Dear 4-Her’s, Families, Volunteers, and Leaders,

Though fair is near, there is still plenty of time to get involved with one of the many programs that we are offering here in Pima County. We at the office hope that you feel comfortable communicating and reaching out to us with any suggestions that you may have to make our programs stronger! Thank you for being involved with Pima County 4-H as a youth, a parent, or a volunteer, it would not be possible without you.

Best,

Ashley Jeffers-Sample and Josh Moore, 4-H Agents

Food for Thought
“The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice.”
- Brain Herbert
Event Breakdown

Feb. 3rd- Solar Clovers- 9:00 AM (AGTM Lab 4401 N. Campbell Ave.)
Feb. 5th– Horse Advisory Board Meeting– 7:00 PM (PCCE)
Feb. 6th– Healthy Living Ambassadors- 5:30 PM (PCCE)
Feb. 6th– Sales Committee- 7:00 PM (PCCE)
Feb. 8th– Swine Committee Meeting- 6:00 PM (PCCE)
Feb. 10th-11th– Pygmy Goat Show- 9:00 AM (Campus Ag Center)
Feb. 11th– Horse Judging
Feb. 12th– Montana State Exchange Participants Meeting- 6:00 PM (PCCE)
Feb. 12th– Small Stock Leaders’ Meeting— 7:00 PM (PCCE)
Feb. 12th– Shooting Sports Leaders’ Meeting– 7:00 PM (PCCE)
Feb. 17th– U of A SALIA Show- (Campus Ag. Center)
Feb. 20th– Sheep & Goat Leaders’ Meeting– 7:00 PM (PCCE)
Feb. 20th–Body Positive Project– 4:30 PM (PCCE)
Feb. 21st– Dog Leaders’ Meeting– 7:00 PM (PCCE)
Feb. 24th– Dog Pre-Fair
Feb. 24th-25th—Beef Clinic (Campus Ag Center)
Feb. 26th- Volunteer Training 5:45 PM (PCCE)

Feb. 28th– Beef Leaders’ Meeting– 6:00 PM (PCCE)
For more information on any of the following events, contact the county office
IMPORTANT DATE CHANGE

Presentation Day has been moved from March 3rd, due to Fair Work Day. We have rescheduled the event for November 17th. Sorry for any inconvenience caused.

What's Going on This Month?

Solar Clovers 4-H Project

Who: 4-H members, parents, and leaders who are interested in hands-on STEM projects.

What: Hands on project that allows 4-Hers the opportunity to explore STEM and renewable natural resource projects.

When: March 24th, 9 a.m.

Where: AGTM Lab 4101 N. Campbell Ave.

Questions? Email jdmoore@email.arizona.edu
Volunteer Orientation

**Who:** Current volunteers, volunteer applicants, those interested in becoming volunteers.

The content covered in this training includes information regarding 4-H’s partnership with The College of Agriculture of Life Sciences, basics of a 4-H Club, Youth-Adult Partnerships, Role Descriptions, Risk Management/Incident Reporting, and The Arizona 4-H Volunteer Handbook.

**When:** February 26th and March 26th. 5:45 p.m.

**Where:** Pima County Cooperative Extension Office, 4210 N. Campbell Ave

Questions or to RSVP. Please email:
ajefferssample@email.arizona.edu or jdmoore@email.arizona.edu

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4-H Healthy Living Ambassadors

**Who:** Middle and high school students

**What:** Provides youth the opportunity to be trained as leaders within the community in promoting healthy lifestyle choices.

**Projects include:** Screen Printing, Photography, Baking Smarter, Cooking-Meal Prep 101, Sustainable Urban Agriculture, Farm Goods and Crafts, 4-H Ropes Course Team Building, Hiking, Beekeeping, and Be Body Positive.

**When:** First Tuesday of the month, 5:30-7 p.m.

**Where:** Pima County Cooperative Extension Conference Room, 4210 N. Campbell Ave.

For more information contact Natalie Shepp at 520-626-5161 or nshepp@cals.arizona.edu
Body Positive Project

The project includes guided group discussions, yoga, meditation, breathing techniques, and other mindfulness practices that help create, maintain, and promote emotional wellness and a positive sense of self. The program aims to help teens find their unique voice and truest self, so they can share what they have to offer to this world.

When: February 20th and 27th, March 20th and 27th, 4:30-6 p.m.

Where: Cooperative Extension Conference Room, 4210 N. Campbell Ave

For more information contact Natalie Shepp at nshepp@cals.arizona.edu or 520-626-5161

Horse Judging

When: Sunday, February 11th

Where: Cortaro Crossing Equestrian Center, 8995 N. Joplin Ln (I10 & Cortaro)

Judging Thoroughbred Geldings and English Pleasure.

Make sure that you are dressed appropriately and that you bring a pencil and clip board.

RSVP with your name, club, and what level you will be testing for.

To RSVP or for questions contact Becky Callahan at jrcallahan45@yahoo.com

JOANN’S Paper Clover Program

Paper Clovers will be sold in stores Feb. 1st-28th

$1 and $4 clovers will be sold in stores. The $4 Clovers include a coupon for $4 off a purchase before April 1st.

Arizona 4-H will receive 70% of the funds raised.

