



HELP YOUR CHILDREN GET READY TO READ WITH LETTERS!



**TRY THIS
AT HOME**

- Knowing the letters and their sounds will help your children get ready to read and write.
- Teaching the letters will help children learn that letters have sounds and these sounds make words

Tell your children how to say the letters.

- Point out letters when you see them: "That sign says Apples. That is an A."
- Help your children learn the alphabet. Make it fun by singing the Alphabet Song!

Tell your children the sounds.

- Tell your child each letter has its own sound and some have two sounds. Demonstrate the sounds.
- Start with your child's name! Write down their name and then tell them the sound that each letter makes. Ask them to repeat the sound after you say it.

Play a game!

- Write ten uppercase letters and the same ten letters as lowercase letters on a piece of paper. Spread out the letters so they cover the whole page and the upper and lowercase letters are not near each other. Point to an uppercase letter and ask your child to find the lowercase letter. Help them if they have trouble finding it. Tell them the name of the letter, the sound it makes and help them trace the letter with their finger.



Baby College 101: Courses for Ałchíní Yázhí

This program provides free early literacy materials, activities, and events to Navajo families with children ages 0 – 6.
Learn more: <https://extension.arizona.edu/NavajoBabyCollege> or email DineBabyCollege@arizona.edu

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