

# ARIZONA STATE 4-H

## COMMUNICATION DAY RULE BOOK 2026



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# Arizona 4-H Horse Presentation Contest Rules

(This contest is a Qualifier for Western National Roundup)

The primary objective of these contests is to provide an opportunity for youth enrolled in Equine related projects such as Horse, Horseless Horse, Equine Science and Vet Science to demonstrate the breadth of their knowledge and understanding of equine science and management as a forum to express their knowledge through public speaking.

## **Age Divisions:**

Junior – 8-10 Years Old  
Intermediate – 11-13 Years Old  
Senior – 14-19 Years Old

Age Divisions will be determined by age as of 1/1/2026.

## **Rules:**

- Subject matter must pertain to the horse industry. Demonstrations or presentations not appropriately related to the horse industry can be disqualified at the discretion of the judge(s).
- Contestants may participate in this contest as an individual or team of two. Team and individual presentations will be judged on the same criteria and will be competing against one another (there are not separate team and individual categories). To qualify for Western National Roundup, both members of a team must be Seniors.
- Contestants shall be in Official 4-H Dress or Business Casual.
- The presentation may be a demonstration or illustrated talk. All references to the term “presentation” in these rules include either demonstration or illustrated talk. A demonstration is defined as a presentation of a step by step procedure with an end product or result. An illustrated talk is defined as a presentation of an idea or topic that uses visual aids to convey the message. Both presentation forms are acceptable and will be evaluated equally, although the delivery methods are different as defined above. Both should utilize visual aids to help convey the major points of the presentation and more than one type of visual aid is preferable. Visual aids may include, but are not limited to: handouts, posters, props, videos, slides, and computer generated media. No live animals may be used.
- Creative audio visual aids may be used, but the contestant must be involved in the making or designing them.
- Contestants are responsible for bringing equipment (including all necessary computer cords), supplies and visual aids. Special arrangements for equipment must be made with the Superintendent prior to the contest.
- Contestants may use notes. However, excessive use of notes may be counted against the contestant. This will be at the discretion of the judges.
- A public address system will not be used, but an easel, podium and table will be provided.

- During the competition the contestants may introduce themselves by name, club and presentation topic.
- Contestants should cite their major reference materials as part of their presentation, but this will not be counted in the allotted time.
- Only the judge(s) may ask questions of the contestant. Question time will not be counted in the allotted time.
- Contestant order will be determined by a random drawing the morning of the contest.
- Ties will be broken by the judges.
- Only videography or pictures of your contestant is allowed. All participant speeches may be filmed or photographed by contest officials with individual consent.
- Once an individual or team has started their demonstration (in this case it is after they have been introduced by the superintendent), they may not receive assistance from any coach, parent, audience member, or other person, which includes, but is not limited to, the stroking of any key on a computer, other audio visual device, holding posters, demo props, etc. Violating this rule is disqualification. However, the Superintendent may assist Junior members if a problem occurs with audio visual equipment or visual aids.

#### **Time Limits:**

- Seniors - Presentations must be at least 10 minutes in length, but no longer than 15 minutes.
- Intermediates - Presentations must be at least 5 minutes in length, but no longer than 10 minutes.
- Juniors - Presentations must be at least 3 minutes in length, but no longer than 8 minutes.
- Participants will be given a 30 second reminder before the minimum time is met and a 30 second warning before the end of time period.
- Time for answering questions and citing sources is not counted in the presentation length.
- One point will be deducted for each minute or fraction of a minute under or over the time limits.

#### **Awards:**

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division may have one champion

# Arizona 4-H

## Horse Presentation Contest

### Score Sheet

Contestant \_\_\_\_\_

County \_\_\_\_\_ Club \_\_\_\_\_

Title \_\_\_\_\_

Please circle a score for each area

Category	Excel	Good	Fair	Needs Improve .	Comments
<b>Appearance</b> <b>(10 points possible)</b>					(Additional comments may be made on the back of this sheet)
Suitably dressed	5	4	3	2	1
Poise & Posture	5	4	3	2	1
<b>Introduction</b> <b>(15 points possible)</b>					
Appropriateness of topic	5	4	3	2	1
Attention of audience gained	5	4	3	2	1
Purpose clearly stated	5	4	3	2	1
<b>Body</b> <b>(50 points possible)</b>					
Accurate and complete	10	9	8	7	6
Correct Method (illustrated or demonstrated)	10	9	8	7	6
Logical steps presented	10	9	8	7	6
Skilled use of visual/other aids	10	9	8	7	6
Overall effective presentation	10	9	8	7	6
5	4	3	2	1	
<b>Summary</b> <b>(15 points possible)</b>					
Purpose Achieved	5	4	3	2	1
Main points summarized	5	4	3	2	1
Quality of References	5	4	3	2	1
<b>Questions</b> <b>(10 points possible)</b>					
Clear and concise response	5	4	3	2	1
Keeps composure	5	4	3	2	1
<b>Column Total</b>					

**Presentation Time**

**Total Time:** \_\_\_\_\_

**Total Points (100 possible)** \_\_\_\_\_

**Less Penalty** \_\_\_\_\_

Excessive Use of Notes (minus 3 points)

Time penalty (minus 1 point for each minute or fraction of a minute)

Junior      under 3 minutes or over 8 minutes

Intermediate      under 5 minutes or over 10 minutes

Senior      under 10 minutes or over 15 minutes

**Total Score** \_\_\_\_\_

# Arizona 4-H

## Horse Public Speaking Contest Rules

(This contest is a Qualifier for Western National Roundup)

The primary objective of these contests is to provide an opportunity for youth enrolled in Equine related projects such as Horse, Horseless Horse, Equine Science and Vet Science to demonstrate the breadth of their knowledge and understanding of equine science and management as a forum to express their knowledge through public speaking.

