Criteria for Evaluating National Congress 4-H Records

Program or Project Accomplishments (30%)
As an applicant for National 4-H Congress, it is important for you to demonstrate excellence in a specific project category. Excellence in project work should be evident in multiple areas of your Arizona 4-H Member’s Record and Arizona 4-H Project Record. Some examples would include project goals and accomplishments, knowledge, skills, and insights gained, scope and sophistication demonstrated in the project and activities. Please show depth and breadth of participation, development of life skills, and information shared with others.

Leadership (30%)
Leadership means taking the lead in giving direction, planning and organizing. Leaders are resourceful, good problem solvers, promoters, idea-contributors and persons who exemplify positive attitudes about life. Effective leadership depends on help and assistance from others, but helping is a supportive role, not leadership. Leadership is evidenced by offices and leadership positions held at the local club, county, state, regional or national level and accomplishments in leadership roles—leading others, serving as a mentor or tutor.

Citizenship & Community Service (20%)
Citizenship is demonstrated through an understanding of the importance of civic involvement as evidenced by a high regard for freedom, justice, equality and democratic principles. Citizenship is exemplified by your ability to move beyond your individual self-interests and to be committed to the well-being of some larger group. Citizenship is intentional, has the potential to lead to lifelong civic engagement, and helps you take an active role in your community by participating in community organizations. Excellence in community service is demonstrated by your service to individuals, groups, and communities and by the development of positive attitudes towards service. Community service is providing voluntary service to members of the community—such as repairing park benches, cleaning up a roadside, working at a food bank. Service is done without compensation and with a positive, courteous and enthusiastic spirit. Helping your family is not community service.

Communications (10%)
Evidence of ways you have promoted 4-H, including public speaking, demonstrations, or podcasts. Evidence of ways you have used a variety of skills to communicate with others about 4-H and what the program can do for others.

4-H Story (10%)
Follow the instructions in the Arizona 4-H Member’s Record with respect to writing your 4-H story. Your story should be an overview of your experiences in 4-H. Your story should be compelling and show introspection and reflection on what your 4-H experiences have meant to you and how they have impacted your life.

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