

Tips for Desert Riding

FIRST AID SUPPLIES

- Bandage & Scissors
- Antibiotic Ointment
- Telfa Pad
- Roll Cotton
- Vet Wrap
- Elastikon
- Electrolytes
- Syringes
- Antibacterial Scrub
- Banamine- from your vet



BEWARE of HAZARDS

Extreme Heat Cactus

Rocks

Snakes

Scorpions

Wire

Africanized Bees



TRAIL TOOLS

- Large Comb (for cactus)
- Needle Nose Pliers
- Baling Twine
- Duct Tape
- Hoof Pick



Emergency Contacts:

2 Copies,
One on Horse
One on Rider



How much is too much?

1100# Horse can carry
20-25% of Body Weight = 220-275#

200# Rider

45# Saddle

5#=5 waters

10#=Saddle bags
(snacks, tools, meds)

= 260#

Start Hydrated How much Water?



Humans--16 oz/hr on trail

Horses--Plan ahead for sources

Consider giving electrolytes before ride

Picky Drinker?

(bring collapsible bucket/molasses)

Always tell someone where you're riding and when you plan to return