### **Age Divisions:**

- Junior – 9-10 Years Old
- Intermediate – 11-13 Years Old
- Senior – 14-19 Years Old

Age Divisions will be determined by age as of 1/1/2026.

Only Seniors may qualify for Western National Roundup

### **Rules:**

- Subject matter must pertain to the horse industry. Demonstrations or presentations not appropriately related to the horse industry can be disqualified at the discretion of the judge(s).
- Contestants shall be in Official 4-H Dress or Business Casual.
- Contestants may only participate in this contest as an individual.
- No costumes, posters, props or visual aids may be used, including the use of handouts such as bibliographies and pamphlets. Contestants will be disqualified for using any visual aid, including handouts, prior to, during and after the speech.
- Contestants are not allowed to present any items to the judges.
- Contestants may use notes. However, excessive use of notes may be counted against the contestant. This will be at the discretion of the judges.
- A public address system will not be used, but a podium will be provided which may or may not be used.
- During the competition the contestants may introduce themselves by name, club, age and speech topic.
- Only the judge(s) may ask questions of the contestant. Question time will not be counted in the allotted time. Contestant should repeat the question then answer it.
- Contestant order will be determined by a random drawing and announced at the beginning of the contest.
- Ties will be broken by judge(s).
- For educational purposes the management may videotape all speeches with individual consent. No other videography or pictures are allowed except for your own contestant.

- Speeches must be a new topic and material each year.
- The contestants and audience will be present for speeches.

**Time Limits:**

- Seniors - Speeches must be at least 6 minutes in length, but no longer than 8 minutes.
- Intermediates - Speeches must be at least 3 minutes in length, but no longer than 6 minutes.
- Juniors - Speeches must be at least 2 minutes in length, but no longer than 4 minutes.
- Participants will be given a 30 second reminder before the minimum time is met and a 30 second warning before the end of time period.
- Time for answering questions is not counted in the speech length.
- Two points will be deducted for each 30 seconds over or under the time limit by each of the judges. The speech time limit will begin once the contestant begins to speak after being introduced by the contest superintendent.

**Awards:**

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division may have one champion.

# Arizona 4-H

## Horse Public Speaking Contest Score Sheet

SPEAKER'S NAME \_\_\_\_\_ COUNTY \_\_\_\_\_

CLUB \_\_\_\_\_ TOPIC \_\_\_\_\_

TITLE \_\_\_\_\_

BASIS FOR SCORING	Excel.	Good	Fair	Needs Improv.	Comments (additional comments may be made on the back of this sheet)
<b>General Appearance (10 points possible):</b> Posture & Poise, Appropriate Dress, No Visible Distractions	5 5	4 3 4 3	2 2	1 1	
<b>Projection to Audience (10 points possible):</b> Eye Contact & Facial Expressions Body Control, Gestures	5 5	4 3 4 3	2 2	1 1	
<b>Voice Control (15 points possible):</b> Pitch, Volume Inflection, Emphasis Articulation	5 5 5	4 3 4 3 4 3	2 2 2	1 1 1	
<b>Pronunciation and Enunciation (10 points possible):</b>	10 9	8 7 6	5 4 3	2 1	
<b>Language Effectiveness (10 points possible):</b> Appropriate Words Skill in using Meaningful Quotes	5 5	4 3 4 3	2 2	1 1	
<b>Organization of Contents (25 points possible):</b> Introductory Statements of Key Points Introduction gains attention Body – Development of Key Points Conclusion – Summary of Key Points Statement & Coverage of Topic	5 5 5 5 5	4 3 4 3 4 3 4 3 4 3	2 2 2 2 2	1 1 1 1 1	
<b>Overall Quality (20 points possible):</b> Originality Appropriate Topic Skill in Use of Notes Topic Coverage	5 5 5 5	4 3 4 3 4 3 4 3	2 2 2 2	1 1 1 1	
<b>Column Total</b>					

Total Points: \_\_\_\_\_

Time of Speech: \_\_\_\_\_ minutes \_\_\_\_\_ seconds

Deduction for time: \_\_\_\_\_

Final Score: \_\_\_\_\_

*Junior: Penalty of 2 points for each 30 seconds under 2 minutes or over 4 minutes.*

*Intermediate: Penalty of 2 points for each 30 seconds under 3 minutes or over 6 minutes.*

*Senior: Penalty of 2 points for each 30 seconds under 6 minutes or over 8 minutes.*

# Arizona 4-H Prepared Speech Contest Rules

(This contest is a Qualifier for Western National Roundup)

Contestants can prepare a speech on any topic relative to today's youth. Topic is not required to be 4-H related but must be of interest to youth.

## Age Divisions:

Junior – 8-10 Years Old  
Intermediate – 11-13 Years Old  
Senior – 14-19 Years Old

Age Divisions will be determined by age as of 1/1/2026.

