

Examples of Outcomes from the Healthy Community Committees



Be Healthy! Sierra Vista

- Worked with the city to get free bikes and equipment to check out at the public library.
- Worked with the city to review and change bus routes so that those without adequate transportation could get to grocery, medical, work at optimal times of the day free transportation to the local Farmer's market.
- Created a "bus buddy" so that new riders on the bus system could navigate the bus.
- Created farmers market navigators so that people could find vendors that could help with WIC and SNAP-Ed vouchers.
- Participated in screen smart campaigns.
- Hosted a Facebook Live session to get the facts out about COVID-19
- Created a physical activity bingo project and campaign to get out and move safely during COVID-19
- Worked with local farmer to provide fresh produce to a school.
- Worked with an after-school program to develop a health snack policy.
- Sponsored a POWWOW event to over 500 citizens (3 events) brought 35,000 lbs. in fresh produce to Palominas for free with grant support through a partnership at the Copper Queen Clinic.
- The City of Sierra Vista participated in a strategic planning session and took components of that plan and incorporated them into the city plan.
- Supported City programs to develop healthier snacks.
- Supported snack regulations for afterschool programs.
- Dedicated time to sharing information about local food systems via social media to the general community.
- Hosted a Facebook Live: Dr. Eric McLaughlin from the County Health Department provided updated information about COVID-19 and the vaccines.
- Created a Facebook page (<https://www.facebook.com/behealthysierravista/>)
- Held meetings at the local Farmer's Market to engage with the community and open their membership.
- Hosted a "Town Hall" meeting. As a result of that meeting the committee adopted three major focuses, 1. Healthy Food Access: Vegetables and fruits at small stores, stands 2. Paths, Wayfinding: family friendly guide to local physical activity resources. 3. Lifestyle: Work fun, recreational, healthy work/life balance, "permission to have fun," city-wide normalization, "Work to Live, Not Live to Work," sense of community
- Created an initiative call "Feel Good! Sierra Vista" to support businesses to adopt a wellness initiative.
- Participated in the West End Fair supporting small, local growers.



Healthy Huachuca City

- Received their 501(c)3 status.
- Received a private cube for medical appointments working with Benson Hospital
- Curbside Numbering in partnership with the Boys and Girls Scouts for first responders to find houses easier in case of an emergency.
- Transportation grant between Huachuca City and Tombstone-hire a bus driver
- Funding for COVID Shields
- Partnered with EFNEP & Lions Club on diabetes prevention program.
- Worked with the city to clean the noxious weed, Tribulus Terrestris seed pods aka “goat heads”
- Support HC Community Garden to provide free produce.
- Secured medical access in HC with the Chiricahua Mobile Clinic
- Built a collaboration with the Huachuca City Library to implement a “fitness in a box.”
- Worked with Ft Huachuca to get volunteers to help the HC Community Garden
- The Huachuca City HCC has a Facebook page (<https://www.facebook.com/photo?fbid=494994676151922&set=a.494994662818590>)
- Partnered with the Lions Club on a diabetes prevention program.
- Hosted a community meeting with members of the community and the support of city. As a result, they identified two major areas they would like to work on. 1) increase healthy food access
2) build environment/sense of community and culture/socialization/civic engagement/air/green spaces to share.
- Supports a community walking club.
- Supports the new Veteran’s Park under planning and future construction.



Winchester Heights

- Received their 501(c)3 status.
- Received funding for a community garden.
- Established a food pantry in partnership with the Community Food Bank of Southern Arizona.
- Received a grant from the Community Food Bank to improve management, installing a storage shed, cabinetry, refrigeration, and cooking equipment.
- Reduced community reliance on distant food sources by establishing a farmer’s market.
- Provided education about COVID-19, family care, health services and testing.
- Secured a mobile health clinic to visit area.

- Offers ESL classes and coordinates GED preparation classes with Cochise College.
- Re-established their community garden.
- Secured funding for healthy activities through the Chiricahua Clinic (sports equipment, cooking supplies, etc.).
- Hosts the Chiricahua Clinic Mobile Unit to increase medical services to this remote area.
- Conducts home visits on Asthma, COVID, and other health risks.
- Hostes a diabetes support group sponsored by Chiricahua Clinic.
- Hosted a fire safety training.
- Coordinates a Soccer club/tournaments with 80 youth and 72 adults participating.
- Hosted a Zoom trainings in Spanish on “Anxiety in Children and Adolescents”, Parenting Styles, and Mental and Emotional Awareness in Children”.
- Established a food pantry with Community Food Bank.
- Secured funding for healthy activities.
- Improved organizational capacity -managing the community center and community assets, improving community center property such as installing a storage shed, cabinetry, refrigeration, and cooking equipment for safe food handling.
- Hosted regular cooking and food safety classes.
- Hosts community social events.
- Hosted summer school at the center.

Bisbee Healthy Community (on hold):

- Coordinated with Gore Park Lunches
- Worked on homelessness-and policy changes with the City.
- Submitted grants to fund housing repairs for low-income residents.
- Developed a website bisbeehoho.com (no longer functional)

Community work that continues to progress because of the Healthy Community Committee

- The Bisbee Healthy Community Committee has been working primarily on the affordable housing development project with local and non-local partners including the City of Bisbee, SEAGO, Cochise County Housing Authority, Cochise Health & Social Services, Gorman & Company, (housing developer), Compass Affordable Housing (housing developer) and USDA.
- The City of Bisbee plans to provide access to eight acres of land for building site behind Safeway in San Jose, Compass Affordable Housing will apply for Low Income Housing Tax Credits during the QAP period in 2021 and other funding sources for the planning and building, Cochise County Housing Authority will provide local population information for the application and funding for eventual eligible tenants and SEAGO will assist the City of Bisbee in any way necessary to further the project goals.
- USDA provides ongoing information on different kinds of affordable housing funds, not all of which are related to this specific development project. There are plans to host an affordable housing fair.
- The HCC is moving forward with a cooperative housing project planning and forming a senior community in Bisbee that creates an environmentally friendly community, plant vegetable and flower gardens, landscape with native plants, work together to keep the community affordable. This is a Cochise Leadership Academy project.



