH, to practice healthful living, enjoy life and use leisure time productively.

**WHAT'S THE 4-H EMBLEM?** A green four-leaf clover with a white "H" on each clover leaf. The design, attributed to L.H. Benson, An Iowa school superintendent, was adopted as the national emblem in 1911. Similar to a copyright, legislation has been passed so that the 4-H name and emblem may only be used as approved by 4-H.

### WHAT'S THE 4-H PLEDGE?

I pledge...

My **Head** to Clearer Thinking,

My **Heart** to Greater Loyalty,

My **Hands** to Larger Service,

and My **Health** to Better Living.

For my Club, my Community, my Country, and my World.

In repeating the pledge, a member raises the right hand to the side of the head when saying "head", points to their heart when saying "heart", extends hands, palms upward when saying "hands" and then stands straight when speaking rest of the pledge. The pledge was adopted in 1927 during the first National 4-H Club Camp in Washington, D.C. Otis Hall, state 4-H Leader in Kansas was responsible for the original wording, which remained unchanged until 1973 when the words "any my world" were added.

### WHAT'S THE 4-H MOTTO?

"To Make the Best Better" The motto was proposed by Carried Harrison, a botanist with the U.S. Bureau of Plant Industry and was officially adopted in 1927 when the 4-H Pledge was introduced.

**WHAT IS THE 4-H YEAR?** The Arizona 4-H Youth Development program year is October 1 through September 30.

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