Only Seniors may qualify for Western National Roundup

## Rules:

- Contestants shall be in Official 4-H Dress or Business Casual.
- Contestants may only participate in this contest as an individual.
- No costumes, posters, props or visual aids may be used, including the use of handouts such as bibliographies and pamphlets. Contestants will be disqualified for using any visual aid, including handouts, prior to, during and after the speech.
- Contestants are not allowed to present any items to the judges.
- Contestants may use notes. However, excessive use of notes may be counted against the contestant. This will be at the discretion of the judges.
- A public address system will not be used, but a podium will be provided which may or may not be used.
- During the competition the contestants may introduce themselves by name, club, age and speech topic.
- Only the judge(s) may ask questions of the contestant. Question time will not be counted in the allotted time. Contestant should repeat the question then answer it.
- Contestant order will be determined by a random drawing and announced at the beginning of the contest.
- Ties will be broken by judge(s).
- For educational purposes the management may videotape all speeches with individual consent. No other videography or pictures are allowed except for your own contestant.
- Speeches must be a new topic and material each year.
- The contestants and audience will be present for speeches.

**Time Limits:**

- Seniors - Speeches must be at least 6 minutes in length, but no longer than 8 minutes.
- Intermediates - Speeches must be at least 3 minutes in length, but no longer than 6 minutes.
- Juniors - Speeches must be at least 2 minutes in length, but no longer than 4 minutes.
- Participants will be given a 30 second reminder before the minimum time is met and a 30 second warning before the end of time period.
- Time for answering questions is not counted in the speech length.
- Two points will be deducted for each 30 seconds over or under the time limit by each of the judges. The speech time limit will begin once the contestant begins to speak after being introduced by the contest superintendent.

**Awards:**

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division may have one champion.

# Arizona 4-H

## Prepared Speech Contest Score Sheet

SPEAKER'S NAME \_\_\_\_\_ COUNTY \_\_\_\_\_

CLUB \_\_\_\_\_ TOPIC \_\_\_\_\_

TITLE \_\_\_\_\_

BASIS FOR SCORING	Excel.	Good	Fair	Needs Improv.	Comments (additional comments may be made on the back of this sheet)
<b>General Appearance (10 points possible):</b> Posture & Poise, Appropriate Dress, No Visible Distractions	5 5	4 3 4 3	2 2	1 1	
<b>Projection to Audience (10 points possible):</b> Eye Contact & Facial Expressions Body Control, Gestures	5 5	4 3 4 3	2 2	1 1	
<b>Voice Control (15 points possible):</b> Pitch, Volume Inflection, Emphasis Articulation	5 5 5	4 3 4 3 4 3	2 2 2	1 1 1	
<b>Pronunciation and Enunciation (10 points possible):</b>	10 9	8 7 6	5 4 3	2 1	
<b>Language Effectiveness (10 points possible):</b> Appropriate Words Skill in using Meaningful Quotes	5 5	4 3 4 3	2 2	1 1	
<b>Organization of Contents (25 points possible):</b> Introductory Statements of Key Points Introduction gains attention Body – Development of Key Points Conclusion – Summary of Key Points Statement & Coverage of Topic	5 5 5 5 5	4 3 4 3 4 3 4 3 4 3	2 2 2 2 2	1 1 1 1 1	
<b>Overall Quality (20 points possible):</b> Originality Appropriate Topic Skill in Use of Notes Topic Coverage	5 5 5 5	4 3 4 3 4 3 4 3	2 2 2 2	1 1 1 1	
<b>Column Total</b>					

Total Points: \_\_\_\_\_

Time of Speech: \_\_\_\_\_ minutes \_\_\_\_\_ seconds

Deduction for time: \_\_\_\_\_

Final Score: \_\_\_\_\_

*Junior: Penalty of 2 points for each 30 seconds under 2 minutes or over 4 minutes.*

*Intermediate: Penalty of 2 points for each 30 seconds under 3 minutes or over 6 minutes.*

*Senior: Penalty of 2 points for each 30 seconds under 6 minutes or over 8 minutes.*

# Arizona 4-H Impromptu Speech Contest Rules

(This contest is a Qualifier for Western National Roundup)

An impromptu speech is a speech that you have to make when you haven't prepared the topic in advance.

## Age Divisions:

Junior – 8-10 Years Old  
Intermediate – 11-13 Years Old  
Senior – 14-19 Years Old

Age Divisions will be determined by age as of 1/1/2026.

Only Seniors may qualify for Western National Roundup

## Rules:

- Contestants shall be in Official 4-H Dress or Business Casual.
- Contestants may only participate in this contest as an individual.
- Contestants will select a topic for their speech by randomly drawing three questions from a pool of questions. They will select one question and return the other two. A maximum of one minute will be allowed for this process. Questions will be relative to today's youth and may include current events, 4-H, and/or social issues. Examples of the type of questions include:
  - If I were an author, I would write about...
  - One issue facing teenagers today is...
  - If I could describe my personality as a tree, which tree would I be...
  - What has being involved in 4-H taught me?
- Questions will be at the discretion of the Superintendent. Only the Superintendent will know the questions prior to the contest. No two contestants will speak on the same topic in the same year.
- Contestants will be allowed 3 minutes to organize their thoughts before beginning their presentation. Time will begin when they select their question.
- Contestants will be allowed to organize their thoughts on a 5x7 blank note card (supplied). However, excessive use of notes may be counted against the contestant. This will be at the discretion of the judges.
- Contestants may not use any costumes, posters, visual aids, or props for their presentations.
- Contestants are not allowed to present any items to the judges.
- A public address system will not be used, but a podium will be provided which may or may not be used.
- Contestant order will be determined by a random drawing and announced at the beginning of the contest.