Benson Community Resource Council

- Supports the Benson Food Pantry.
- Created a stock-inhaler program with the schools.
- Developed a prescription medication cost comparison project.
- Enhanced the senior food box program.
- Working with VICAP to get food to people with limited transportation.
- Support Borderlands Produce Rescue Program-POWWOW (in one month- 13,000 pounds of produce was distributed to over 165 people).
- Connected local farmer with Benson Hospital to have a small farmer's market.
- Partnered with Southern Arizona Diaper Bank and distributed 2000+ diapers/year to community. The Benson Unified School District Student Council works with diaper distribution where they bundle diapers.
- Monthly newsletter.
- Worked with the hospital for testing of teachers and other community members for COVID-19.
- Received a grant to provide clear masks to early childcare providers so that children could see the facial movement of the care providers as to not lose language skills during critical windows of opportunity.
- Created an intern at the hospital with Benson High School Students.
- Distributed of hand sanitizer to the Benson Police Department.
- Assisted with the Health Care Workers/Hospital appreciation events.
- Worked on the Food Box program for seniors when they get discharged from the Benson Hospital.
- Coordinating with the Benson Hospital to align their new by-laws with Benson Hospital partnership.
- Worked with Brighten the Path, a grassroots community group in the Benson area that focuses on community clean up, to host an event in Benson. Bringing over 100 volunteers together to remove 4,520 pounds of trash, and return 28 shopping carts to Safeway and Wal-Mart.
- Linked with Keep America Beautiful and Keep Arizona Beautiful.
- Prompted the City of Benson and Cochise County to make garbage drops free for the clean-up event day.
- BCRC facilitates lines of communication and collaboration between the city, the County, Benson Hospital, Benson USD, Pomerene, USD, faith-based groups, private business, and Brighten the Path.



Growing Healthy Willcox

- Hosted various water workshops regarding the water issues in the county with state experts.
- Received county funding for park playground equipment to include special needs equipment and updated parks.
- Created a weekly food backpack program in the schools for children/families in need.
- Created a walking path.
- Developed a walking school bus plan.
- Worked with POWWOW to get fresh produce to their area.
- Developed a walking path to increase physical activity options-City approved funding.
- Partnered with the Willcox School District to distribute 40,000 lbs. of food to the rural areas of Willcox through POWWOW (5 distributions with over 100 participants at each distribution).
- Supported the Willcox food pantry.
- Supported the Chiricahua Clinic to place a permanent site in the town of Willcox to increase access to health services.



Healthy Tombstone

- Received their 501(c)3 status.
- Worked with Huachuca City on bus system between the areas and transport to grocery, medical etc.
- Recruited a helicopter service for emergency care.
- Received AED equipment into Marshall's cars and in the tourist areas.
- They developed a plan to fund and build a sidewalk by the fire station for safety and additional physical activity.
- Promoted Vial of Life Packets (refrigerator information packets for emergencies).
- They worked with the City of Tombstone and Copper Queen Hospital to sign a 5-year lease. The Hospital developed the clinic as a rural full-service health clinic.
- Held a Health and Wellness Community Fair
- Working with the city on solar lighting to help people that want to walk at night.
- Presented in the high school summer program about community health.



Step Up Douglas

- Worked with the parks department to create more city paths and lighting.
- Participated in screen smart campaigns.
- Developed a plan to support emergency services in the Douglas area.
- Worked with the Parks and Recreation Department to put into policy an extended summer light schedule in parks to increase activity and usage of exercise equipment and the parks in general during summer evenings.
- Work with Borderlands Food Bank's Produce on Wheels Without Waste program (POWWOW) to provide fresh produce to the Douglas Community.
- Developed a walking club.
- Worked on a master list of all 11 community-based organizations to join in on community efforts.
- Joined forces with Cruz Farms to promote healthy eating/active living.
- Partnering with the University of Arizona Cooperative Extension to teach gardening/nutrition classes.



Bowie Health Community Committee

- Bowie HCC created a plan to improve school rating and eventually to increase enrollment.
- They have forged a relationship between Bowie/San Simon where a rivalry had ensued prior after a partnership developed through the Cochise Leadership Academy.
- Partnered with 4-H Youth Development to increase kinesthetic learning on Fridays to increase education for youth in rural areas on their day off. This partnership will recruit expert volunteers to educate in the rural areas of the county topics will include health and nutrition and other educational topics.
- Worked with the BUSD Superintendent who offered transportation to Bowie students to attend the POWWOW in Willcox.
- Created collaboration between the communities of Bowie and Willcox continue to participate in several community events and increased familiarity among students of each community.
- The Bowie Unified School District "Closet" on campus that provides clothes and housewares at no cost to the community.
- Received grant funding to purchase games and puzzles for the students to check out.
- Received grant funding for two laptops for the school district.

Elfrida

- Targeted mental health issues in their community.
- Organized a well-attended Train the Trainer workshop with NAMI, which offers the opportunity for volunteers to provide the training in Elfrida.