



HELP YOUR CHILDREN GET READY TO READ BY SINGING!



**TRY THIS
AT HOME**

Singing with your children is an easy and fun way to help them learn new words and the sounds that make up words.

- Sing with your children as you go about your day. Sing to them to tell them what you are doing.
- Sing songs before meals, before bed, while getting ready for the day, and while walking or driving.
- Sing the songs you remember singing as a child. Tell your children stories about singing with your family when you were a child.
- Play music for your children while you are driving or spending time together at home.
- Make up songs with your children. You can use real words or funny sounds.
- Use funny voices while you sing.
- Sing songs in many different languages. Look online to learn songs in Apache, English, or Spanish.
- If your child is not talking yet, sing to them while doing everyday things like changing their diaper or feeding them. While you are singing make eye contact, smile, and move their hands or feet to the beat!
- If your child is older, ask them to teach you their favorite song.



Baby College 101: Courses for Atchíní Yázhí

This program provides free early literacy materials, activities, and events to Navajo families with children ages 0 – 6.
Learn more: <https://extension.arizona.edu/NavajoBabyCollege> or email DineBabyCollege@arizona.edu

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