- Ties will be broken by judge(s).
- For educational purposes the management may videotape all speeches with individual consent. No other videography or pictures are allowed except for your own contestant.
- The contestants and audience will be present for speeches.

**Time Limits:**

- Seniors - Speeches must be at least 3 minutes in length, but no longer than 5 minutes.
- Intermediates - Speeches must be at least 2 minutes in length, but no longer than 4 minutes.
- Juniors - Speeches must be at least 1 minute in length, but no longer than 3 minutes.
- Participants will be given a 30 second reminder before the minimum time is met and a 30 second warning before the end of time period.
- Two points will be deducted for each 30 seconds over or under the time limit by each of the judges. The speech time limit will begin once the contestant begins to speak after being introduced by the contest superintendent.

**Awards:**

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division may have one champion.

# Arizona 4-H

## Impromptu Speech Contest Score Sheet

SPEAKER'S NAME \_\_\_\_\_ COUNTY \_\_\_\_\_

CLUB \_\_\_\_\_ TOPIC \_\_\_\_\_

BASIS FOR SCORING	Excel.	Good	Fair	Needs Improv.	Comments (additional comments may be made on the back of this sheet)
<b>General Appearance (10 points possible):</b> Posture & Poise, Appropriate Dress, No Visible Distractions	5 5	4 3 4 3	2 2	1 1	
<b>Introduction (10 points possible):</b> Attention Getting Opening introduced purpose and subject	5 5	4 3 4 3	2 2	1 1	
<b>Body (15 points possible):</b> Main points logically arranged and relevant Important points were easy to follow Appropriate supporting information	5 5 5	4 3 4 3 4 3	2 2 2	1 1 1	
<b>Projection to Audience (10 points possible):</b> Eye Contact & Facial Expressions Body Control, Gestures	5 5	4 3 4 3	2 2	1 1	
<b>Voice Control (10 points possible):</b> Pitch, Volume Inflection, Emphasis	5 5	4 3 4 3	2 2	1 1	
<b>Pronunciation and Enunciation (10 points possible):</b>	10 9	8 7 6	5 4 3	2 1	
<b>Language Effectiveness (10 points possible):</b> Appropriate Words Skill in using Meaningful Quotes	5 5	4 3 4 3	2 2	1 1	
<b>Summary (10 points possible):</b> Stresses important points Has definite closing	5 5	4 3 4 3	2 2	1 1	
<b>Overall Quality (15 points possible):</b> Originality Skill in Use of Notes Topic Coverage	5 5 5	4 3 4 3 4 3	2 2 2	1 1 1	
<b>Column Total</b>					

Total Points: \_\_\_\_\_

Time of Speech: \_\_\_\_\_ minutes \_\_\_\_\_ seconds

Deduction for time: \_\_\_\_\_

Final Score: \_\_\_\_\_

*Junior: Penalty of 2 points for each 30 seconds under 1 minutes or over 3 minutes.*

*Intermediate: Penalty of 2 points for each 30 seconds under 2 minutes or over 4 minutes.*

*Senior: Penalty of 2 points for each 30 seconds under 3 minutes or over 5 minutes.*

# Arizona 4-H

## General Demonstration Contest Rules

(This contest is NOT a Qualifier for Western National Roundup)

A Demonstration can be done on any topic relating to 4-H or any 4-H project. The demonstration can be an illustrated talk or a true how-to demonstration, but must use visual aids.

### Age Divisions:

Junior – 8-10 Years Old  
Intermediate – 11-13 Years Old  
Senior – 14-19 Years Old

Age Divisions will be determined by age as of 1/1/2026.

### Rules:

- Contestants may participate in this contest as an individual or team of two. Team and individual presentations will be judged on the same criteria and will be competing against one another (there are not separate team and individual categories).
- Contestants shall be in Official 4-H Dress or Business Casual.
- The presentation may be a demonstration or illustrated talk. All references to the term “presentation” in these rules include either demonstration or illustrated talk. A demonstration is defined as a presentation of a step by step procedure with an end product or result. An illustrated talk is defined as a presentation of an idea or topic that uses visual aids to convey the message. Both presentation forms are acceptable and will be evaluated equally, although the delivery methods are different as defined above. Both should utilize visual aids to help convey the major points of the presentation and more than one type of visual aid is preferable. Visual aids may include, but are not limited to: handouts, posters, props, videos, slides, and computer generated media. No live animals may be used.
- Creative audio visual aids may be used, but the contestant must be involved in the making or designing them.
- Contestants are responsible for bringing equipment (including all necessary computer cords), supplies and visual aids. Special arrangements for equipment must be made with the Superintendent prior to the contest.
- Contestants may use notes. However, excessive use of notes may be counted against the contestant. This will be at the discretion of the judges.
- A public address system will not be used, but an easel, podium and table will be provided.
- During the competition the contestants may introduce themselves by name, club and presentation topic.
- Contestants should cite their major reference materials as part of their presentation, but this will not be counted in the allotted time.

