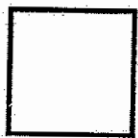


What's My Shape? Worksheet

Your favorite geometric shape reveals your personality, says a controversial study! There are five basic personality types, and each prefers a different basic shape, says Dr. Susan Dellinger, author of the hit book *Psychogeometrics*. "Knowing whether you, your co-workers and friends are squares, rectangles, circles, triangles or squiggles can help you build better careers and relationships," Dr. Dellinger said.

To find out which shape you are, simply look at sketches of the five basic geometric shapes and choose the one you find most appealing. Here's what each shape says about you - and how you can recognize other people for the personality type they are:

SQUARE



You're an organized, logical and hardworking person who likes structure and rules. But sometimes you have trouble making decisions because you always want more information.

How to spot a square: They appear to move stiffly, use precise gestures, love routine and are very concerned with detail. They're also very neat in their appearance and workspace. They do a lot of planning and are always prompt.

RECTANGLE

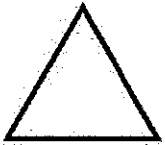


You're a courageous, exciting, inquisitive explorer who always searches for ways to grow and change. You enjoy trying things you've never

done before and love asking questions that have never been asked.

How to spot a rectangle: These people often have fleeting eyes and flushed faces. They also tend to giggle and like variety. For example, they'll come into work early or late, but not on time. And those who have offices tend to be disorganized with a mishmash of furniture.

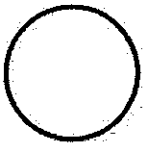
TRIANGLE



You're a born leader who's competitive, confident and decisive. You also like recognition and are interested in politics. American business has traditionally been run by triangles and they're usually men.

How to spot a triangle: They're very stylish and expensive dressers. They have powerful voices, love to tell jokes and play as hard as they work.

CIRCLE



You're a "people person" with lots of sympathy and consideration for others. You listen and communicate well and are very perceptive about feelings. You like harmony and hate making unpopular decisions.

How to spot a circle: They're friendly, nurturing, persuasive and generous. They tend to be relaxed and smile a lot. They're talkative, but have a mellow voice. They also have a full laugh and love to touch others on the shoulder and arm.

SQUIGGLE



You're a creative person who's always thinking of new ways to do something. But you don't think in a deliberate pattern from A to B to C. Instead, you tend to jump around in your mind, going from A to M to X.

How to spot a squiggle: They're flamboyant, dramatic and extremely creative - and they don't like highly structured environments. Both men and women squiggles tend to be sexy, witty and very expressive. They also have great intuition. Most performers and writers are squiggles. <http://weeklyworldnews.com/headlines/14008/favorite-shape-reveals-personality/>