

# Growing Herbs for the Health of It!

- What is an Herb vs Spice
- Deciding What Herb to Plant
- Companion Planting
- Health Benefits
- Types of Herbs and Their Uses
- Storage and Preservation



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[extension.arizona.edu/yavapai-gardening](http://extension.arizona.edu/yavapai-gardening)

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## PRESCOTT PUBLIC LIBRARY PRESENTATION

➤ Thursday, August 20, 2026 – 6:00-7:00pm

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