- Only the judge(s) may ask questions of the contestant. Question time will not be counted in the allotted time.
- Contestant order will be determined by a random drawing the morning of the contest.
- Ties will be broken by the judges.
- Only videography or pictures of your contestant is allowed. All participant speeches may be filmed or photographed by contest officials with individual consent.
- Once an individual or team has started their demonstration (in this case it is after they have been introduced by the superintendent), they may not receive assistance from any coach, parent, audience member, or other person, which includes, but is not limited to, the stroking of any key on a computer, other audio visual device, holding posters, demo props, etc. Violating this rule is disqualification. However, the Superintendent may assist Junior members if a problem occurs with audio visual equipment or visual aids.

#### **Time Limits:**

- Seniors - Presentations must be at least 10 minutes in length, but no longer than 15 minutes.
- Intermediates - Presentations must be at least 5 minutes in length, but no longer than 10 minutes.
- Juniors - Presentations must be at least 3 minutes in length, but no longer than 8 minutes.
- Participants will be given a 30 second reminder before the minimum time is met and a 30 second warning before the end of time period.
- Time for answering questions and citing sources is not counted in the presentation length.
- One point will be deducted for each minute or fraction of a minute under or over the time limits.

#### **Awards:**

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division may have one champion.

# Arizona 4-H

## Demonstration Contest

### Score Sheet

**Contestant** \_\_\_\_\_

**County** \_\_\_\_\_ **Club** \_\_\_\_\_

**Title** \_\_\_\_\_

Please circle a score for each area

<b>Category</b>	<b>Excel</b>	<b>Good</b>	<b>Fair</b>	<b>Needs Improve .</b>	<b>Comments</b>
<b>Appearance</b> <b>(10 points possible)</b>					(Additional comments may be made on the back of this sheet)
Suitably dressed	5	4	3	2	1
Poise & Posture	5	4	3	2	1
<b>Introduction</b> <b>(15 points possible)</b>					
Appropriateness of topic	5	4	3	2	1
Attention of audience gained	5	4	3	2	1
Purpose clearly stated	5	4	3	2	1
<b>Body</b> <b>(50 points possible)</b>					
Accurate and complete	10	9	8	7	6
Correct Method (illustrated or demonstrated)	10	9	8	7	6
Logical steps presented	10	9	8	7	6
Skilled use of visual/other aids	10	9	8	7	6
Overall effective presentation	10	9	8	7	6
2	1	2	1	2	1
<b>Summary</b> <b>(15 points possible)</b>					
Purpose Achieved	5	4	3	2	1
Main points summarized	5	4	3	2	1
Quality of References	5	4	3	2	1
<b>Questions</b> <b>(10 points possible)</b>					
Clear and concise response	5	4	3	2	1
Keeps composure	5	4	3	2	1
<b>Column Total</b>					

**Presentation Time**

**Total Time:** \_\_\_\_\_

**Total Points (100 possible)** \_\_\_\_\_

**Less Penalty** \_\_\_\_\_

Excessive Use of Notes (minus 3 points)

Time penalty (minus 1 point for each minute or fraction of a minute)

Junior      under 3 minutes or over 8 minutes

Intermediate      under 5 minutes or over 10 minutes

Senior      under 10 minutes or over 15 minutes

**Total Score** \_\_\_\_\_

# Arizona 4-H Creed Speaking Contest Rules

(This contest is NOT a Qualifier for Western National Roundup)

The purpose of the Creed Speaking Contest is to develop the ability of members to demonstrate their interpretation and self-expression of the 4-H Creed.

## Age Divisions:

Junior – 8-10 Years Old  
Intermediate – 11-13 Years Old  
Senior – 14-19 Years Old

Age Divisions will be determined by age as of 1/1/2026.

## Rules:

- Contestants shall be in Official 4-H dress or Business Casual.
- Member will present the National 4-H Creed completely from memory.
- Each participant shall begin the presentation by stating “The National 4-H Creed.” Each participant shall end the presentation with the statement, “...dedicate my efforts to their fulfillment. Thank you.” Additional introductory or concluding remarks will be penalized.
- Participants will be asked questions directly related to the 4-H Creed following their presentation. Questions will be formulated by the event judges.
- The event will be a timed activity with two minutes for presentation. After two minutes, participants will be penalized 1 point for each 15 seconds over time.
- Participants will be scored on their general appearance, projection to the audience, voice control, pronunciation and enunciation, accuracy, overall presentation and answers to questions.
- Event officials will randomly determine the speaking order.
- A public address system will not be used, but a podium will be provided which may or may not be used.
- One point will be deducted for each added or deleted word. A reader, other than the judge(s), will be used to check the wording and determine mistakes.
- A contestant may ask for the next word to be given to them, by stating "Word", but an additional point will be deducted, making that one word a deduction of 2 points.
- Only the judge(s) may ask questions of the contestant. Question time will not be counted in the allotted time. Contestant should repeat the question then answer it.
- Ties will be broken by judges.

- Only videography or pictures of your contestant is allowed. All participant speeches may be filmed or photographed by contest officials with individual consent.
- The contestants will be held in a holding room during other contestant presentations. Contestants will be brought into the competition room by a contest volunteer to give his/her presentation and questions. Contestant will then be returned to the holding room for the duration of the contest. Any contestant speaking about the competition in the holding room will be disqualified.
- Guests and parents will be allowed to view the contest. However, any contestant competing in Creed Speaking, regardless of age group, will not be allowed into the contest room. If a contestant is present in the contest room at any time, that contestant will be disqualified.

**Awards:**

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division may have one champion.

### **The National 4-H Creed**

I believe in 4-H Club work for the opportunity it will give me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to think, to plan and to reason.

