



Coordinated Approach to Child Health (CATCH) Early Childhood Physical Activity is designed to nurture a love of physical activity in children ages 3-5.

Little ones are motivated to walk, run, jump, dance and move their whole bodies while playing and having fun!

CATCH Early Childhood:

- Helps establish classroom management routines & techniques
- Provides resources for giving kids multiple opportunities to experience successful movement
- Makes leading activities easier for teachers
- Makes being active FUN!

FREE Interactive Training

March 28, 2026

10:00 am – 12:00 pm

Location:
Parkside Church
401 Camp Lincoln
Camp Verde, 86322

TRAINING PARTICIPANTS WILL RECEIVE:

- ✓ 2 hours Arizona Early Childhood Workforce Registry credit
- ✓ Developmentally-appropriate activities that promote moderate-to-vigorous physical activity and sample lesson sequences to use in your classroom.
- ✓ Activity equipment to help your site get started implementing CATCH Early Childhood - *One kit per school*



SCAN the QR Code above to enter your name and email address to receive registration information about the March 28th training or future training when scheduled.



THE UNIVERSITY OF ARIZONA
Cooperative Extension