Dog Pre Fair

When: February 24th

Applications are to be postmarked by Feb. 17th.

Applications can be found on the Pima County 4-H website under Project Resources-Dog-Dog PreFair Entry Form.

For more information contact Lynell Ellis at sno_kitty@hotmail.com
Pima County 4-H Spring Fitting Clinic

When: February 24th and 25th at the University of Arizona Agriculture Center

Shannon Nigh will be the lead instructor.

Cost: $25-Individuals
$40-Two Siblings
$50- Three Siblings

For more information contact Micaela McGibbon at kidsandcows@me.com

Buyer Letter Writing Competition!!!!

Who: All members in 4-H or FFA that plan on selling animals at the sale

CASH PRIZES WILL BE GIVEN TO THE WINNERS

All you need to do is mail in a copy of your buyers letter by March 12th.

For more information about the contest visit the Pima County Website under Forms- Member- “Buyer Letter Competition”

Kristen McGurk also holds her county famous Letter Writing clinic. For more information contact her at thriftaddict1@gmail.com
Youth Opportunities

BEE KEEPING PROJECT

Who: Youth ages 14 and up

Beekeeping is for everyone and its benefits are becoming increasingly accessible to many. This project will cover the basics of beekeeping by providing comprehensive information and hands-on experience to help you start, maintain and care for a honeybee colony. They will also build a hive and show it at the Pima County Fair, and suit up in bee gear to observe the Tucson Village Farm beehive!

Instructor: Lucas Schvindt, Southern Arizona Beekeepers Association

When: March 18th (10:00-11:00 AM), March 24th (10:00-11:00 AM), March 31st (Build a Hive 9:00-11:00 AM), April 8th (Beehive Day 9:00-11:00 AM)

Where: Tucson Village Farm, 4210 N. Campbell Ave.

For more information contact Natalie Shepp at nshepp@cals.arizona.edu

Check out this awesome Beef Project Fundraiser. For $20 you can buy your very own license plate, showcasing the Arizona Flag and a Copper steer! For more information or to get your very own license plate contact Micaela McGibbon at kidsandcows@me.com.
Teen Tank

Pima County 4-H spin off of the American reality TV show Shark Tank. Youth: 14-18 years old, do not have to be currently enrolled in 4-H

Participants will attend 5 workshops that will allow them to strengthen their communication and business skills. Business ideas can be anything that the youth member is passionate about! Last years ideas included a tutoring service, treats created for both humans and dogs, and a welding business. Feel free to utilize your 4-H projects for inspirational ideas.

Cash prizes will be given out to top 5 competitors. With first place winning $500.

Dates: October 11th, 18th, and 25th. November 1st, 8th, 15th. Final presentation November 17th

Applications will be due October 1st. For more information contact Ashley Jeffers-Sample at 520-621-5161 or ajefferssample@email.arizona.edu

Congratulations to our state exchange participants:

Braidee Muscato
Kylie Hensley
Trevor Caswell
Larissa McWerter
Wolfgang Wischki
Violette Donnelly
and Izzy McGibbon

The FAB LAB is now OPEN!

What is a FAB LAB: A FAB LAB is an “open source, open door” digital fabrication facility, where K-12 students and community members have access to digital design tools, electrical platforms, hardware/software, coding and training opportunities to make their projects a reality. FAB LAB is a place and program where students, parents and community members interact, learn and create in an atmosphere of 21st century skills and tools.

THIS A 4-H RESOURCE OPEN TO MEMBERS.

For more information contact the county office.
All Things Fair

**Theme:** At the Beach

**Work Days:**
- Saturday March 3rd at 9 a.m.- Livestock Initial Pen and Arena Setup
- Saturday April 7th at 9 a.m.- Old Pueblo Hall Setup
- Saturday April 14th at 9 a.m.- Final Fair Work Day

More Fair Info to come!

Summer Camps and 4-H Facts

Get ready for summer, and plan to attend a 4-H Summer Camp!

**JOLT:** This Teen Leadership Camp is created for teens 14-18 years old. Come have fun, gain self-confidence, and engage in personal development. Dates are June 11th-15th, Camp Shadow Pines, Heber, AZ. For more contact information- jdmoore@email.arizona.edu

**Wildcat Camp:** All youth members ages 9-13 years old, spend 4 summer days with fellow 4-H’ers at James 4-H camp.

4-H Colors:
- Green-Growth, Life, Youth
- White-Purity and High Ideals

Famous 4-H Alumni Include:
- Jacqueline Kennedy Onassis the 35th first lady of the U.S.A. Raised a calf!
4-H Youth Development Team Contact

Joshua D. Moore - 4-H Youth Development
Email: jdmoore@email.arizona.edu

Ashley Jeffers-Sample - 4-H Youth Development
Email: ajefferssample@email.arizona.edu

Elizabeth Sparks - 4-H Youth Development
Email: esparks@ag.arizona.edu

Sara Soto - Administrative Assistant
Email: smbsoto@email.arizona.edu

4-H Office Phone:
(520)-626-5161
Office Hours:
Monday-Friday 9 AM-1 PM and 3 PM-4 PM
*tentative to change depending on schedule

Website: https://extension.arizona.edu/4h/pima

GO LIKE US ON FACEBOOK:
@PimaCounty4H

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