I believe in the training of my HEART for the nobleness it will give me to become kind, sympathetic and true.

I believe in the training of my HANDS for the ability it will give me to be helpful, skillful and useful.

I believe in the training of my HEALTH for the strength it will give me to enjoy life, to resist disease, and to work efficiently.

I believe in my country, my state, and my community, and in my responsibility for their development.

In all these things I believe, and am willing to dedicate my efforts to their fulfillment.

Thank you.

# Arizona 4-H Creed Speaking Contest Score Sheet

SPEAKER'S NAME \_\_\_\_\_ COUNTY \_\_\_\_\_

BASIS FOR SCORING	Excel.	Good	Fair	Needs Improv.	Comments (additional comments may be made on the back of this sheet)
<b>General Appearance (10 points possible):</b> Poise and Posture Appropriate Dress	5 5	4 3 4 3	2 2	1 1	
<b>Projection to Audience (15 points possible):</b> Eye Contact and Facial Expression Body Control, Gestures Attitude, Confidence	5 5 5	4 3 4 3 4 3	2 2 2	1 1 1	
<b>Voice Control (15 points possible):</b> Pitch Volume Speed	5 5 5	4 3 4 3 4 3	2 2 2	1 1 1	
<b>Pronunciation and Enunciation (25 points possible):</b> Pronunciation Fluency Emphasis Sincerity Conveyance of thought and meaning	5 5 5 5 5	4 3 4 3 4 3 4 3 4 3	2 2 2 2 2	1 1 1 1 1	
<b>General Effect (20 points possible):</b> Understandable Convincing Pleasing Held Attention.	5 5 5 5	4 3 4 3 4 3 4 3	2 2 2 2	1 1 1 1	
<b>Response to Questions (15 points possible):</b> Answered Question Thoughts Were Organized Speaking Unrehearsed	5 5 5	4 3 4 3 4 3	2 2 2	1 1 1	
<b>Column Total</b>					

Total Points: \_\_\_\_\_

Time of Speech: \_\_\_\_\_

Deduction for time: \_\_\_\_\_

Accuracy Deduction: \_\_\_\_\_

Final Score: \_\_\_\_\_

# Arizona 4-H Art and Photography Show Rules

(This contest is NOT a Qualifier for Western National Roundup)

The purpose of the Art and Photography Show is to give members a chance to highlight their non-verbal communication skills.

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**Divisions:** All artwork will be judged in one of 9 divisions. Each “Age Division” will have three “Art Divisions”.

## Age Divisions:

Junior – 8-10 Years Old  
Intermediate – 11-13 Years Old  
Senior – 14-19 Years Old

Age Divisions will be determined by age as of 1/1/2026.

## Art Divisions:

2D Art  
3D Art  
Photography

## Show Rules:

- Members may enter 5 pieces of artwork total, but those 5 entries can be any combination of divisions. (*Examples: All 5 entries in Photography or 2 entries in 2D Art, 1 entry in 3D Art and 2 entries in Photography*)
- Artwork can be anything that the exhibitor considers art. Including but not limited to acrylics, ceramics, charcoal, digital illustration, drawing, fiber art, metalwork, mixed media, oils, pastel or chalk, pen or ink wash, photography, sculpture, watercolor, or woodwork.
- All entries must be original works and not previously shown in an Arizona State 4-H Art Show.
- No kits, patterns, prints or copies are allowed.
- Show organizers reserve the right to turn away any submissions that it deems inappropriate or offensive in subject matter including works with overtly pornographic, discriminatory or violent messages.

- Artwork must be completely dry at time of submission.
- All entries must be labeled on the back or bottom with the name and age of the exhibitor.
- Two-dimensional work, 2D Art, should be attached to a mat board leaving a border around the outer edge. Artwork can be framed but must be wire hung. 2D Art should be no larger than 16" x 20".
- Three dimensional work, 3D Art, will be displayed on a table and should be secure enough to withstand minor table movement. 3D Art should not be taller than 3'.
- Photography should be mounted securely to black or white mat board, leaving a border around the outer edge. Photos must be no smaller than 5" X 7" and no larger than 16" X 20".
- Frames with sawtooth hangers will **not** be able to be displayed.
- Judging is closed to the public. It shall be at the sole discretion of the judges whether the entries are awarded Blue, Red, or White Awards or Best of Show Rosettes. No division or class may be reopened after the judging is finished.
- Any artwork will need to be picked up at the end of the day. Event organizers should be notified if someone other than the exhibitor will be picking up the artwork.

### **Awards:**

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each division may have one champion.
- There may be a Fan Favorite Award in each division. That award will be based on in-person votes from those attending the show.



**ARIZONA 4-H**  
**2D ART SCORE SHEET**



Name \_\_\_\_\_ Age \_\_\_\_\_ Tag # \_\_\_\_\_

<b>BASIS FOR SCORING</b>	<b>Excel.</b>	<b>Average</b>	<b>Needs Improv.</b>	<b>Comments</b> (additional comments may be made on the back of this sheet)
<b>Overall Appearance:</b> Mounted/Displayed Complete composition Appeal	5 4 10 9 8 10 9 8	3 7 6 5 4 7 6 5 4	2 1 3 2 1 3 2 1	
<b>Composition:</b> Main Subject Details	5 4 5 4	3 3	2 1 2 1	
<b>Creativity:</b> Unique Personal Color choice	10 9 8 10 9 8 10 9 8	7 6 5 4 7 6 5 4 7 6 5 4	3 2 1 3 2 1 3 2 1	
<b>Skill:</b> Shape, pattern, symmetry Texture Movement/flow	10 9 8 10 9 8 10 9 8	7 6 5 4 7 6 5 4 7 6 5 4	3 2 1 3 2 1 3 2 1	
<b>Medium:</b> Appropriate use of medium	5 4	3	2 1	
<b>Column Total</b>				

Circle One: Junior

Intermediate

Senior

**Ribbon**

Blue _____	Red _____	White _____	
Excellent (100-85)	Good (84-70)	Needs Improvement (69-50)	Champion _____



ARIZONA 4-H  
3D ART SCORE SHEET



Name \_\_\_\_\_ Age \_\_\_\_\_ Tag # \_\_\_\_\_

BASIS FOR SCORING	Excel.	Average	Needs Improv.	Comments (additional comments may be made on the back of this sheet)
<b>Overall Appearance:</b> Neat and Clean Consistent Appeal	10 9 8 10 9 8 10 9 8	7 6 5 4 7 6 5 4 7 6 5 4	3 2 1 3 2 1 3 2 1	
<b>Construction:</b> Durable Appropriate materials	10 9 8 10 9 8	7 6 5 4 7 6 5 4	3 2 1 3 2 1	
<b>Creativity:</b> Unique	10 9 8	7 6 5 4	3 2 1	
<b>Design:</b> Attention to detail Aesthetic Good use of space	10 9 8 10 9 8 10 9 8	7 6 5 4 7 6 5 4 7 6 5 4	3 2 1 3 2 1 3 2 1	
<b>Workmanship:</b> Technique	10 9 8	7 6 5 4	3 2 1	
<b>Column Total</b>				

Circle One: Junior

Intermediate

Senior

**Ribbon**

Blue _____	Red _____	White _____	
Excellent (100-85)	Good (84-70)	Needs Improvement (69-5)	Champion _____



ARIZONA 4-H  
PHOTOGRAPHY SCORE SHEET



Name \_\_\_\_\_ Age \_\_\_\_\_ Tag # \_\_\_\_\_

BASIS FOR SCORING	Excel.	Average	Needs Improv.	Comments (additional comments may be made on the back of this sheet)
<b>Overall Appearance:</b> Mounted/Displayed Complete composition Artistic expression Impact/Mood	5 4 10 9 8 10 9 8 10 9 8	3 7 6 5 4 7 6 5 4 7 6 5 4	2 1 3 2 1 3 2 1 3 2 1	
<b>Composition:</b> Focal Point Spacing Viewpoint Eye Movement	10 9 8 10 9 8 10 9 8 10 9 8	3 3 3 7 6 5 4	2 1 2 1 2 1 3 2 1	
<b>Creativity:</b> Unique	10 9 8	7 6 5 4	3 2 1	
<b>Skill:</b> Focus Light/Color/Exposure	5 4 5 4	3 3	2 1 2 1	
<b>Visual Effects:</b> Line/Shape/Pattern/Framing	5 4	3	2 1	
<b>Column Total</b>				

Circle One: Junior

Intermediate

Senior

Ribbon

Blue _____	Red _____	White _____	
Excellent (100-85)	Good (84-70)	Needs Improvement (69-50)	Champion _____

# Arizona 4-H Creative Writing Contest Rules

(This contest is NOT a Qualifier for Western National Roundup)

The purpose of the Creative Writing Contest is to provide members an opportunity to show their work and have their writing skills critiqued.

## Age Divisions:

Junior – 8-10 Years Old  
Intermediate – 11-13 Years Old  
Senior – 14-19 Years Old

Age Divisions will be determined by age as of 1/1/2026.

## Rules:

- All entries must be submitted digitally by the entry deadline to [gabrielsonv@arizona.edu](mailto:gabrielsonv@arizona.edu).
- The first page of the actual writing composition should include the title of the piece, but no personal information.
- All entries must be typed using a 10 point type or larger and have one-inch margins. All multi-page entries must have the title and page number on every page..
- The writer's name cannot appear anywhere on the pages with the submission.
- Length: Poems should be no longer than two pages; essays should be between 500-1500 words; and short stories may be up to 10 pages.
- Show organizers reserve the right to turn away any submissions that it deems inappropriate or offensive in subject matter including works with overtly pornographic, discriminatory or violent messages.
- Work must be original. Any borrowed ideas or language must be appropriately acknowledged.

## Awards:

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division may have one champion.
- There may also be a Fan Favorite Award in each division. That award will be based on in-person votes from those attending the show.



ARIZONA 4-H  
CREATIVE WRITING SCORE SHEET



Name \_\_\_\_\_ Age \_\_\_\_\_ Tag # \_\_\_\_\_

BASIS FOR SCORING	Excel.	Average	Needs Improv.	Comments (additional comments may be made on the back of this sheet)
<b>Conventions:</b> Spelling/grammar Punctuation Title	10 9 8 5 4 5 4	7 6 5 4 3 3	3 2 1 2 1 2 1	
<b>Style:</b> Consistent and flows Format/structure	10 9 8 10 9 8	7 6 5 4 7 6 5 4	3 2 1 3 2 1	
<b>Creativity:</b> Originality Has a personal voice	10 9 8 10 9 8	7 6 5 4 7 6 5 4	3 2 1 3 2 1	
<b>Language:</b> Word Choice Imagery	10 9 8 10 9 8	7 6 5 4 7 6 5 4	3 2 1 3 2 1	
<b>Appearance:</b> Font/handwriting is easy to read Mounted or Protected Neatness	5 4 5 4 10 9 8	3 3 7 6 5 4	2 1 2 1 3 2 1	
<b>Column Total</b>				

Circle One: Junior

Intermediate

Senior

Ribbon

Blue _____	Red _____	White _____	
Excellent (100-85)	Good (84-70)	Needs Improvement (69-50)	Champion _____

# Arizona 4-H FCS Parliamentary Procedure Contest Rules

**(This contest is a Qualifier for Western National Roundup)**

Parliamentary Procedure is the process for proposing, amending, approving and defeating legislative motions. This contest is a written test that will test each contestant's knowledge of parliamentary procedure. To qualify to represent Arizona at Western National Roundup, Seniors will also have an oral presentation on a given topic.

## **Age Divisions:**

- Junior – 8-10 Years Old
- Intermediate – 11-13 Years Old
- Senior – 14-18 Years Old

Age Divisions will be determined by age as of 1/1/2026.

*\*Only Seniors may qualify for Western National Roundup*

## **Written Test:**

- A 25-question written test will be given to each contestant.
- Each question will be multiple choice and worth 2 points.
- Each age division will have a different test.

## **Oral Presentation:**

- Only seniors wishing to qualify for the Western National Roundup, should prepare an oral presentation.
- Contestants will give a short presentation about this year's topic: Officer Roles and Responsibilities. During the presentation, the contestants will be judged on: their oral presentation skills, the content of their oral presentation, and their knowledge of parliamentary procedure. The presentation should be in the following format:
  - Name and club or county
  - Two minutes or less presentation about this year's topic: Officer Roles and Responsibilities. Contestant can present on any aspect of the topic. There is not enough time to present about the entire topic.
    - For example: a presentation on the role of the president during a meeting or how to prepare an agenda.
- Contestants may use notes. However, excessive use of notes may be counted against the contestant. This will be at the discretion of the judge(s).
- A public address system will not be used, but a podium will be provided.

## **Scoring:**

- The written test will be worth 2 points for each question (50 points total).
- The oral presentation will be worth 100 points.
- Ties will be broken by the judges.

## **Awards:**

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division may have one champion.

# Arizona 4-H

## Parliamentary Procedure Presentation Contest Score Sheet

SPEAKER'S NAME \_\_\_\_\_ COUNTY \_\_\_\_\_

CLUB \_\_\_\_\_ TOPIC \_\_\_\_\_

TITLE \_\_\_\_\_

BASIS FOR SCORING	Excel.	Good	Fair	Needs Improv.	Comments (additional comments may be made on the back of this sheet)
<b>General Appearance (10 points possible):</b> Posture & Poise, Appropriate Dress, No Visible Distractions	5 5	4 3 4 3	2 2	1 1	
<b>Projection to Audience (15 points possible):</b> Eye Contact & Facial Expressions Body Control, Gestures	5 10 9	4 3 8 7 6	2 5 4 3	1 2 1	
<b>Voice Control (15 points possible):</b> Pitch, Volume Inflection, Emphasis Articulation	5 5 5	4 3 4 3 4 3	2 2 2	1 1 1	
<b>Pronunciation and Enunciation (10 points possible):</b>	10 9	8 7 6	5 4 3	2 1	
<b>Language Effectiveness (10 points possible):</b> Appropriate Words	5	4 3	2	1	
<b>Organization of Contents (25 points possible):</b> Introductory Statements of Key Points Introduction gains attention Body – Development of Key Points Conclusion – Summary of Key Points Statement & Coverage of Topic	5 5 5 5 5	4 3 4 3 4 3 4 3 4 3	2 2 2 2 2	1 1 1 1 1	
<b>Overall Quality (20 points possible):</b> Originality Appropriate Topic Skill in Use of Notes Topic Coverage	5 5 5 5	4 3 4 3 4 3 4 3	2 2 2 2	1 1 1 1	
<b>Column Total</b>					

Total Points: \_\_\_\_\_

# Arizona 4-H Performing Arts Showcase

## Rules

**(This is NOT a Qualifier for Western National Roundup)**

The purpose of the Performing Arts Showcase is to allow members the opportunity to display their performing arts skills in a non-competitive environment..

### **Rules:**

- This is a showcase, not a competition. No awards will be given.
- Acts may include (but not limited to) singing, dancing, instrumental music, skits, magic, comedy, martial arts, juggling, **NO LIP-SYNCHING**
- Each performer is permitted only one entry into the showcase, unless they are also a part of a group performance.
- Students who are part of a group act should indicate the group on the registration form. Each member of the group should register separately.
- Recommended length is 3 minutes; acts must be no more than 5 minutes.
- The act must have no fire, profanity, sex, nudity or violence and must be safe for the performers. (*No danger acts*)
- Costumes must be respectful, tasteful and appropriate for all age groups.
- Acts are responsible for their own props and costumes.
- If the act requires recorded accompanying music, the music must be emailed as an mp3 file to [gabrielsonv@arizona.edu](mailto:gabrielsonv@arizona.edu).
- Acts will be asked to show their performance to an event organizer or 4-H Agent to determine appropriateness.